

The State of Ohio, )  
 ) SS:  
County of Guyahoga. )

Doc. 381

IN THE COURT OF COMMON PLEAS

WILBUR HOFELICH, ET AL.,

Plaintiffs,

VS.

MANOR CARE OF NORTH OLMSTED,  
INC., ET AL.,

Defendants.

Case No. 167165  
Judge Ralph A. McAllister

DEPOSITION OF JEFFREY ADAM ROSS, M.D.  
Wednesday, March 14, 1990

Deposition of JEFFREY ADAM ROSS, M.D., called by the  
Plaintiffs herein for examination under the Ohio Rules of  
Civil Procedure, taken before me, the undersigned, Mary Ann  
Koval, a Notary Public in and for the State of Ohio, at the  
offices of Gallagher, Sharp, Fulton & Norman, 7th Floor,  
Bulkley Building, Cleveland, Ohio 44115, commencing at  
10:00 a.m., the day and date above set forth.

Computer-Aided Transcription by  
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## APPEARANCES :

## On Behalf of the Plaintiffs:

Charles M. Delbaum, Esquire  
Stege, Delbaum & Hickman  
1620 Standard Building  
Cleveland, Ohio 44114

## On Behalf of Defendant Manor Care of North Olmsted:

Burt Fulton, Esquire  
Timothy Fitzgerald, Esquire  
Thomas Covey, Paralegal  
Gallagher, Sharp, Fulton & Norman  
7th Floor, Bulkley Building  
Cleveland, Ohio 44115

## On Behalf of Defendant Christopher Suntala, M.D.:

Robert C. Seibel, Esquire  
Jacobson, Maynard, Tuschman & Kalur Co, L.P.A.  
1301 East 9th Street  
Cleveland, Ohio 44114

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1 JEFFREY ADAM ROSS, M.D.  
2 called by the Plaintiffs for examination under the Ohio Rules  
3 of Civil Procedure, after being first duly sworn, as  
4 hereinafter certified, was examined and testified as follows:

5 EXAMINATION

6 BY MR. DELBAUM:

7 Q Would you state your full name for the record, please?

8 A Jeffrey Adam Ross.

9 Q You are a physician, is that correct?

10 A That's correct.

11 Q Dr. Ross, my name is Charles Delbaum. We were  
12 introduced earlier. I represent the plaintiffs in this  
13 action, Wilbur and Grace Hofelich. The purpose of this  
14 deposition is for me to learn more about your opinions that  
15 you will be giving in this case that you've given in your  
16 report and more about the bases for those opinions.

17 During the deposition, if I ask you any questions that  
18 you don't understand, please tell me that and I will be glad  
19 to rephrase the question, is that all right?

20 A Fine.

21 Q And if you answer a question, then I am going to assume  
22 that you understood the question, okay?

23 A Okay.

24 Q Have you been deposed before?

25 A No, this is my first deposition.

1 Q Okay. Probably Mr. Fulton mentioned to you, and if he  
2 didn't, I will, that all your answers should be verbal. Yes  
3 or no if it's a yes or no question, an explanation if you  
4 need to do that, but shaking your head is fine for you and  
5 me, but the court reporter can't really get it down, okay?

6 MR. DELBAUM: I did tell him how  
7 precise you were, that you crossed every T and  
8 dotted every I. That's what I did tell him.

9 Q I'm not sure that you answered my last question  
10 verbally.

11 A Yes, I understood.

12 Q Good. In your report you listed certain records and  
13 depositions that you had reviewed. Have you reviewed any  
14 since then?

15 A No.

16 Q Is there any additional information that you've  
17 received about the care and treatment of Wilbur Hofelich or  
18 about his medical condition in 1988 or 1989 since you wrote  
19 the report?

20 A No, I have not.

21 MR. E'ULTON: There were some  
22 depositions sent to him, though. Those two  
23 depositions that I sent to you, whether that  
24 came before or after.

25 THE WITNESS: That came before.

1 A This is what I reviewed,

2 Q It's all listed in your report?

3 A Yes, except I didn't list complaints. But all the  
4 depositions, records that I had, are in this stack.

5 Q Okay. Was any information provided to you in  
6 correspondence?

7 A No.

8 Q Have you evaluated the care and treatment that Dr.  
9 Suntala rendered to Wilbur Hofelich while he was his patient  
10 at Manor Care?

11 A The focus of my review of the records was directly  
12 related to nursing home performance, and, obviously, I had to  
13 look at what Dr. Suntala did with reference to that. But I  
14 didn't focus specifically on all of his activities, just as  
15 it related to the nursing home care.

16 Q Okay. Do you have an opinion as to whether Dr.  
17 Suntala's care was consistent with the standard of care for  
18 physicians caring for patients in nursing homes?

