

1 IN THE COURT OF COMMON PLEAS

2 SUMMIT COUNTY, OHIO

3
4 VICKIE MIGLORE, et al.,)

5 Plaintiffs,)

6 versus)

7 DR. DAVID COLA, et al.,)

8 Defendants.)

CASE NO. CV 99 03 0973

DEPOSITION OF

THOMAS M. ZIZIC, M.D.

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14 Deposition of **THOMAS M. ZIZIC, M.D.**, a
15 Witness herein, called by the Defendants for
16 Cross-Examination pursuant to the Ohio Rules of
17 Civil Procedure, taken before the undersigned,
18 Christine Leisure, a Registered Professional
19 Reporter and Notary Public in and for the State
20 of Ohio, at the law offices of Becker & Mishkind,
21 Skylight Office Tower, Suite 660, 1660 West
22 Second Street, Cleveland, Ohio, on Wednesday,
23 October 4, 2000, at 10:40 a.m.

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APPEARANCES:

On Behalf of the Plaintiffs:

Howard D. Mishkind, Attorney at Law
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Cleveland, Ohio 44113

On Behalf of the Defendants:

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I N D E X

EXAMINATION BY

PAGE

Mr. Frasure

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PLAINTIFF'S EXHIBITS MARKED

None

DEFENDANT'S EXHIBITS MARKED

None

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1 MR. FRASURE: Let the Record show
2 that we're taking the discovery deposition of
3 Dr. Thomas Zizic.

4 WHEREUPON,

5 THOMAS M. ZIZIC, M.D.

6 after being first duly sworn, as hereinafter
7 certified, testified as follows:

8 CROSS-EXAMINATION

9 BY MR. FRASURE:

10 Q. Doctor, your full name is Thomas M. Zizic?

11 A. That is correct.

12 Q. And your office address is in Baltimore?

13 A. That is correct.

14 Q. And you're a physician licensed to practice in
15 Maryland?

16 A. That is correct.

17 Q. Any other states that you're licensed?

18 A. No.

19 Q. What is your position with the Johns Hopkins
20 Hospital?

21 A. I'm an associate professor of medicine on the
22 part-time faculty, which means I'm pro bono, no
23 salary.

24 Q. What do you teach?

25 A. Rheumatology and internal medicine related

1 problems to rheumatologic patients on our
2 rheumatic disease unit.

3 Q. How long have you been doing that at Johns
4 Hopkins?

5 A. Almost 30 years. Full-time for about 17 and
6 part-time for about 13, 12.

7 Q. Okay. When would the 17 years have roughly been
8 that you were full-time faculty?

9 A. 1971 to about 1987 or so.

10 MR. MISHKIND: There's a copy of your
11 C.V. in case you need to use that.

12 Q. So you have been in private practice since the
13 late '80s then?

14 A. That is correct.

15 Q. And with someone else or by yourself?

16 A. No, I'm part of an approximately 100-physician
17 multispecialty group without walls.

18 Q. Without walls, I like that. 150-member group?

19 A. Yes, 100.

20 Q. I'm sorry, 100. Of different internists and
21 specialists?

22 A. Primarily internists, general practitioners, four
23 or five OB/GYNs, four or five general surgeons,
24 four or five orthopaedic surgeons, three ENTs, a
25 couple ophthalmology.

1 Q. Fair enough. Is it an HMO?

2 A. No, it's just a fully-integrated multispecialty
3 group.

4 Q. And are you the only rheumatologist in the group?

5 A. No, there are three rheumatologists, Dr. Holt,
6 Dr. Saba and myself.

7 Q. And how long have you been with that group,
8 Dr. Zizic?

9 A. The last three years basically.

10 Q. Okay. And then what did you do, say, before
11 that, right before that?

12 A. Dr. Holt and I were in a single-specialty
13 rheumatology practice ourselves.

14 Q. Is your current group called Physicians Quality
15 Care?

16 A. Well, it's got a name change now. It's called
17 Clinical Associates.

18 Q. So you were with another rheumatologist before?

19 A. Still with that same rheumatologist. We added
20 another rheumatologist this summer, Dr. Saba.

21 Q. How do you spell that?

22 A. S-a-b-a. She joined us in August.

23 Q. I know a Dr. Sabai who is an expert in the HELLP
24 syndrome. It's an unusual name, but I think it's
25 a different spelling.

1 A. An expert in what?

2 Q. HELLP, H-E-L-L-P. It's a syndrome involving
3 pregnant women, severe hypertension.

4 A. No. She has a husband who is a cardiologist is
5 why I asked, a very specialized cardiologist.

6 Q. You're board certified in what specialties,
7 Doctor?

8 A. I'm a fellow member of the American College of
9 Rheumatology.

10 Q. That's the group that certifies?

11 A. That's the group that certifies.

12 Q. Are you also board certified in internal
13 medicine?

14 A. No.

15 Q. So you don't have to be to be boarded in
16 rheumatology?

17 A. No. Actually I preceded the board, so I became a
18 founding fellow of the American College of
19 Rheumatology, and have written some of the
20 questions for the boards and chapters in the
21 review textbook for the boards called the Primer
22 of Rheumatology put out by the American College.

23 Q. Did you precede the boards in internal medicine?

24 A. No, I didn't precede. I just joined the faculty
25 immediately on completion of my fellowship

1 training and had, for my first two years of the
2 faculty, a postdoctoral fellowship from the
3 Arthritis Foundation. And immediately I got into
4 very heavy clinical research activities and just
5 never bothered to take the boards.

6 Q. I know there's some specialties like nephrology
7 that I think you have to be internal medicine
8 first, don't you?

9 A. Well, you have to have the qualifications for all
10 the subspecialties of internal medicine, which
11 generally requires two years of internal medicine
12 followed by the accredited postdoctoral
13 fellowship in that subspecialty, whether it's
14 nephrology, endocrinology, gastroenterology,
15 cardiology, rheumatology, neurology, ID.

16 Q. Infectious disease, right. And you have that?

17 A. I have the appropriate accredited training at
18 Johns Hopkins, yes.

19 Q. What percentage of your patients currently do you
20 see as their primary physician, primary care
21 physician?

22 A. Probably about two-thirds or thereabouts, with
23 the proviso that all of them have rheumatologic
24 problems and I handle their internal medicine
25 complications or diseases because I see them

1 generally more often than an internist would.

2 So I don't have any off-the-street
3 primary care internal medicine. They would all
4 have some kind of underlying disease, rheumatic
5 disease, whether it's rheumatoid arthritis or
6 lupus or ankylosing spondylitis or Wegener's or
7 whatever.

8 Q. And that group, that two-thirds of your practice,
9 you're likely their internal medicine physician,
10 too; is that what you're saying?

11 A. That is correct. That's how we started the
12 rheumatic disease unit for the Hopkins teaching
13 program. We had senior students who had finished
14 their medicine clerkship, and we admitted them
15 for whatever, congestive heart failure,
16 pneumonia, and we took care of them so we could
17 teach the students internal medicine as well as
18 rheumatology.

19 Q. Are all of your patients currently -- or at least
20 most of them by referral when they first see you?

21 A. Yes, I would say -- well, it's hard to say. I
22 mean, you know, my practice is full, so I haven't
23 been accepting new patients for about three
24 years. But if a physician calls and says you've
25 got to see my mother-in-law, I'll see them. And

1 if it's a patient that I've been following a long
2 time, could you please see my sister or my
3 daughter or my whatever, I will see them. So I
4 don't know --

5 Q. That's fine. Let's go back. Roughly how many
6 instances of Wegener's granulomatosis have you
7 been involved in the treatment of?

8 A. Oh, a dozen or so. Probably three or four in our
9 practice right now in terms of patients we're
10 following with Wegener's.

11 Q. Are you involved, do you think, in all those
12 patients in your group or is some other
13 specialist involved in place of you or --

14 A. Well, I mean I have two of the patients who are
15 my patients primarily, but we all see all of our
16 patients. I mean it's just the nature of the
17 beast that I'm out of town today, I'm on
18 vacation, whatever, I'm going to a meeting,
19 somebody else sees the patient and vice-versa.

20 In three weeks I will be in charge of
21 all of the patients for Johns Hopkins, Bayview
22 Hospital, Good Samaritan full-time and part-time
23 rheumatology. Every ten years one full-time and
24 one part-time faculty cover the entire universe
25 of rheumatology while the American College of

1 Rheumatology meetings are going on for a week
2 with the pre and post meetings.

3 And so I'll probably see Wegener's
4 during that time or an arteritis because one of
5 them is going to flare and there's nobody. The
6 only game in town is going to be Joe and myself.