19 A I do have an opinion.

20 Q What is that opinion?

21 A I think it was appropriate to the situation.

22 Q Okay. Do you know how Mr. Fitzgerald came to contact  
23 you regarding this case?

24 A Not specifically.

25 Q Did he indicate to you where he had gotten your name?

1 A Oh, in that sense, I've done some other work for  
2 Gallagher, Sharp in the past.

3 Q What type of work have you done for them?

4 A It's, I would say, my seventh case I've been involved  
5 with reviewing records within the last year.

6 Q What kinds of cases have you reviewed for this firm?

7 A Some personal injury cases and several medical  
a malpractice cases.

9 Q Have those all been on behalf of the defendant?

10 A Yes.

11 Q Have you ever reviewed a medical malpractice case for  
12 the plaintiff?

13 A No, I have not,

14 Q Have you ever been asked by a plaintiff's attorney to  
15 review a medical negligence case for a plaintiff?

16 A No, I have not.

17 Q Apart from the medical negligence cases you've reviewed  
18 for Gallagher, Sharp, have you reviewed medical negligence  
19 cases for other law firms?

20 A No, I have not.

21 Q Would you tell me, please, what the purpose of charting  
22 information in medical records is?

23 A This is probably multi-fold. One is to document what  
24 has been done. Two is to have an effective vehicle for  
25 communicating from one shift to another shift; one type of

1 allied professional person to another type of allied  
2 professional person or from physician to nurse, that type of  
3 interaction, and then a medical legal record of what has  
4 transpired.

5 Q Those purposes all apply to any medical institution,  
6 whether it's a hospital, a nursing home or any kind of  
7 medical institution, isn't that correct?

8 A That's correct.

9 Q Medical personnel are generally educated in the need to  
10 do appropriate charting for patients that they are caring  
11 for, is that also correct?

12 A Correct.

13 Q Is it also generally accepted that if something isn't  
14 charted, it wasn't done?

15 MR. FULTON: Objection. Go ahead  
16 and answer what you think. I have an  
17 objection to it, but go ahead and answer.

18 A Just repeat the question, please.

19 Q Is it generally accepted that if something wasn't  
20 charted, it wasn't done?

21 A Not necessarily.

22 Q Under what circumstances would that not be true?

23 A Oftentimes in critical situations there is not complete  
24 documentation of anything that transpires. Sometimes, I will  
25 say, nursing activities that are -- I hate to use the word

1 routine, but sometimes things that come under the daily care  
2 of patients may not necessarily be charted.

3 If someone wipes your nose as a patient, they won't  
4 necessarily chart that. If they wipe your nose and then you  
5 have a nose bleed and become hypotensive, they will chart  
6 that.

7 Q If I can clarify a little bit further on both of those  
8 examples. One type of example I think you were discussing is  
9 critical situations.

10 A Right.

11 Q You're referring to emergency situations where time is  
12 critical and, therefore, one wouldn't expect that someone  
13 would be able to make notes at or about the time of the  
14 event?

15 A Correct, or there may be such a length of what  
16 transpired that you may summarize or just give an overview of  
17 what transpired without documenting every specific action  
18 that took place minute by minute.

19 Q Okay. And the other type of situation is one where  
20 there is daily care that is of no significance to the  
21 patient's care plan, is that a fair statement?

22 MR. FULTON: Objection.

23 A I don't think that's what I said. I think the point  
24 I'm trying to make is that there are situations where  
25 something becomes routine caring of the patient. Now, that's



1 different from a nursing standpoint than a physician  
2 standpoint but mainly because the physician tends to be  
3 terribly focused in a brief period of time in the interaction  
4 where nursing care goes on 24 hours a day.

5 So there are many activities that go on by nurses that  
6 are not charted. It doesn't mean because it wasn't important  
7 or there wasn't time to chart it. It may be part of their  
8 care plan that didn't require charting.

9 Q Insofar as a nurse is carrying out a doctor's order to  
10 do a certain treatment, that should certainly be charted,  
11 should it not?

12 A Yes.

13 Q If that's not charted, isn't it a fair assumption that  
14 it wasn't done?

15 MR. FULTON: Objection. Go ahead  
16 and answer.

17 A Depends on what the order was.

18 Q In what way does it depend on what the order was?

19 A I think medication orders, therapy orders, should be  
20 charted and carried out via an order and a charting  
21 mechanism. I think when you get back to daily care of  
22 patients, it oftentimes doesn't get charted and doesn't mean  
23 it's not been done. Did you follow that?

24 Q Yes, I did, and I understand what you're saying.

25 A Okay.

1 Q With respect to therapy orders which are not charted,  
2 is it then a fair assumption that they were not done?

3 MR. FULTON: Objection.

[ 4 A If the therapy that I was speaking to was not charted,  
5 I would say it probably was not done.

6 Q Do you have an opinion as to whether Wilbur Hofelich  
7 was able to feel pain in April and May of '88?

8 MR. SEIBEL: Object.

9 A It would only be an assumption. I have no definite  
10 proof from what I've read whether he could feel pain or not  
11 feel pain.

12 Q I would ask you if you have something that's in between  
13 an assumption and definite proof, most of us refer to that as  
14 an opinion. You may not have an opinion. I'm not trying to  
15 have you form one if you don't have it. If you do have an  
16 opinion to a reasonable degree of medical probability, then I  
17 would like to know what it is. If you don't have an opinion  
18 to a reasonable degree of medical probability as to whether  
19 he could feel pain or not, that's fine.

20 A Given what I have reviewed, I would say I don't have a  
21 medical opinion.

22 Q Is it below the standard of care for nursing homes in'  
23 this community to rely heavily on agency nurses and nurses'  
24 aides?

25 A No.

1 Q Reliance on agency nurses' aides and nurses does  
2 present potential problems for patients in nursing homes,  
3 does it not?

4 A It can.

5 Q What are some of the reasons for those problems?

6 A It's loss of continuity of care and we see this  
7 happening at all of the institutions, be they acute care  
8 facilities or extended care facilities, and it relates to  
9 nursing shortage. So agency nurses are a reality of the  
10 current state of the medical community.

11 Q Is the staff of a nursing home normally expected to be  
12 able to position a 150 pound rigid person as needed?

13 A There should be staffing to make an attempt to move  
14 patients to necessary positions to be cleaned, to be  
15 toileted, et cetera.

16 Q Or to keep them off their back if the order of the  
17 physician is to keep them off their back?

18 A To make attempts to do that. There should be able  
19 staffing to do that.

20 Q Okay. Should the physician caring for an elderly  
21 patient with a decubitus ulcer in a nursing home assess  
22 whether dead tissue is present before ordering Duoderm to  
23 treat the ulcer?

24 MR. SEIBEL: We just testified that  
25 he thinks Dr. Suntala's care was appropriate.

1                   You're asking him the standard of care  
2                   question as to Dr. Suntala and I will object.

3                   MR. FULTON:           I have another  
4                   statement I want to make with respect to that  
5                   statement. I don't think that he has gone  
6                   into this case with respect to the care and  
7                   treatment of Dr. Suntala, although he said it  
8                   was appropriate. I'm not going to say he  
9                   can't answer the question, but if he didn't go  
10                  into this and doesn't have an opinion with  
11                  respect to that, I would instruct him not to  
12                  answer. But go ahead and answer the question.

13                  MR. DELBAUM:           Let me further our  
14                  discussion for just a moment and see whether  
15                  it gets us anyplace useful. If both of you,  
16                  Mr. Seibel and Mr. Fulton, will stipulate that  
17                  the doctor will not offer any opinions about  
18                  the care of Dr. Suntala at the trial, then I  
19                  won't ask him any questions about the care  
20                  that Dr. Suntala rendered.

21                  MR. SEIBEL:           I can't stipulate on  
22                  behalf of this witness or what Mr. Fulton is  
23                  going to ask.

24                  MR. FULTON:           I'm not going to ask  
25                  him with respect to Dr. Suntala. I'm going to

1 ask him with respect to nursing home  
2 personnel. However, he did say he had to look  
3 at Dr. Suntala's care with respect to his  
4 interaction with the nursing home personnel.  
5 But I don't intend to ask him opinions about  
6 Dr. Suntala. I can't speak for what Mr.  
7 Seibel is going to do.

8 MR. SEIBEL: I haven't prepared my  
9 cross-examination of this witness yet for  
10 trial.

11 MR. DELBAUM: Then you can't  
12 stipulate that you won't ask him whether Dr.  
13 Suntala's care met the standard.

14 MR. SEIBEL: I can't instruct this  
15 witness not to answer anything, but I tell you  
16 I'm not sure whether I'm going to elicit that  
17 opinion or not.

18 MR. DELBAUM: I need to inquire  
19 then.

20 MR. FULTON: It's up to the doctor.  
21 My advice that I have given you is to the  
22 extent you've reviewed these records with  
23 respect to specific opinions regarding the  
24 treatment of decubitus ulcers, and I thought  
25 that question was asked specifically with

1                   respect to Dr. Suntala as opposed to just the  
2                   general treatment of the decubitus ulcer, as I  
3                   recall the question. I may be wrong.

4                   MR. DELBAUM:           Well, I think you're  
5                   wrong, although it's a quibble to some extent.

6    Q           The question was, should the physician caring for an  
7    elderly patient with a decubitus ulcer assess whether dead  
8    tissue is present before ordering Duoderm to treat the  
9    decubitus ulcer?

10   A           In general terms the answer is not necessarily. He  
11   doesn't have to see it. He could hear a description of the  
12   wound and make an attempt to apply Duoderm in an order form.

13   Q           Understanding that he could rely upon a description of  
14   the wound from a nursing personnel, would that description be  
15   expected to include information about whether or not dead  
16   tissue is present?

17   A           Usually when nurses notify physicians that there is  
18   some type of problem with the skin, they give a description,  
19   given the fact that nursing home physicians are not there on  
20   a daily basis by the nature of nursing homes. The result of  
21   that is that many skin care decisions are based on the people  
22   who are watching the skin on a daily basis and as described  
23   over the phone to physicians. And I would suspect that in  
24   the medical community, the standard of care is such that  
25   there would be physicians who would apply Duoderm by order

a form by a description from a nurse.

2 Q Okay. I'm not making my question clear enough then.

3 Let's assume that the nurse tells the physician that she has  
4 observed the decubitus ulcer and that there appears to be  
5 dead tissue present in the decubitus ulcer.