7 Q. Do you speak on Wegener's at medical meetings?

8 A. I have, yes. One of my topics is a chapter of a
9 textbook I've written on arteritis. And so I
10 have lectured here in Ohio, as well as probably
11 25 other medical schools, on arteritis, its
12 variants from hypersensitivity vasculitis, to
13 giant cell arteritis, to Takayasu arteritis or
14 aortic arteritis, to Wegener's granulomatosis, to
15 polyarteritis nodosa.

16 So that whole spectrum of arterities
17 is a topic that I have lectured on a number of
18 occasions. And Wegener's obviously is along with
19 churg-strauss.

20 Q. How do you spell arteritis?

21 A. A-r-t-e-r-i-t-i-s. And arterities is
22 a-r-t-e-r-i-t-i-e-s.

23 Q. What is the best definition of arteritis; would
24 you say?

25 A. Arteritis is inflammation of blood vessels on the

1 arterial side of the circulation which sometimes
2 may involve the small vessels from precapillary
3 arterioles, all the way to the large vessels like
4 the aorta.

5 Q. Do you have any literature in your C.V. that
6 pertains to Wegener's here?

7 A. Uh-huh.

8 Q. Would you tell us which ones those would be?

9 MR. MISHKIND: Let's go off the Record
10 for just one second.

11 (A discussion was had off the Record.)

12 A. Okay. I'm just going through starting from the
13 beginning. Now, some of these will have more --
14 arteritis will be involved in them and Wegener's
15 may be.

16 Q. What if we focus on those that would deal only
17 with Wegener's. Do you have any of those
18 chapters or articles?

19 A. Well, not only on those, no.

20 Q. Okay.

21 A. Article 20, Acute Abdominal Complications of
22 Systemic Lupus and Polyarteritis Nodosa, and
23 Wegener's is in there. And then chapters --

24 Q. What page are you at? 13?

25 A. 15 right now, at least on my copy of the C.V.

1 Q. Let me ask you this, what is the last page on
2 your C.V.? 19?

3 A. 19, correct, on the shortened version. It's
4 about 72 pages on the full version. But that's
5 visiting professorships and lectures which I
6 don't usually include in my C.V. unless somebody
7 asks for it. Probably the major one frankly
8 would be the Principles and Practice of Medicine.

9 Q. No. 2?

10 A. No. 20 on page 17, the chapter on systemic
11 vasculitis. And there might be a mention of it
12 in the other one, the article I told you about,
13 and there may be a mention of it in
14 Gastrointestinal Manifestations of SLE, because
15 sometimes Wegener's can have that. And in the
16 differential I might have that on No. 9, page 16.
17 But the major one would be --

18 Q. No. 20?

19 A. No. 20, correct.

20 Q. And do you have one or more chapters in that
21 text?

22 A. Well, I've contributed to a number of editions of
23 that textbook of medicine. I don't remember in
24 that particular edition. No, it looks like I had
25 two chapters in that edition, 1988, Rheumatoid

1 Arthritis and Systemic Vasculitis, 19 and 20.

2 Q. Now, rheumatoid arthritis would have nothing to
3 do with this case, right?

4 A. That is correct.

5 Q. But the systemic vasculitis would?

6 A. That is correct.

7 Q. All right. Let me ask you about your
8 medical-legal experience. How long have you been
9 reviewing medical-legal cases for court cases
10 involving people claiming malpractice on either
11 side now?

12 A. Okay. I can tell you that in a minute. One year
13 my friends and colleagues called it Zizic
14 meetings in San Antonio, the American College of
15 Rheumatology. I had six papers on avascular
16 necrosis, and as a result of that and writing the
17 Primer and the Arthritis Foundation handout on
18 osteonecrosis, I got asked to do cases of
19 steroids and osteonecrosis primarily. I'm trying
20 to see where that was. It would have been about
21 1984, '85.

22 Q. Has it continued each year, let's say, since in
23 the last 15 years?

24 A. Well, yes, I would say a few cases early on and
25 then more with time.

1 Q. And if we were to take the year 1999, last year,
2 Dr. Zizic, how many cases estimated would you say
3 you reviewed that came in to you for review?

4 A. Oh, I would say probably a dozen cases or so. I
5 mean I probably get called twice as often as that
6 and I --

7 Q. Cases where you actually received records.

8 A. About a dozen.

9 Q. And if we go back, say, three years before that,
10 would that be roughly about the same or more or
11 less?

12 A. I think it's probably been about the same the
13 last five years or so.

14 Q. Do you review cases outside the field of
15 rheumatology that would be in internal medicine
16 but not in rheumatology?

17 A. No. Well, you know, rheumatology is a very
18 interesting subspecialty because it involves
19 every organ system of the body. And so because
20 the lung can be involved so often, you're in the
21 pulmonary arena. Because kidneys are involved by
22 not only our diseases but our drugs, I probably
23 know as much renal disease as most nephrologists,
24 frankly, and have done some studies and looked at
25 biopsies under the microscope more often than I

1 can tell you.

2 So I mean it's hard to say. It used
3 to be said many years ago that if you knew
4 syphilis, you knew medicine. Today it's more
5 often said if you know arteritis and lupus, you
6 know medicine because they can involve almost any
7 organ in the body. Therefore, notwithstanding
8 that, mostly I stay in patients who have a
9 rheumatologic illness or corticosteroids within
10 the medical-legal.

11 Q. For example, you would not review a case that the
12 claim was that a TIA was missed by a primary care
13 physician and it resulted in a stroke to the
14 brain?

15 A. No. I got involved in a case where there was
16 primary cerebral -- diagnosis of primary
17 cerebrospinal angiitis of the brain which is an
18 arteritis. But it turns out the patient had a
19 migraine and her transient stroke was due to a
20 migraine and she got high-dose steroids for over
21 a month and developed avascular necrosis, which
22 is how I got into the case.

23 Q. How many cases would you say you've reviewed that
24 involve Wegener's in the medical-legal context?

25 A. Medical-legal context probably -- well, I know

1 two, and there may have been a third. I'm trying
2 to think about -- There was a case of Kowalski
3 and I've forgotten the doctor. That was the
4 plaintiff and that was Wegener's granulomatosis
5 in Chicago.

6 I think there was one other. I just
7 can't remember the name of it. It was either
8 polyarteritis or Wegener's. They both can have
9 renal involvement and I just can't remember the
10 details of that case. It was a while back.

11 Q. Okay. Over the past five years, you've said
12 approximately twelve cases a year, plus or minus.
13 What is the breakdown roughly for reviewing for
14 the plaintiff or for the defendant when the case
15 comes in?

16 A. Usually about three-quarters defendant and
17 one-quarter or so plaintiff. Now, I get called
18 about equally as often, and about half the cases
19 that I get called on plaintiffs I, after talking
20 to them for a while, decide it's not a case, that
21 I feel they don't have a valid case. I mean if
22 somebody didn't get 25 milligrams of prednisone a
23 day for more than a month, I don't think the
24 steroids caused avascular necrosis. So I'm going
25 to say, look, don't waste your money and my time.

1 Q. Don't send the records?

2 A. Don't send the records. No matter what else is
3 going on in the case, I don't think the steroids
4 caused it.

5 MR. MISHKIND: But the review is
6 three-quarters defendant when you get the
7 records?

8 THE WITNESS: Yes, when I get the
9 actual records, it turns out it's about
10 three-quarters defense, one quarter plaintiff.

11 Q. But this other quarter, let's say, that you tell
12 the attorney I don't think you have anything
13 here, is that typically a plaintiff's attorney
14 calling you more often than not?

15 A. Well, more often than not, because it's usually
16 steroids and they've got a short course of
17 steroids for poison ivy or they got a couple of
18 injections. And I believe that it takes at least
19 a month of steroids of more than 25 milligrams a
20 day. Our experience, we would say at least two
21 months of continuous steroids.

22 And so because that's my area of
23 expertise, I don't want to have a plaintiff's
24 attorney send me a case and then just turn around
25 and charge them some money to tell them what I

1 could have told them over the phone. And so,
2 yes, it's usually plaintiff's attorneys.

3 Q. Those kinds of cases, just so I'm clear, the
4 question then would be did the use of the
5 steroids affect the immune system? Is that
6 typically the question?

7 A. No, no. The question that I'm most often asked
8 in those cases is was there a deviation of
9 standard of care in using corticosteroids for
10 this disease in this dosage in this duration
11 under the given circumstances; and as a result of
12 that deviation of standard of care, did the
13 corticosteroids administered cause osteonecrosis
14 or avascular necrosis of bone.