6 A Yes.

7 Q Would it be appropriate for the physician to order  
8 Duoderm under those circumstances?

9 MR. SEIBEL: Objection.

10 a It may be appropriate because Duoderm acts as a  
11 debridement and protective vehicle for a wound. I would have  
12 to hear the description of a specific wound and then make my  
13 judgment as a physician what I think would be appropriate to  
14 that description.

15 Q What is the mechanism by which Duoderm acts as a  
16 debridement?

17 A Well, my understanding is that, one, it creates a moist  
18 environment under a barrier such that there is epithelial  
19 growth and fibroblast stimulation and that ultimately you  
20 would create some debridement and regrowth of healthy  
21 granulation tissue. Now, it depends, once again, on what the  
22 nature of the wound that was described to me would be.

23 Q Are you aware that at times when Wilbur Hofelich was up  
24 in a gerichair in April 1988 a rubber ring was placed under  
25 him?

1 A Yes, I am.

2 Q What are the problems that can be associated with using  
3 a rubber ring for a patient like Wilbur Hofelich, if any?

4 A The goals of using a rubber ring is to readjust  
5 pressure upon skin surfaces. Obviously, the problem with  
6 any patient is, are they effectively positioned on the rubber  
7 ring and where their skin breakdown is relative to the ring  
8 at the time of positioning. And so without seeing it in  
9 actuality, it's hard to really say whether good or bad became  
10 of it for this patient.

11 Q It would depend on how large the rubber ring was that  
12 he was sitting on?

13 A Right, how effectively he could be maintained in a  
14 chair, what was his position in the chair, et cetera.

15 Q Is it a nursing decision or a physician's decision  
16 whether to use a rubber ring for a patient?

17 MR. FULTOM: I have an objection.

18 It might be both.

19 A Well, I think the answer is it could be both. You  
20 know, there is some liberty taken with the daily care of  
21 patients in nursing homes and hospitals for their comfort  
22 when they are in various positions. Every time someone has a  
23 rubber ring or a pillow or a blanket, that isn't orchestrated  
24 by the physician. It may be orchestrated by nursing  
25 decisions.



1 Q Are you aware that Manor Care had a skilled care unit  
2 at the time Wilbur Hofelich was a patient there?

3 A Yes, I am.

4 Q Do you have an opinion as to whether Mr. Hofelich would  
5 have qualified as a skilled patient in April or May of 1988?

6 A I think that's on the basis of Medicare requirements  
7 and I think merely having a decubitus ulcer doesn't qualify  
8 you for skilled care. But I would have to check that with  
9 Medicare and Medicaid regulations at the time.

10 Q Do you know what treatment of a decubitus ulcer would  
11 qualify a patient for Medicare? Are you aware of any level  
12 of treatment, not necessarily the least level, but some level  
13 of treatment of a decubitus ulcer which would qualify?

14 A At this point, I would have to say I don't know the  
15 regulations specifically.

16 Q Do you know what services, if any, would have been  
17 available to Wilbur Hofelich in the skilled unit that weren't  
18 available to him in the Alzheimer unit where he was residing?

19 A That, I do not know.

20 Q Would you tell me what your understanding of the usual  
21 progression of Alzheimer's Disease is?

22 A Okay. Alzheimer's Disease is a central nervous system  
23 disease where pathologically there is destruction of brain  
24 tissue. People can have a presenile dementia, but the  
25 dementia can take a very significant form beyond just

1 normally being confused in presenile dementia to the point of  
2 not being able to function effectively in terms of the daily  
3 activities of life to cognitive dysfunction and physical  
4 dysfunction, and I think that's what really separates it to a  
5 greater degree from just growing old and being a little bit  
6 demented.

7 Q Will you describe the progression of the disease for  
8 us, please?

9 A I think that we see patients who have early or mild  
10 degrees of confusion, and as the confusion progresses, they  
11 become more confused, disoriented with the loss of the  
12 ability to perform certain activities of their daily life  
13 that were basically second nature to them to really becoming  
14 dehumanized in a sense. They go from being very functional  
15 people to becoming over time just total care patients near  
16 the end of their life.

17 The rate of progression is variable and I think what  
18 may happen is that we just are not sharp enough to sense  
19 early on how significant people's diseases may actually be,  
20 If we don't do formal mental status testing, they may be  
21 teetering along with family assistance. Oftentimes, by the  
22 time people reach nursing home levels, it's really sort of  
23 exploded into a rather significant level where people are  
24 really dysfunctional.

25 Q If the patient with Alzheimer's lives long enough, the

1 end stage can be a vegetative state, is that correct?

2 A Correct.

3 Q And in the vegetative state, the patient basically just  
4 lies there and is unable to have any interaction with the  
5 outside world, is that basically correct?

6 A It can happen that way.

7 Q At that stage, it wouldn't be unusual for a patient to  
8 be non-responsive to pain, **is** that correct?

9 A It could be such.

10 Q Have you, in your experience, ever seen a patient **who**  
11 had Alzheimer's disease prior to the vegetative state who was  
12 non-responsive to pain?