15 Q. So it's usually a bone disease that is the
16 result?

17 A. Correct. That's what I've written a lot on, as
18 you can see here. And I comment on it in my
19 report in this case that I think --

20 MR. MISHKIND: You don't have to go
21 into that. Just wait for his next question.

22 Q. Fair enough. What is your typical charge in
23 these cases once you actually get records and
24 things to review?

25 A. I charge \$400 an hour, \$1,500 for a deposition,

1 and \$3,000 for trial.

2 Q. And the \$3,000 includes the time in and going
3 back, right?

4 A. No, it's a day of trial. Usually, as you know,
5 most often you come in the night before, meet
6 with the attorney, then have trial and go back
7 the next night.

8 Q. So that would be \$3,000 plus your expenses?

9 A. Plus my expenses.

10 Q. Fair enough. What have you reviewed in this
11 case, Dr. Zizic?

12 A. Well, these two volumes of records that I
13 enumerated in my report, and they're pretty
14 thoroughly enumerated, the two parts of Vickie
15 Miglore's deposition, Dr. Cola's deposition,
16 Dr. Spoljaric's deposition and some typed office
17 notes that were attached to that deposition, and
18 a letter of January 5th, 1998, that is Vickie
19 Miglore's letter to -- I guess it was the
20 insurance company. I don't know. To whom it may
21 concern.

22 And then I got some of these things --
23 Well, I read Dr. Hoffman's evaluation, and then
24 recently I got also some reports of various
25 experts. I think I just got this one, Akron

1 Nephrology Associates, faxed to me yesterday, I
2 believe.

3 Q. Did you review that?

4 A. Yes. And then Dr. Spoljaric's office records are
5 here, Dr. Cola's office records are here, the
6 Barberton Citizens Hospital's, Nephrology
7 Associates, Akron City Hospital ER. And I think
8 I just got -- not yesterday, but within the past
9 week or so -- things are a blur here in terms of
10 exactly when I got what, but I got some updated
11 records from Dr. Zarconi. I think it was just
12 the most recent evaluation. Here it is. 7-5
13 evaluation by Dr. Zarconi.

14 MR. FRASURE: Off the Record.

15 (A discussion was had off the Record.)

16 BY MR. FRASURE:

17 Q. Have you reviewed records from Dr. Torok,
18 T-o-r-o-k, and Dr. Schirak?

19 A. I believe I have.

20 Q. Might those be in the binder?

21 A. Well, I'll tell you if I reviewed them first.
22 I believe they are. I mean I recall them or I
23 believe I recall them, but I don't know if they
24 were part of Dr. Spoljaric's records, one of them
25 at least.

1 Q. Maybe part.

2 MR. FRASURE: Do you know which ones
3 those are in, Howard?

4 MR. MISHKIND: Just to save some time,
5 I believe that what Dr. Zizic was provided was
6 the records from -- the copies of the notes that
7 were sent by Dr. Schirak's office -- and for that
8 matter, I think Dr. Torok's office -- either to
9 Dr. Cola or to Dr. Spoljaric. I don't believe
10 that he has actual full copies of either of those
11 two offices, the orthopaedist's or the GI's
12 records.

13 Obviously there's reference in the
14 depositions to them and there's copies that Dr.
15 Spoljaric had, or at least segments of the record
16 that Dr. Spoljaric had. But I think that's the
17 extent of what he's been provided.

18 MR. FRASURE: Off the Record.

19 (A discussion was had off the Record.)

20 BY MR. FRASURE:

21 Q. Going to your opinions in this case, Dr. Zizic,
22 does your standard of care opinions as to Dr.
23 Cola, my client, chronologically begin with the
24 office visit of August 13, '97?

25 A. That's fair to say.

1 Q. Do I read your report correctly to say that as
2 you look back on some previous visits to August
3 13th --

4 A. Is it the 13th?

5 Q. That's right, 13th.

6 MR. MISHKIND: What did you say it is?

7 MR. FRASURE: 13th.

8 Q. Are you saying in your report, looking back at
9 some prior visits, that you see some indication
10 in retrospect of the development of a disease?

11 A. Yes, there may be some previous indications that
12 there were some symptoms. But I'm not critical
13 of that, because the initial symptoms of
14 Wegener's may smolder for a very long time and be
15 nonspecific enough that it's very difficult for
16 the diagnosis to be made at the various early
17 stages sometimes. And so I'm not critical of him
18 not picking those up. They may be related. Who
19 knows. There's no way to ever tell at this point
20 in time.

21 Q. So your criticisms against Dr. Cola start on the
22 office visit of the 13th of August?

23 A. Correct.

24 Q. And what is that criticism pertaining to that
25 visit?

1 A. Well, that specific visit, the criticism is that
2 there were a multiplicity of systemic complaints
3 and symptoms, headache, generalized weakness,
4 arms tingling, knees and hands swelling. That's
5 very important. Not just the feet, because that
6 would indicate -- should indicate an arthritis,
7 but difficulty with breathing and felt like a
8 weight on her chest, difficulty in turning her
9 head from side to side, edema, seems to bloat,
10 and pain on the side radiating through to the
11 back. Which she later had pancreatitis, but that
12 would also be a symptom that would be concerning
13 when it radiates through to the back.

14 And particularly, as I mentioned in my
15 report, the presence of 3 plus blood on the
16 dipstick with negative leukocytes. So that there
17 did not appear to be any infection, and yet there
18 was gross hematuria and she was not having her
19 period. I'm critical of him not saying something
20 to her at that time. The advantage of doing a
21 dipstick is you have the results immediately and
22 you can talk to the patient about it and decide
23 what else you want to do.

24 So I would have as a criticism that
25 that test was available immediately at the time

1 he saw her and he should have also spoken to her
2 about the blood in the urine and what he was
3 going to do about it.

4 Q. What did the standard of care require him to do
5 as of that date when he got the dipstick?

6 A. Standard of care required him to do at a minimum
7 a complete urinalysis with microscopic, which was
8 in his plan, UA, and a culture and sensitivity on
9 that urine to rule out infection, which can cause
10 blood in the urine as well. Less likely with the
11 leukocytes there, but you should be sure there's
12 not an infection there.

13 Q. What if the culture had revealed --

14 A. Less likely with the leukocytes being negative on
15 the dipstick.

16 Q. If a culture had been done and had revealed no
17 organism, no infection -- Do you follow me?

18 A. Uh-huh.

19 Q. Does that tend to point more to something
20 systemic? Maybe that's not the right word.
21 Some inherent kidney disease?

22 A. Well, it would point you to either a bladder
23 lesion, tumor, cancer, polyp of the collecting
24 system, or an intrinsic renal disease such as
25 glomerulonephritis or vasculitis.

1 Those possibilities would be evaluated
2 and the microscopic examination may well show you
3 an active sediment which would indicate that
4 there is a glomerulonephritis or vasculitis going
5 on and would lead you to evaluate the kidney with
6 a sed rate and a C-reactive protein and a 24-hour
7 urine protein creatinine clearance, as would a
8 negative culture with the persistence of
9 hematuria with no active sediment.

10 One would investigate then both the
11 possibilities, both urological more strictly
12 speaking in terms of bladder and collecting
13 system, and nephrological, the kidney itself in
14 terms of vasculitis or glomerulonephritis.

15 Q. If a full urinalysis had been done, culture and
16 sensitivity also, in hindsight, what do you think
17 it probably would have revealed?

18 MR. MISHKIND: Let me just object to
19 the form of the question. He can go ahead and
20 answer it.

21 A. I would suspect that there was no infection, that
22 it would have revealed at a minimum red blood
23 cells, microscopic hematuria, and it may have
24 revealed an active sediment. I mean we won't
25 know and there's no way of knowing that. At a

1 minimum continuing hematuria.

2 Q. What do you make of the negative protein on the
3 dipstick?

4 A. Typical of a glomerulonephritis. Until the late
5 stages of a glomerulonephritis -- unless it is a
6 lupus glomerulonephritis, which it wasn't. This
7 was a necrotizing glomerulonephritis. If it's a
8 lupus glomerulonephritis with immune complex
9 deposition on the glomerular basement membrane,
10 you may see proteinuria as an early manifestation
11 of glomerulonephritis.

12 But in an inflammatory necrotizing
13 glomerulonephritis, hematuria would be the first
14 thing you would see, and only late when there is
15 scarring and the interstices of that glomerular
16 basement membrane are being widened because of
17 the contraction of the scar opening up the pores,
18 if you will, of that basement membrane, will you
19 get protein leak of a significant amount. Now,
20 we all leak protein. It's a question of
21 magnitude and --

22 Q. Protein that would show on a dipstick, for
23 example?

24 A. No, it doesn't usually show. Trace might show.
25 But, no, I mean we all have some -- if you look

1 at a 24-hour urine, we all have some protein leak
2 because the kidney is not a perfect filter. It
3 can't let all the bad things out, the organic
4 acids and the creatinine and the urea and etc.,
5 uric acid, and keep all the good things in. So
6 some leaks out. But it isn't until late-stage
7 glomerulonephritis of the necrotizing variety
8 that you see protein leak.