13 A Yes, but I just would like to say that one of the  
14 biggest problems with this group of patients is that at one  
15 moment in time they may tell you they have pain. Then they  
16 forget that they have pain, so to speak. They can identify a  
17 problem and then, just because **of** their cognitive function,  
18 not be able to express or really focus on that and it becomes  
19 sometimes insignificant to them.

20 And I've witnessed that in my nursing home experience.  
21 At 8:00 o'clock in the morning, someone's complaining about  
22 their knee hurts. You go back at 8:15 and talk to them about  
23 their knee and examine their knee and there is nothing you  
24 can elicit from them and they are pleasantly confused and  
25 oblivious to what was going on 15 minutes before. It's hard

1 to interpret what they really related. Was it they really  
2 forgot they had pain? Was it they really didn't have pain  
3 ever at all?

4 Q Or the pain went away?

5 A Or the pain went away. So you're dealing with a  
6 patient who is hard to really piece together as to whether  
7 they experience pain or not. And that's why in the previous  
8 comment I said it's hard to assume whether this gentleman  
9 could feel pain or not from the records.

10 Q Well, let me ask it this way: Have you ever observed  
11 Alzheimer's patients prior to the vegetative state who did  
12 not respond to a painful stimulus by trying to avoid it or by  
13 indicating that it wasn't painful?

14 A There are Alzheimer's patients who respond to pain, if  
15 that's what you're asking.

16 Q Well, I'm asking whether you've actually observed any  
17 who didn't respond to painful stimulus but who were not in a  
18 vegetative state.

19 A Yes.

20 Q Under what circumstances?

21 A Just during exams of clinical problems that have come  
22 up. You examine the patients and their pain threshold is  
23 either very high or they just didn't seem to flinch during  
24 the examination, and yet I would suspect that they should  
25 have some problem but did not.

1 Q How often have you seen that?

2 A I don't think I can -- half dozen times.

3 Q Have you cared for patients in nursing homes who have  
4 decubitus ulcers?

5 A Yes, I have.

6 Q And have you cared for such patients whose decubitus  
7 ulcer has been increasing in size?

8 A Yes, I have.

9 Q And how often do you visit such patients?

10 A Well, I have two aspects of my nursing home practice.  
11 One is private patients in nursing homes who I see once a  
12 month. Then for the last nine months I have been a staff  
13 physician at a nursing home where I round three mornings a  
14 week and one Sunday ever sixth in a facility that has a seven  
15 days a week physician in attendance for part of the day as  
16 well as a full-time medical director.

17 So there is a distinction in the patients that I see  
18 and how often I see them.

19 Q With respect to the private patients in nursing homes  
20 whom you see generally every 30 days, did you say --

21 A Correct.

22 Q -- have you on occasion seen patients who have  
23 decubitus ulcers that are increasing in size more frequently  
24 than every 30 days?

25 A No, I have not.

1 Q In your opinion, is there any relationship between the  
2 state of a patient's hydration and his ability to heal a  
3 decubitus ulcer?

4 A Patients do best when they are well-hydrated.

5 Q That includes their ability to heal a decubitus ulcer?

6 A I would say, yes.

7 Q Whose responsibility is it to assess the state of a  
8 patient's hydration? The physician? The nursing home? Both  
9 or neither?

10 A Both.

11 Q All right. Have you reviewed the laboratory tests  
12 concerning Wilbur Hofelich insofar as they give information  
13 about the state of his hydration in the spring of 1988?

14 A I've looked at them.

15 Q Did you gain any information which was pertinent to  
16 determining whether he was probably dehydrated in the spring  
17 of 1988?

18 A May I pull them?

19 Q Sure. At any time during the deposition you can refer  
20 to the records.

21 A Okay.

22 MR. FULTON: Just say what you're  
23 referring to, whether it's a Fairview record  
24 or the nursing home.

25 A Okay. I'm looking at a Smithkline Laboratories

1 computer printout of 4/26/88, which included a basic set of  
2 blood chemistries and a blood count, and also one on 4/29/88.

3 From looking at the blood chemistries, I would not say  
4 he was profoundly dehydrated by any means. We look at BUN  
5 and creatnine and the sodium, and on the basis of that, on  
6 both these occasions I would not say this man was profoundly  
7 dehydrated. Minor degrees of dehydration could be seen at  
8 this level of BUN and creatnine ratio, but I will stand by  
9 that in saying he was not profoundly dehydrated.

10 Along those lines, if you look at the hemoglobin and  
11 hematocrit and you view that as a guide to wonder if the  
12 patient is hemoconcentrated, his hemoglobin and hematocrit  
13 over those several days is in a fairly normal range, and, in  
14 fact, it fell from the 26th to the 29th as opposed to  
15 increasing as if he were hemoconcentrated. So that also says  
16 that he was not profoundly dehydrated.

17 It's always best to be able to see the patient and look  
18 at skin turgor and mucous membrane, et cetera, before you can  
19 really make assessments on labs because people are still more  
20 important than labs even in this high tech era.

21 Q Would you agree with me that patients with  
22 deteriorating decubiti should receive extra protein in their  
23 diet?

24 A Yes.

25 Q What method would you use to calculate how much extra

1 protein?