9 Q. Okay. Did she have the inflammatory necrotizing
10 glomerulonephritis --

11 A. Yes.

12 Q. -- looking back to what she was diagnosed with?

13 A. Yes.

14 Q. Okay. And you're saying that type of
15 glomerulonephritis, the protein, if present, it's
16 usually only going to be late in the disease?

17 A. Generally, yes, it's not initially part of the
18 manifestation.

19 Q. If we take those types of patients, inflammatory
20 necrotizing glomerulonephritis --

21 A. That are nonimmune complex, okay.

22 Q. Is that her?

23 A. Yes. Lupus glomerulonephritis, for example,
24 where you have antibodies to DNA and DNA or
25 antibodies to nuclear protein and the nuclear

1 antigen, which is a nucleoside, you may have
2 inflammatory necrotizing glomerulonephritis and
3 membranous changes where you have obliteration of
4 the foot processes on electromicroscopy and
5 protein leak and that can occur more towards the
6 onset.

7 When you have vasculitis or the
8 glomerulonephritis that you see with Wegener's,
9 you do not have immune complexes, and so the
10 basement membrane does not get damaged until
11 later in the -- much later in the process as
12 scarring is occurring and the scarring contracts
13 the fibrous tissue, which will spread the
14 basement membrane, allowing protein to leak
15 through.

16 Q. In that situation, why does blood leak out but
17 not protein yet?

18 A. Well, because the precapillary arterioles and the
19 vessels within the glomerulus. And the
20 glomerulus of the kidney is a very interesting
21 structure because there are post efferent
22 arterioles. So it's got arteries on both sides
23 of the glomerulus. And when you damage that with
24 inflammation, then blood can leak from those
25 damaged arterioles into the urine as its formed

1 in the glomerulus.

2 Q. Without protein leaking yet?

3 A. Without much protein leaking in, that's correct.

4 Q. So if we looked at all patients who have
5 inflammatory necrotizing glomerulonephritis of
6 the nonlupus type like she has --

7 A. Of the nonimmune complex type, which lupus is a
8 prime example.

9 Q. In the early stages, are you saying that most of
10 them would not show protein on dipstick?

11 A. Most of them would not show protein on dipstick,
12 that's correct.

13 Q. And most of them would show blood on dipstick?

14 A. Correct.

15 Q. Do you have any opinion, Doctor, on whether a
16 repeat of the urinalysis would have then probably
17 led a family practitioner to send the patient to
18 a urologist more than likely for a work-up?

19 A. I would anticipate if a complete urinalysis and
20 culture and sensitivity had been done, that the
21 more likely referral would have been to a
22 nephrologist.

23 Q. Why do you say that?

24 A. Well, because I think you would have microscopic
25 hematuria and I think you would see some

1 abnormalities in the cast -- I mean in the
2 sediment, active sediment with some cast. As the
3 red blood cells are leaking down, they
4 concentrate in the tubules, and as they go, in
5 the urine there are casts of red blood cells.
6 Because it's not gross blood that's coming lower
7 in the tract, it is blood that is leaking out of
8 the glomerulus.

9 As it goes down the descending loop to
10 the loop of Henle and the ascending loop and then
11 down through the collecting system, these red
12 cells basically stick together and form casts
13 which are outlines of the inner diameter of the
14 tubules and are seen in the urine. And when you
15 see that, that is typical of glomerulonephritis.

16 Q. What is it that a primary physician, a
17 nonspecialist would have seen on blood work that
18 would have come back to him or her that would
19 have told him this patient needs to go to a
20 nephrologist?

21 A. Well, what you would see is -- you generally
22 would not see any abnormality in renal function
23 until way late in the disease. You would see
24 evidence of inflammation more likely than not
25 within the erythrocyte sedimentation that would

1 be elevated or a C-reactive protein that would be
2 elevated. And those would be -- I mean we're
3 talking about \$30 total screening tests for a
4 complete urinalysis with microscopic and a sed
5 rate and C-reactive protein.

6 Q. And that should have led a primary care physician
7 to send the patient to a nephrologist?

8 A. Yes, say something is going on here inflammatory
9 that may be in the kidney.

10 Q. Rather than a urologist?

11 A. Yes. I'm not saying -- I wouldn't say it was a
12 deviation of the standard of care necessarily to
13 send her to a urologist, because they would have
14 found nothing there and then would have continued
15 the work-up through nephrology with an evaluation
16 of potential glomerulonephritis, which is what
17 she had.

18 Q. Following up on what you said, if the patient
19 instead had gone to a urologist, the typical
20 work-up there by a urologist would probably have
21 been negative like the IVP and the cystoscope?

22 A. Well, I would hope the urologist would start out
23 with a complete urinalysis and look at the urine
24 themselves.

25 Q. Okay.

1 A. I mean that's what I do as well in my practice.
2 I mean I see blood on a dipstick, I look at the
3 urine myself. I sit down and look at it.

4 Q. And what would that study likely have led to by
5 the urologist?

6 A. Well, if you saw blood in the urine and an active
7 sediment, you would have been saying that this is
8 probably intrinsic renal disease and needs an
9 evaluation for potential vasculitis or
10 glomerulonephritis.

11 Q. And what would a urologist likely have done that
12 would have led to the diagnosis of the Wegener's
13 here?

14 A. Depending upon the urologist, either worked it up
15 himself, but probably refer to a nephrologist
16 that he generally works side by side with.

17 Q. What is the ultimate test that would have --
18 what is the first test that would have revealed
19 Wegener's more than likely done by either a
20 urologist or a nephrologist?

21 A. Well, I don't think you -- you know, you would be
22 working up the patient for vasculitis or
23 glomerulonephritis of a variety of sorts. So one
24 would not necessarily jump -- although that's one
25 of the possibilities, lupus is another

possibility here.

The first things that would be done would be to get sed rates, C-reactive protein to show that there's an inflammatory process. The second step would be to get a 24-hour urine for creatinine clearance which might show functional changes that are not yet evident on the serum creatinine, and a 24-hour urine to see whether -- the specific sensitive test to see whether there's an increase in protein in the urine.

Then one would have referred the patient to a nephrologist or a rheumatologist, either one, depending upon the locale more than anything else, and who is in the area practicing. Then you would have gotten a connective tissue battery, a lupus package.

Q. A battery of blood --

A. An antibody, an anti-DNA antibody.

Q. Is that blood work?

A. Blood work in the c-ANCA. That would be the next group of tests, c and p-ANCA both, because you may see a p-ANCA in other kinds of vasculitis.

Q. Approximately how far past the initial visit of August 13th would it likely have been when that diagnosis would ultimately have been made that

1 she had Wegener's and treatment begun?

2 A. Well, you know, I think it depends. Certainly by
3 August 27th, about two weeks after her initial
4 visit when there's a telephone call in the
5 records that she is complaining of still feels
6 weak, not urinating as much. I'm not reading
7 everything. Still has pains in side. States by
8 Friday, 8-22, she couldn't move, couldn't eat,
9 talk or sleep. Severe neck and jaw pain. Broke
10 out in boils on buttocks and face.

11 Now, that could be necrotizing
12 vasculitis of her skin and probably was, more
13 likely than not. And after the boils broke,
14 patient started feeling better. Please advise.
15 Patient would like to know what this was. And
16 Dr. Cola writes sounds like infection, would
17 recommend treatment with Augmentin 500 milligrams
18 BID with food. Refer to neuro for a second
19 opinion.

20 Well, that patient should have been,
21 number one, if it hadn't been done before, seen.
22 You don't take somebody with these kinds of
23 symptoms and not urinating as much with 3 plus
24 blood in the urine and having boils on their
25 buttocks and face and not talk to them on the

1 phone or not bring them in, but give them a
2 prescription for an antibiotic. That's way below
3 the standard of care.

4 So I think if she was seen the next
5 day, which is when she should have been seen,
6 that day or the next day -- I don't know when the
7 phone call came in -- that a repeat urinalysis
8 and an evaluation of the patient would have shown
9 that this looked like something that needed to be
10 looked into with ulcerated lesions on her skin of
11 her face and her buttocks. That just as when she
12 came into the hospital within a week or two of
13 this point, she should be diagnosed depending
14 upon --

15 Q. A week or two from the 27th?

16 A. Yes, I would say within the week of the 27th.

17 Q. Early to mid September?

18 A. Yes, uh-huh.

19 Q. If diagnosed, say, by mid September, what do you
20 think her kidney function would have been at that
21 point?

22 A. Well, I think it would be normal or slightly
23 abnormal, but clearly with reversible disease and
24 nonsignificant permanent damage. Any time
25 through the fall, I think, August, September,

1 October, November, she would have been probably,
2 more likely than not, totally reversible,
3 whatever amount of renal insufficiency she had.

4 Now, November, December, January, I
5 think probably she still would have had some --
6 she would have had reversibility to some degree,
7 probably would not have retained totally normal
8 function, but would have had reversibility to
9 some degree. Once you get into February, March,
10 I think she would have enough significant
11 permanent scarring and damage that it would not
12 have been reversible to any great degree.

13 Q. But December and January reversibility to some
14 degree?

15 A. Yes, I think there would be some reversibility.
16 How much permanent damage, not as much as there
17 was in March, but --

18 Q. Would she have needed dialysis if diagnosed in
19 January, say, early to mid January?

20 A. I don't know if there's any good way to say that,
21 you know. It is possible that she would not have
22 needed dialysis. Whether it's probable or not,
23 I'm having a difficult time saying that.
24 Certainly there was a good chance, at least a 25
25 to 30 percent chance she wouldn't have needed

1 dialysis. Whether it's more than that, I don't
2 know.

3 Q. Can you estimate what kidney function
4 percentagewise she would have been left with had
5 it been diagnosed and treated by early to mid
6 January?

7 A. My hunch would be since she's stabilized now with
8 a two-thirds loss of her kidney, that she would
9 be less than half her kidney loss if she was
10 diagnosed at that point.

11 Q. Somewhere between a third and a half?

12 A. Somewhere in there.

13 Q. What would have been the required treatment for
14 her, Mrs. Miglore, if she had been diagnosed in
15 mid September, let's say?

16 A. The preferred treatment would have been
17 corticosteroids, but in lower doses than she
18 ended up needing in March. Probably in the 1
19 milligram per kilogram range and 60 milligrams a
20 day instead of 500 to 1,000, which she needed for
21 the early part of her treatment and its relapse.

22 I think it would be split today
23 between people who would go to methotrexate if
24 they didn't have any significant renal damage and
25 pulse cytoxan rather than daily oral cytoxan

1 because it has less toxicity. But I think most
2 people today without significant renal damage or
3 significant organ damage would use methotrexate.

4 Q. Rather than cytoxan?

5 A. Rather than cytoxan, because it's safer and you
6 can keep people on it for years. You know,
7 cytoxan not only sterilizes people -- that wasn't
8 her situation since she already had a
9 hysterectomy, bilateral salpingo-oophorectomy --
10 but it increases your cancer risks by about
11 two and a half times and your bladder cancer
12 risks by about 30 times.

13 Q. Cytoxan does?

14 A. Cytoxan does. So people without significant
15 renal damage would go to methotrexate and
16 prednisone, and some would even try bactrim and
17 prednisone rather than cytoxan. And if it didn't
18 work or things were progressing despite that,
19 then they would use cytoxan.

20 Q. How long would you have expected her to be on
21 methotrexate if diagnosed in mid September range?

22 A. Well, most people today will say that if you are
23 in remission for six to twelve months that you
24 would then -- and it ranges a little bit, but in
25 that range, at least six months. And I don't

1 know that anybody requires more than twelve
2 months of remission before you taper and
3 discontinue the agent. And given another three
4 months -- I mean another six months to get her
5 under control, probably around a year of
6 methotrexate therapy.

7 Q. Beginning when it was diagnosed?

8 A. Beginning when it was diagnosed, yes.

9 Q. And more likely than not, she wouldn't have
10 needed it any more beyond about a year?

11 A. I think she would have gone in remission as she
12 has now. She probably would have relapsed later
13 as she will now. I mean the vast majority of
14 patients with Wegener's will relapse and this
15 patient will relapse also. I mean you can bet on
16 it.

17 Q. What happens when they relapse even with an early
18 diagnosis of Wegener's?

19 A. They have active disease again. And it may be
20 active glomerulonephritis again. But generally
21 speaking, if they have normal renal function and
22 you're following them closely for that and they
23 start to have active sediment again and are
24 clearly having the disease, you would treat them.

25 And again, if you catch it before you

1 have much permanent loss, as long as you haven't
2 lost more than half your kidney, you generally --
3 you know, it's compatible with a relatively
4 normal life unless you end up having further
5 loss.

6 Now, as you know, beyond the fourth
7 decade, everybody loses about one percent of
8 their kidney function per year. So there's a
9 gradual attrition. Now, for most people it's a
10 moot point because they die of something else
11 before they lose enough kidney function to die of
12 that. On the other hand, the more kidney
13 function you lose from more relapses, the more
14 potential problem you're going to have.

15 Q. If she had had the diagnosis early, in mid
16 September, let's say, and had the methotrexate
17 for about a year and if she had relapsed, would
18 she need more methotrexate for a while?

19 A. Yes.

20 Q. Would she have needed hospitalization either
21 initially or on a relapse more likely than not?

22 A. Clearly you would probably have an initial
23 hospitalization back in September for a kidney
24 biopsy unless you found the biopsy on the skin,
25 those ulcerated lesions on the skin or the

1 buttocks. If a punch biopsy of that showed
2 vasculitis or an excisional biopsy and you had a
3 c-ANCA that was positive at that time, you
4 wouldn't need to do a kidney biopsy so you could
5 do it all on an outpatient basis.

6 But it is possible that she may have
7 needed hospitalization assuming that her c-ANCA
8 was borderline or questionable and the skin
9 lesion was not demonstrative of vasculitis, then
10 one would have gone to a kidney biopsy and it
11 would have required hospitalization. I'm not
12 saying that she would have had the need for no
13 hospitalization. She might have. I just don't
14 know.

15 Q. Do some patients with Wegener's, even when
16 diagnosed early, require cytoxan rather than
17 methotrexate?

18 A. They do, particularly -- and one of the problems
19 with this patient's long-term care is
20 methotrexate is a much safer drug to maintain
21 remissions on. But once the creatinine is over
22 2.5, one can't use methotrexate.

23 Q. Why is that?

24 A. Well, because it is excreted by the kidney almost
25 totally and it is just too difficult to not have

1 side effects, particularly in a woman who has a
2 creatinine that's running 2.8, 2.9 with a 32 cc
3 creatinine clearance. It's just not a safe drug
4 to use in that situation.

5 Q. Is it your understanding that the only drug that
6 she's been on is the cytoxan?

7 A. No, she has been on corticosteroids. She's been
8 on cytoxan and she was given bactrim for a
9 period.

10 Q. Is bactrim a sulfa drug?

11 A. Yes, trimethoprim sulfa.

12 Q. What is the effect of her having been on bactrim,
13 b-a-c-t-r-i-m, for a while?

14 A. That's a correct spelling of it. It sometimes is
15 sufficient in early disease, even without
16 methotrexate or cytoxan to, along with low-dose
17 corticosteroids, control Wegener's.

18 Q. I understand. But on this particular patient,
19 has the use of bactrim caused any adverse effects
20 to her; do you know?

21 A. I don't think so. I think the adverse effects of
22 the pancytopenia that she had in the spring of
23 '98 were due to cytoxan, not bactrim. I'm not
24 even sure she was on bactrim at that time.

25 Q. Is it your understanding she's still on cytoxan

1 or not since she's in remission?

2 A. She's been discontinued from her cytoxan and
3 she's on no medication for her Wegener's right
4 now.

5 Q. Are you able to say what effect on this patient
6 the use of cytoxan had on her that would not have
7 been present with the use of methotrexate if
8 methotrexate had been used instead?

9 A. Well, the major aspects of it are that at some
10 time in the future she may well develop -- would
11 develop a cancer or a bladder cancer from that
12 use of cytoxan during that period of time.

13 Q. So it increases her risk of what types of cancer?

14 A. Well, malignancy in general increases by about
15 two and a half times on people who have had
16 exposure to cytoxan like this, and bladder
17 carcinoma specifically is increased by about 30
18 times.

19 Q. With the use of methotrexate instead, does that
20 increase the risk of cancer or malignancy?

21 A. No.

22 Q. None whatsoever?

23 A. None whatsoever.

24 Q. Is it your opinion the patient could have, if
25 diagnosed earlier, gotten by with methotrexate?

1 A. Or bactrim or both.

2 Q. How about corticosteroids, would she have likely
3 needed those?

4 A. Yes, I would say that she would use them as,
5 again, much lower doses, 60 milligrams a day.
6 And once she was controlled, tapered down to a
7 lower dose ultimately.