2 A Usually with the assistance of a dietitian and an  
3 assessment of what the current caloric intake is, what you  
4 suspect may be the protein catabolic loss and come up with  
5 what you think is a reasonable amount of total daily  
6 calories. And usually I say we would use the assistance of  
7 a dietitian to do that.

8 Q How would you attempt to assess the protein catabolic  
9 loss?

10 A In this setting, a nursing home setting, I think most  
11 people would make a gestalt. I don't think the standard of  
12 care would be such that people would do rigorous urinary  
13 nitrogen loss and aggressive maneuvers, and I think the  
14 approach of choosing a caloric intake that you think would be  
15 appropriate and then trying to fulfill that with supplements  
16 and oral intake from a standard diet would be the way most  
17 people would approach it.

18 Q You're saying that most people wouldn't order blood  
19 tests or urinary work?

20 A In this patient's setting, I would say no.

21 Q Why is that?

22 A I think it gets back to looking at the level of acuity  
23 with which people handle nursing home patients. Many people  
24 try to provide them with dignity, food, shelter, cleanliness,  
25 tender loving care, and as people are debilitated or



1 approaching the end of their lives, you try not to come up  
2 with aggressive approaches and costly approaches to working  
3 up problems. That doesn't mean they are neglected. It just  
4 means they take a different point of departure. I'm speaking  
5 from myself and many of the colleagues that I work with.

6 A 30 year old who has major surgery in a hospital, they  
7 may go ahead and do intravenous hyper<sup>ALIMENTA</sup> ~~enization~~ and workups of  
8 metabolic caloric use. I think that the standard of care is  
9 such that in most nursing home settings, people wouldn't be  
10 aggressive in trying to establish caloric needs but would  
11 still want to provide them.

12 a Would a simple blood test have been of some value in  
13 assessing the patient's nutritional status in early April of  
14 '88?

15 A I think when you look at the lab work done in the end  
16 of April, we see the albumin was slightly low <sup>AND</sup> in total  
17 protein, that's a gauge of nutritional status that we would  
18 get. Whether it was done in the early part of April, it  
19 wasn't crucial because supplements began in this patient in  
20 March when they noticed several pounds of declining weight  
21 and somewhat diminished oral intake.

22 If I'm not mistaken, I think I said that was March 19,  
23 '88 that supplements were begun. That's correct.

24 Q What would the cost have been of the blood tests which  
25 would have provided some gauge of nutritional status?

1 A The cost?

2 Q Yes. Few dollars?

3 A Possibly.

4 Q So that would not have been a costly or aggressive  
5 thing to order.

6 A Not a costly or aggressive thing to order.

7 Q Whose responsibility is it to assess the patient's  
8 nutritional status in a nursing home?

9 A It becomes part of the dietitian's responsibility of  
10 the nursing home and the physician.

11 Q But not the nursing staff?

12 A Nursing staff identifies and tries to carry out that  
13 the patient is fed, and if there are gaps in terms of feeding  
14 or inability to feed, it's their job to notify those people,  
15 meaning the dietitian and the physician, of ways to try and  
16 improve that situation.

17 Q In your report you mention that the Foley catheter was  
18 removed in January 1988 due, at least in part, to the  
19 family's wishes.

20 A Yes.

21 Q And it was reinserted April 1st, 1988, do you recall  
22 that?

23 A From what I can see in the records, that would be the  
24 time I place reinsertion.

25 Q Do you have an opinion as to what effect, if any, the

1 removal of the catheter had on the progression of his  
2 decubitus ulcer during late February and during March 1988?

3 A Given the fact the patient was bowel incontinent and  
4 bladder incontinent, they may have contributed together. But  
5 even had the Foley been in alone, you still have a lot of  
6 fecal material in the way. So it's a contributing factor but  
7 I must say that Foley's have their side effects, too. **And** in  
8 a man who has had frequent urinary tract infections and  
9 someone who has had urosepsis in the past, it's not a  
10 decision to leave it in that's taken lightly.

11 Q So it was also not unreasonable for the family to ask  
12 that it be removed in January of 1988?

13 A Nor was it unreasonable on the part of the doctor to  
14 allow it to be removed.

15 Q And the decision as to whether it was better for the  
16 patient to reinsert it in light of its possible contributory  
17 role to the progression of a decubitus ulcer versus the  
18 possibility of repeat problems of urosepsis or other related  
19 **Foley** problems was one for the physician?

20 MR. SEIBEL: I'm going to object  
21 because your question assumes, I think  
22 erroneously, that for the entire time this  
23 decubitus ulcer worsened. I don't think the  
24 records bear that out. But with that  
25 objection, you can go ahead and answer the

1 question.

2 MR. FULTON: Read the question back.

3 (Record read.)

4 A Ultimately the physician has to give the order to allow  
5 Foley's to stay in.

6 Q Or to be reinserted?

7 A Or to be reinserted,. but in any facility, that has to  
8 be a physician's decision once it's in to stay in or be  
9 reinserted.

10 Q If I understood part of your testimony a moment ago and  
11 I am isolating it, admittedly, not trying to repeat  
12 everything you've said, but the fact that the Foley was not  
13 being used in late February and March 1988 would probably  
14 have contributed in some measure to the progression of the  
15 decubitus ulcer.