8 Q. Does she need to be on corticosteroids now while
9 in remission?

10 A. No.

11 Q. What would you say the net effect of her being on
12 the larger dose of corticosteroids has been
13 versus the smaller dose you said she might have
14 needed had it been diagnosed early?

15 A. Well, two major effects. One is that the larger
16 doses have contributed in part to her osteopenia
17 or decreased bone mineral density. The larger
18 the dose of corticosteroids and the longer the
19 duration of that dose, the more osteopenia you
20 get or decreased bone density, which is the step
21 before osteoporosis.

22 And it makes her more vulnerable to
23 renal osteodystrophy, which she clearly is going
24 to get very significantly very soon because she
25 has metabolic acidosis right now of a significant

1 degree.

2 Q. What is that term again that you think she's
3 going to get?

4 A. Renal osteodystrophy.

5 Q. Is that one word, osteodystrophy?

6 A. D-y-s-t-r-o-p-h-y.

7 Q. Thank you. What is that, Doctor?

8 A. Well, it occurs for three reasons in patients who
9 have chronic renal failure. The first reason is
10 that once you lose more than half your --
11 actually more than 40 percent of your kidney
12 function, there's not enough kidney mass left to
13 convert vitamin D to dihydro 125, which is the
14 active form of vitamin D which allows you to
15 absorb calcium appropriately from your gut.

16 Q. Okay.

17 A. Secondly, you have metabolic acidosis. You have
18 acids that are formed in the normal course of
19 living and eating, particularly proteins, and
20 sulfuric and phosphoric acids are formed, and the
21 body other than the kidney has no way of getting
22 rid of it. And that's why she's with metabolic
23 acidosis right now with the CO2 of 19. That's
24 significantly low.

25 Q. What is the effect practically on her?

1 A. Well, what it does is two things. It does
2 further damage to her kidney clearly, directly.
3 Secondly, it further leaches -- and that's what I
4 was getting to on this point, it further leaches
5 calcium out of her bones in order to form the
6 salt. You can't have circulating phosphoric acid
7 and sulfuric acid in the body. You will get
8 severely acidotic and have a cardiac arrhythmia
9 and die.

10 So what you do is leach calcium out of
11 the bones. And the calcium casein binds with the
12 phosphoric adenosine, the phosphate and the
13 sulphate, and it neutralizes it, but at the
14 expense of weakening the bones. So that's the
15 second effect that causes and contributes to
16 renal osteodystrophy.

17 And then the third thing that happens
18 then is as acid, and particularly phosphate,
19 increases in the blood, which it eventually will,
20 then the calcium goes down concomitantly. The
21 amount of calcium and phosphorous in the blood
22 balance out. Calcium goes down when phosphorous
23 goes up.

24 Well, the parathormone -- the
25 parathyroid gland, says, oh, we don't have enough

1 calcium circulating around here, we better put
2 out more parathormone, and so it goes more and
3 you get a secondary hyperparathyroidism, which
4 causes osteoclast with a C, osteoclast, to break
5 down bone, release more calcium, and that further
6 weakens the bone. So those three things cause
7 significant weakening of the bone and that is
8 together what renal osteodystrophy is.

9 Q. Weakening of all bones?

10 A. All bones. Now, the second major effect on the
11 bone from the high-dose corticosteroids that she
12 had, 500 milligrams for three days and then 1,000
13 milligrams on the second course for five days,
14 plus long-term high-dose steroids after that, is
15 osteonecrosis. Osteonecrosis, not porosis, also
16 called avascular necrosis of the bone.

17 And our studies have shown that when
18 patients get over 80 milligrams average a day for
19 more than a month and get cushingoid, where she
20 got cushingoid during that course, the second
21 course, the 1,000 milligram course --

22 Q. What is cushingoid?

23 A. Cushingoid means that you have an altered fat
24 cell distribution. The fat cells in the face and
25 the trunk --

1 Q. That's the moon?

2 A. Moon face, uh-huh. Hypertrophy, and just like
3 the fat cells you can see on the face, the trunk
4 enlarging, the fat cells in the bone, in the
5 fatty marrow of the bone, long bone, hips, knees
6 and shoulders, they increase by 69 percent in
7 size as compared to osteoarthritic controls,
8 lipocytes within the bone.

9 That increase in the lipocyte size in
10 the bone increases the pressure in the bone.
11 That increased pressure increases resistance to
12 bone blood flow and you get a decrease in bone
13 blood flow, you get ischemia or lack of
14 circulation to the cellular components of the
15 marrow. They swell further, increasing the
16 pressure, and you get a vicious circle with its
17 own internal amplification loop that eventuates
18 in the death and collapse of bone that we know as
19 osteonecrosis.

20 The average time from peak steroids to
21 the time of this is 42 months, so with a range of
22 two months to ten years. So up to ten years from
23 now those steroids received in the spring of 1998
24 will cause death and collapse of an average of
25 3.3 of her major bones, hips, knees or shoulders.

1 Q. 3.3 percent?

2 A. 3.3 bones.

3 Q. Okay.

4 A. 3.3 bones. So that over 50 percent of patients
5 who get this amount of steroids and get
6 cushingoid will have osteonecrosis an average of
7 3.3 bones per individual patient. So both hips
8 and a knee, one or both hips, a knee, or both
9 knees and another, etc. Average of 3 plus bones
10 per patient --

11 Q. Break?

12 A. -- collapse and die and need replacements, which
13 cost about \$25,000 a piece, and need to be
14 revised in 10 to 15 years on average.

15 Q. And these typically are which bones, the hip
16 bones?

17 A. Hips, knees and shoulders, in that order, and
18 that's been shown by our publication in the
19 American Journal of Medicine 1985. I am first
20 author on that. And it was shown in a
21 metananalysis by Felson and Anderson, almost
22 3,000 patients, 23 studies. We came to the
23 conclusion average 81 milligrams a day for the
24 highest month of therapy. In their 23-study
25 metananalysis of 3,000 patients, they came to 80

1 milligrams a day. I'm very happy that our paper
2 was published two years before the metananalysis
3 or else somebody would have said how did you come
4 this close to the average of 3,000 patients.

5 Q. What is your criticism of Dr. Spoljaric, the
6 standard of care?

7 A. Just as I put it in my report. I'll be happy to
8 go over that with you.

9 Q. First of all, that he did not pick up on the plus
10 3 blood that was on Dr. Cola's records?

11 A. Well, yes. That's what I was looking for, page
12 12. Basically I think that -- in part I think
13 it's a little bit difficult at times, because I
14 mean I look at this note that was handwritten,
15 this is a typed one from the 13th and it says
16 urinalysis. And so my assumption as I would be
17 reading that note is that a urinalysis was done
18 to check on that blood and it was okay because
19 nothing further was gotten.

20 So I criticize Dr. Cola for
21 transferring these records without either
22 mentioning, by the way, in August she had 3 plus
23 blood and we've never done a urinalysis or
24 followed up on that. But nevertheless, he should
25 have also looked at this patient who now has --

1 Q. He, Spoljaric?

2 A. Spoljaric, who comes to him and he had the
3 history available. If he read the notes -- now,
4 granted, it's 38 to 40 pages, but it's still --
5 I mean it was in there for him to see.

6 Q. The last visit is only one page, right?

7 A. Well, there are other pages besides, but there's
8 a whole page of phone calls in that, I mean
9 communications to the patient that was clearly a
10 lot of information. And when he got the elevated
11 sedimentation rate, although that could be due to
12 infection and it could be due to something
13 systemic, I think I would have felt that he
14 should at least check the previous records at
15 that point with the elevated sedimentation rate.

16 So I'm not so critical of his first
17 visit, 12-31-97, but now he's got a sed rate, he
18 was aware the sed rate was elevated because he
19 put it on the request. So at that point, I think
20 his second visit in January, he should have
21 either gone through the records or called.

22 Q. The second visit wasn't until January 22nd, I
23 believe?

24 A. Right.

25 Q. Would it have required him to call her sooner

1 than just waiting for her to come back in on the
2 22nd?

3 A. Well, again, as soon as you appreciate that there
4 were other potentially systemic symptoms going on
5 and that there's 3 plus blood in the urine, yes,
6 I would be critical of him not --

7 Q. Certainly by the time he gets the sed rate back?

8 A. I guess my problem is there's some dispute. And
9 what I need you to tell me is when am I to assume
10 that he got these records? Because there's some
11 dispute in the various depositions and testimony
12 that I've read as to when he got these records.
13 So I can't be critical of somebody until I know.
14 What do you want me to assume?

15 Q. Well, let's assume he got them on January 10th.
16 There's testimony that they were mailed on the
17 8th of January, and he sees her for the second
18 time on January 22, I believe.

19 A. All right. You know, I guess clearly by January
20 22 you should then put it together and look at it
21 and look at these records. Whether in a busy
22 office you get something on the 10th or 11th and
23 the patient is coming back in on the 12th -- I
24 mean the 22nd, 12 days later, and it's 38 pages,
25 you might not have a chance, frankly, to look

1 through the records before the visit. So I mean
2 that's why I'm saying the second visit, assuming
3 that he didn't have them on the first visit.

4 Q. Let me ask you this. And I don't know offhand
5 when the blood work was done. I think it was
6 done December 31 by Dr. Spoljaric --

7 A. I think you're correct.

8 Q. -- which revealed the increased sedimentation
9 rate.

10 A. Correct.

11 Q. Which was 51, right?

12 A. 52, I think.

13 Q. Which is pretty high?

14 A. Right.

15 Q. I don't know the exact date he got that back, but
16 let's assume whenever he got it back, is that a
17 tip-off that further work needs to be done?

18 MR. MISHKIND: You mean besides the
19 bone scan that was done?

20 MR. FRASURE: Right.

21 A. Without some of the other history and
22 particularly the 3 plus blood in the urine, I
23 mean a sed rate can be an indication of infection
24 as well. I mean it's nonspecific. On the other
25 hand, in the setting of blood in the urine, a sed

1 rate this elevated would at least want you to
2 think about a differential diagnosis that
3 included an inflammatory process within the
4 kidney causing both the elevated acute phase
5 reactant, be it a sed rate and the C-reactive
6 protein, and want to look into that possibility
7 of glomerulonephritis or vasculitis.

8 Q. And can we agree that by mid January the patient
9 probably would have had more normal kidney
10 function and much of her problems would have not
11 occurred?

12 MR. MISHKIND: You mean as opposed to
13 March?

14 MR. FRASURE: Right, if it was
15 diagnosed in mid January.

16 A. I think both of the doctors are at fault. Cola
17 much more than Spoljaric because he had been
18 following her for a while. He had the 3 plus
19 blood in the urine, and he was also in a position
20 to have a situation where you were much more
21 likely to have less permanent damage. But I'm
22 not saying that Spoljaric also shouldn't have
23 picked it up.

24 Q. Just so I'm clear, you also believe that Dr.
25 Spoljaric's deviation from the standard of care

1 was a proximate cause of her injury, too?

2 A. Something like 80/20 or 75/25 Cola's
3 responsibility versus Spoljaric's.

4 Q. I'm not asking you to break it down in terms of
5 negligence. But are you saying that had Dr.
6 Spoljaric acted appropriately that she would have
7 80 percent of her kidney today, 80 percent total
8 function?

9 A. No, I don't know that.

10 Q. Okay. I understand. You say on your last page
11 of your report that to and through January of '98
12 that her renal function would have been
13 significantly better and, concomitantly, her
14 permanent kidney damage would have been avoided,
15 as well as the various complications she
16 experienced while hospitalized. I take it that
17 those would have probably occurred -- or not
18 occurred had the diagnosis been made before the
19 end of January of '98?

20 A. Well, I'm not saying that she would not have had
21 some permanent kidney damage. And obviously the
22 earlier you pick it up and treat it, the less
23 you're going to have. I would not be as certain
24 as I am today that she's two or three years away
25 from end-stage renal disease and dialysis and

1 transplantation, but that's clearly the case
2 today.

3 Q. Two or three years in your opinion away from
4 end-stage renal disease?

5 A. End-stage renal disease as defined by the need
6 for chronic dialysis and/or transplantation.

7 Q. And when you say the need for chronic dialysis
8 and/or transplant or --

9 A. Ideally what you want to do is transplant her if
10 you could find a suitable match.

11 Q. When you say a need for chronic dialysis,
12 beginning at that point when the end-stage
13 condition occurs?

14 A. Right. I mean the definition of end-stage renal
15 disease is when you have a creatinine clearance
16 of 10 cc's or less, or if it's more than that,
17 that you have intractable symptoms of uremia
18 which she's already starting to develop, nausea,
19 vomiting, lethargy, weakness, and she's got
20 metabolic acidosis.

21 And so a nephrologist has got to --
22 or whoever is in charge of the dialysis
23 circumstances, but a nephrologist has got to
24 justify dialysis if you have a creatinine
25 clearance more than 10 cc's. You know, nobody in

1 the government doesn't say we're not going to pay
2 for it unless you're 10 cc's or less. If you
3 have 10 cc's of creatinine clearance or less,
4 you've lost 90 percent of your kidney function,
5 then you don't need to justify it. Creatinine
6 clearance of 9 and they pay for it, no questions.
7 You don't have to justify.

8 Q. Dialysis?

9 A. Dialysis or transplant.

10 Q. What is her creatinine now?

11 A. Her creatinine clearance is 32 cc's a minute, her
12 creatinine is 2.8.

13 Q. So if you say that she's two or three years away
14 from end-stage renal disease, what would be her
15 creatinine level that is -- the one that's
16 referable to the 2.7 now, did you say?

17 A. 2.8. Well, keep in mind that a creatinine is a
18 surrogate measure of renal function and its level
19 in the blood is based on the output of creatinine
20 from creatine from muscle. The bigger your
21 muscle mass, the more creatinine you've got to
22 dispose of.

23 And so you might have a normal
24 creatinine of 1.2 and our court reporter might
25 have one of .6 and that's her normal creatinine

1 level. She's smaller, she has less creatinine
2 she's forming. Okay. Now, so the creatinine
3 clearance is a better measure in this situation
4 in that it is 32 cc's, it should be about 100.

5 And so you're looking at something
6 that is going to go from 32 to whatever, but
7 probably it isn't going to be able -- she's not
8 going to be able to tolerate waiting until it
9 gets to 10 because she's already having symptoms
10 of uremia and she already has significant
11 metabolic acidosis.

12 Q. What are her current symptoms of uremia, do you
13 believe?

14 A. I just listed them for you. Nausea, vomiting,
15 lethargy, weakness.

16 Q. Okay. You've read Dr. Zarconi's report, I think
17 it's August of this year?

18 A. Yes, I have read it.

19 Q. Do you feel that it's a little too optimistic
20 about her --

21 A. Of course he is. He's too optimistic. And he's
22 also in a situation where he --

23 Q. How do you differ in your prognosis for her
24 versus Dr. Zarconi; would you say?

25 A. Well, first of all, you need very tight control

1 of hypertension. That's clearly going to
2 accelerate the renal disease.

3 Q. Does she have hypertension now?

4 A. Oh, yes.

5 Q. Okay. Is it being controlled?

6 A. Not as well as I would like to see it controlled.
7 You would like to see it under 130 and under 75.
8 The lower the better, because you're going to
9 have a quicker progression to dialysis and
10 transplant without control. She's not on a
11 low-protein renal diet like she was. You should
12 have less than 30 milligrams of protein with
13 essential amino acids added which can extend the
14 period of time before dialysis. And she ought to
15 be on sodium bicarbonate to neutralize her
16 metabolic acidosis. That's standard. I mean
17 we're not talking about rocket science here.
18 We're talking about huge, huge, huge studies, the
19 MDRD study which shows those three factors are
20 very important in terms of maintaining patients
21 not on dialysis as long as possible.

22 You can sometimes get an extra year or
23 two or three by doing those three things. And so
24 for whatever reason, I would at least from the
25 scanty notes that I've read there -- well,

1 certainly two of the things, the renal diet is
2 not being prescribed, nor is the sodium bicarb,
3 and I think that's going to accelerate her
4 progression to dialysis.

5 Q. Is it your opinion that she probably more likely
6 than not will need a transplant?

7 A. Oh, yes, I mean if she's going to live. Even
8 with it, I mean your average life expectancy is
9 seven years once you go on -- once you're at
10 end-stage renal disease and require dialysis or
11 transplantation. Now, for the most part, you
12 don't increase the life expectancy much more, but
13 the quality of life is a lot better with a
14 transplant.

15 So if she makes it into her 60s, she's
16 going to be a very lucky lady. And I have to
17 take my hat off to her that here she is with
18 metabolic acidosis and uremic symptoms and she's
19 still working. I mean that's unusual for a
20 patient who has got this degree of chronic
21 permanent renal damage.

22 Q. You mentioned something and I want to be sure I
23 understood you. It was something about seven
24 years. Could you flush that out for me? You
25 just talked about that a minute ago.

1 A. Yes, the average life expectancy for individuals
2 who get to end-stage renal disease requiring
3 chronic dialysis -- and if they're lucky enough,
4 transplantation -- is seven years.