16 MR. SEIBEL: Object.

17 MR. FULTON: You're being asked to  
18 assume in that question. I want you to be  
19 careful. about your answer.

20 A Well, it becomes an assumption that it could  
21 contribute, but as I said, he also was incontinent of bowel,  
22 so dirty products in the patient's decubitus stream, whether  
23 urine or stool, is equally bad. You're asking me to try and  
24 separate a percentage, and I could not do that.

25 Q No, I wasn't going to ask you that. I was only going

1 to ask you whether it was probably a contributing factor  
2 without being able to measure how much the contribution was.

3 A It could have been a contributing factor.

4 Q Would you agree with me that if the nursing home staff  
5 did not keep Wilbur Hofelich off his back most of the time in  
6 March, April and May 1988, that that failure would be below  
7 the standard of care for a nursing home?

8 MR. FULTON: I have an objection,  
9 but go ahead and have that read back. This is  
10 an assumption now, which is permitted under  
11 the law.

12 MR. DELBAUM: It's a hypothetical  
13 question.

14 (Record read.)

15 A The way in which I have to answer that is that if they  
16 did not make attempts to keep him off his back, it would be  
17 below the standard of care of a nursing home. If they made  
18 attempts that were unsuccessful, that's a different point.  
19 And you can't fault them, as I wrote in my report, as if they  
20 did nothing when it may have been a difficult maneuver to  
21 maintain this man off of his back.

22 Q To clarify your answer, would you also agree that if  
23 they didn't attempt to keep him off of his back most of the  
24 time in February, March, April and May of 1988, that that  
25 failure would be below the standard of care?

1 A If they did not make attempts to do that, I would say  
2 that would be below the standard of care.

3 Q Okay. Would you also agree that a nursing home is  
4 normally expected to take steps to minimize the pressure on a  
5 decubitus ulcer which is getting worse?

6 A Yes.

7 Q What steps are normally expected with respect to a  
8 patient like Wilbur Hofelich, who is rigid and can't  
9 cooperate in his own care, in order to minimize the pressure  
10 on a decubitus ulcer on his coccyx?

11 A Frequent turning usually at the two hour level, and in  
12 that situation, you would have to maintain him on a side to  
13 side schedule. That's the only way pretty much, or on his  
14 stomach, which would be very difficult for the patient to  
15 tolerate. So you're talking frequent turning with some type  
16 of supports to try and maintain him on his side.

17 Q What type of supports would normally be expected to be  
18 used to attempt to keep him on his side?

19 A Pillows, rolled up blankets, rolled up towels,  
20 something to that effect. Occasionally they might try to  
21 restrain him in that position, but that becomes quite  
22 difficult for the patient to tolerate long term.,

23 Q The pillows, rolled up blankets, towels, et cetera,  
24 that you were referring to would be used behind the patient  
25 when he's on his side, is that correct?

1 A Right, and between his legs trying to create an  
2 effective position so that the patient doesn't begin to  
3 slide.

4 Q And how effective are pillows, rolled up blankets or  
5 rolled up towels in keeping a rigid patient on his side?

6 A You might do well and you might not do well.

7 Q Under what circumstances would you expect to do well?

8 A Probably if you tied him down to the bed. I'm not  
9 trying to be facetious. It's just that to try and maintain  
10 people side to side who are not very mobile is exceedingly  
11 difficult. But as you can imagine, if you tied someone down  
12 to the bed for the bulk of their day, that's almost torture  
13 and the trade-off is to try to bolster the patient the best  
14 you can and make an effort to turn him from side to side on a  
15 several hourly schedule.

16 Q Under what circumstances would you expect the pillows  
17 or rolled up blankets and so forth behind the patient to be  
18 ineffective in keeping him off his back?

19 A I think I've really been describing that. I can't give  
20 you a specific circumstance. It's body habitus. It's what  
21 kind of contractures the patient has, how rigid he truly was.  
22 I don't think I can give you a scenario in which it might  
23 fail beyond what I've described.

24 Q I don't know what the term "body habitus" means.

25 A That means your physique, your build. If you're 4',

1 10" and 100 pounds versus if you're 4', 10" and 300 pounds.  
2 One would be petite, small body habitus. The other would be  
3 a large body habitus.

4 I think Mr. Hofelich was 5", 11", so he was somewhat  
5 lanky. He was in the mid range of weight, 150 to 160-ish  
6 pounds. He had contractures. He was rigid. I think that  
7 affects his ability in a nursing home bed to be optimally  
8 positioned.

9 Q Just so I understand what you mean by the effect of  
10 body habitus, would you expect it would be harder to keep him  
11 off his back if he had weighed 250 pounds or easier -- and  
12 was 5', 11", same person.

13 Just so I make myself clear, same person, Wilbur  
14 Hofelich, everything the same about him except he weighs 250  
15 pounds instead of roughly 150 some pounds. Would that make  
16 it easier or harder?