5 Q. From the beginning of the end-stage renal
6 disease?

7 A. From the time that they require permanent
8 dialysis.

9 Q. So --

10 A. I mean I know the figures, but I can provide you
11 the reference if you want.

12 Q. Earlier I think you said -- and correct me if I'm
13 wrong -- that she's two to three years away from
14 end-stage renal disease requiring at least
15 chronic dialysis?

16 A. Correct.

17 Q. So in your opinion probably her life expectancy
18 is no more than ten years from today?

19 A. Well, she could be lucky. I mean she's a
20 fighter.

21 Q. I understand. But life expectancy is generally
22 looking at all people with a similar condition,
23 right?

24 A. Well, and she may be on the upside of that
25 because of the fact that, you know, she did

1 follow her -- when it was prescribed at the time
2 she was on dialysis in '98 and part of '99, she
3 was following a low-protein diet and she seems to
4 be a very compliant patient, interested in her
5 own health and her body. And my hunch is that
6 she will be on the upside of the average
7 expectancy than on the downside. That's all.

8 Q. What would be the upside then?

9 A. Well, I think out of 1,000 people in the Hopkins
10 program who went on chronic dialysis and/or
11 transplant, I think 4 of them reached 20 years.
12 So let's say 10 to 15 years instead of 7 would be
13 optimistic. So somewhere around 15 years total I
14 guess would be very optimistic, even if she tried
15 to do everything right.

16 Q. From today?

17 A. From today. So 65, I guess. And her life
18 expectancy would be somewhere between 80 and 85,
19 so she's probably in my opinion going to lose
20 somewhere between 15 years or so of her life
21 expectancy. I mean that's --

22 Q. I understand.

23 MR. MISHKIND: That's good.

24 Q. What is the success rate currently in getting a
25 kidney transplant? I mean I hear all sorts of

1 things, you read in the papers.

2 A. Well, you know, we need more organ donors.

3 That's one thing. You get put on a big list and
4 there are a lot of people waiting right now. And
5 what they try to do is, although the allograft
6 kidneys are without a related donor, you try to
7 get as many antigens matching -- you like to get
8 a five-antigen match, but that's not often
9 possible. And part of it is just luck of the
10 draw.

11 I mean they get a kidney and they've
12 got this big data bank now, so they know exactly
13 who is the closest match to that. And it sort of
14 depends upon who dies that's an organ donor and
15 what kidney.

16 Q. It's hard to predict?

17 A. It's hard to say. I couldn't speculate on that.

18 Q. Okay. Do you think we've covered all of your
19 standard of care comments about Dr. Cola?

20 MR. MISHKIND: Let me just object,
21 only because he's written a 13-page report and
22 I'm not sure that you have gone through each and
23 every one of the opinions. Obviously if you have
24 specific questions for him that you've not
25 addressed, I'm not going to put the doctor into

1 guessing whether you've covered everything.

2 To the extent that he can recall
3 things, otherwise if you want to put specific
4 questions to him -- I mean, Doctor, don't let me
5 dissuade you from answering. It's just that
6 you've written an elaborate report.

7 A. I just want to add that I know we haven't covered
8 all of the things in my report and I know we
9 haven't covered things that I will enumerate now
10 in addition, because my report is even --
11 although extensive, it's a summary.

12 Q. Well, it's mostly history, right?

13 A. Well, no, I don't think. But the history is
14 relevant to my opinions for the most part.

15 Q. I understand.

16 A. Number one, the failure to inform the patient
17 there was blood in the urine. Number two, the
18 failure to do a complete urinalysis with
19 microscopic once you find the dipstick has blood
20 in it. Number three, his failure to return her
21 phone calls.

22 Q. If we accept her version of the story, right?

23 A. No, if we accept what is in the medical record.
24 I mean in the medical record she clearly calls on
25 the 27th -- and once before that, but on the 27th

1 there's clearly not only a call documenting a
2 severe problem with decreased urine that directly
3 relates to the blood in the urine that's at
4 question here, and boils on her face and her
5 buttocks.

6 Q. Did you see the LMOM at the end of that note?

7 A. Yes, but you've got to talk to the patient. You
8 either see the patient right then, you arrange
9 for the patient to come in the next day, say
10 call, I want to see you immediately, or you talk
11 to the patient with these kind of symptoms.

12 You don't leave a message on a machine
13 that I think it's related to infection and I'm
14 going to give you Augmentin. I mean that's
15 absurd. I mean that is just so ludicrous I can't
16 believe anybody would have it in their records.
17 So it's a total deviation of standard of care not
18 to talk to this lady or see her immediately at
19 that time.

20 Q. Is your assumption that on that message that was
21 left that they said it's an infection and you
22 need Augmentin? Is that your assumption?

23 A. My assumption is reading his note, which I'm
24 going to go to his original records. And as I
25 look at it -- and you correct me if you think I'm

1 wrong, but when I read this, it looks like a
2 different handwriting from the rest of the note
3 here, sounds like bad infection, would recommend
4 treatment Augmentin 500 milligrams No. 20 BID
5 with food. LMOM, 8-27, 5:15 p.m. Refer to neuro
6 for second opinion.

7 Q. Which is another line, another entry?

8 A. No, it looks to me like it's continuing the same
9 entry. It's before the 9-1.

10 Q. Okay.

11 MR. MISHKIND: But I guess what he
12 wants to know is based upon the record or what
13 you saw in Dr. Cola's depo, are you saying that
14 that specific information was left on the machine
15 or was it just left message on machine for
16 patient and you don't know what was left?

17 A. I don't know what was left. All I'm saying is
18 what is on this chart here with what is above it
19 and then to not talk to the patient personally or
20 not have the -- preferably have the patient come
21 in, is clear-cut deviation of the standard of
22 care.

23 Q. Well, if the facts are that the patient was told
24 on the machine by a person in Dr. Cola's office
25 that you need to call in and we need to talk to

1 you, that certainly is -- the patient needs to
2 follow up with that, right?

3 A. Well, or you send the patient a letter. And the
4 records of the phone call on 9-4, just a week
5 later, and there's a record of Dr. Torok for
6 joint pain referral, needs referral, patient
7 obviously called in.

8 So if you don't see the patient, you
9 call again, you send the patient a postcard. The
10 patient called in again for another referral.
11 And whether it's his procedure -- and I can't say
12 that it's him or the way his office runs, this is
13 not the way to take proper care of patients.
14 This is a deviation of the standard of care.

15 Q. All right. Anything else that we haven't
16 covered?

17 MR. MISHKIND: Same objection, but you
18 can go ahead and answer.

19 A. Well, I think that the fact that there are
20 multiple phone calls here that are documented in
21 the chart. He's got another one where he
22 documents the fact that before that call, spoke
23 with patient on the phone 8-20. I have a
24 criticism of that.

25 He's talked to the patient. He knows

1 there's blood in the urine from his -- if he
2 didn't have it at the time of his visit, he has
3 it then. He spoke with the patient on the phone
4 the day before she went for her tests at the
5 hospital on the 21st. He should have said, look,
6 you've got some blood in your urine, and in
7 addition to the tests, I'm going to have my
8 secretary call over and order a complete
9 urinalysis with microscopic and a culture and
10 sensitivity of your urine.

11 And frankly, I would have done that
12 because I would have wanted to get an early
13 morning urine. I would want to get a first
14 voiding specimen, so I would have her go to the
15 lab before she voided that morning.

16 Q. All right.

17 A. I mean I think Dr. Cola in his deposition
18 recognizes that he should have followed the 3
19 plus blood up, that this was appropriate to do a
20 repeat and a urinalysis if it was present. So I
21 think in a number of cases in his deposition he
22 feels that it was appropriate to do more than was
23 done for this patient.

24 MR. FRASURE: All right, Doctor. I
25 don't think I have any other questions. Thank

1 you for your time.

2 THE WITNESS: I'll read.

3 MR. MISHKIND: And I will get you a
4 copy.

5 (Whereupon, signature was not waived
6 by the witness.)

7 - - - - -

8 (Deposition concluded at 12:30 p.m.)

9 - - - - -

W I T N E S S C E R T I F I C A T E

I, Thomas M. Zizic, M.D., do hereby
 certify that I have read the foregoing deposition
 taken on October 4, 2000, in the case of Vickie
 Miglore, et al. versus Dr. David Cola, et al.,
 consisting of seventy-two pages, and that said
 deposition constitutes a true and correct
 transcription of my testimony given at the
 specified time.

 Thomas M. Zizic, M.D.

Dated this _____ day of _____, 20____.

Sworn to and subscribed before me this
 _____ day of _____, 20____.

 Notary Public

My commission expires _____.

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