17 A I would assume it would be harder to keep him off his  
18 back as his weight increased due to rigidity contractures and  
19 his height. But don't underestimate the fact that he was 160  
20 pounds and still those same additional features were present,  
21 which made it difficult.

22 Q Do you have an opinion as to whether Wilbur Hofelich  
23 suffered from a protein nephropathy in the spring of '88?

24 MR. SEIBEL: A protein losing  
25 nephropathy?.



1 MR. DELBAUM: Correct. That's what  
2 I'm referring to.

3 A From the records that I have seen, I would say no.

4 Q Because of the way lawyers ask questions and legal  
5 requirements, we condensed two things into one question or  
6 response there, I think, and I want to clarify that.

7 I asked whether you had an opinion as to whether he  
8 probably had a protein losing nephropathy, and I think your  
9 answer is, "Yes, I have an opinion, and the opinion is that  
10 he probably did not have a protein losing nephropathy."

11 MR. SEIBEL: Based upon **the** records  
12 **he** reviewed.

13 MR. DELBAUM: Correct.

14 A I will repeat it. Based upon the records I've  
15 reviewed, I have an opinion, and I feel that he did not have  
16 a protein losing nephropathy.

17 Q I just cut about ten minutes out of the deposition.

18 MR. FULTON: You can take all the  
19 time you want, but do you think you will be  
20 done by 12:00?

21 MR. DELBAUM: Oh, yes,  
22 Off the record.

23 (Discussion **bad** off **the** record.)

24 Q In the blood tests that we were looking at earlier, the  
25 second of the two for April 29, I have a question, if you

1 would pull that out, please.

2 A Yes.

3 Q The hematocrit level is somewhat low, is it not?

4 A No. On 4/29/88?

5 Q Yes. 39.3?

6 A No, that's fine.

7 Q For a man?

8 A That's fine.

9 Q What level is low for a man?

10 A For a 75 year old man, I would accept a hemoglobin of  
11 13 and hematocrit of 39 as acceptable and I would say less  
12 than 35 or 36 would be low.

13 Q How about for a 40 year old man?

14 MR. SEIBEL: What bearing does that  
15 have on this case?

16 THE WITNESS: I will answer, if you  
17 don't mind.

18 MR. SEIBEL: I don't mind at all,  
19 Doctor. I think he's wasting your time, but  
20 go ahead.

21 A If you came into my office with a hemoglobin of 13 and  
22 a hematocrit of 39.3 and you were 40 years old, in and of  
23 itself I would not be concerned.

24 Q Okay. Apart from being concerned, though, that would  
25 be considered low for somebody in his 40's, is that correct?

1 A No.

2 Q Okay. That's what I'm trying to get at.

3 A No.

4 Q It's not age-dependent. You mentioned for a 75 year  
5 old person.

6 A You have to understand something. People take ~~hemoglobin~~  
7 ~~hemolytic~~ <sup>and hematocrit</sup> numbers and say this is what it should be. There  
8 are people that have anemia for a lot of different reasons.  
9 Sometimes it's chronic disease; sometimes because they lose  
10 blood, and that's why they have their anemia. There are  
11 people who have normal hemoglobin and hematocrits <sup>"then clinical status"</sup> given and  
12 if you look at a lot of 70-some year old people, this is an  
13 acceptable hemoglobin and hematocrit.

14 Now, they can give you rigid ranges for, you know,  
15 people and say everybody has to have a hematocrit of 45.  
16 That doesn't make any sense to me. I don't view numbers that  
17 way. You're looking at the oxygen-carrying capacity of  
18 hemoglobin and hematocrit as a reflection of the volume of  
19 those red cells in circulation. And I think this is fine.

20 Q I'm trying to understand, and the reason I asked you  
21 about people in their 40's is whether your answer is that for  
22 people in their 70's a hematocrit of 39 doesn't necessarily  
23 indicate a problem or whether you're saying for men in  
24 general it doesn't indicate a problem?

25 A Taking in isolation that hemoglobin and hematocrit, I

1 personally would view as acceptable for a 40 year old man or  
2 75 year old man. I'm sorry I didn't clarify that.

3 Q The white blood cell count is somewhat high in the  
4 April 29, 1988 studies based on what the laboratory felt was  
5 the usual range of normal. Do you agree that it was high?

6 A It was elevated.

7 Q Do you have an opinion as to the probable cause of its  
8 elevation?

9 A Excuse me one second.

10 An elevated white count is an indication of an  
11 infection. I'm not trying to be facetious. The point is  
12 that it could be related to his decubitus. It could be  
13 related to the urine. It could be related to a process in  
14 his lungs. Could be related to a skin process removed from  
15 the decubitus. So all you can say is that at that point in  
16 time there was an elevation of the white count without a left  
17 shift, which means immature forms of white cells being  
18 present, and you would have to do an assessment of the  
19 patient to look for a source of infection.

20 Q Is it also true that elevated white blood count and  
21 diminished hematocrit are consistent with malnutrition?

22 A Diminished red cell count could be a manifestation of  
23 malnutrition with regard to iron, vitamin B-12 and folate.  
24 If you look at the hemoglobin, hematocrit, RBC, MCV, there is  
25 no indication from the CBC, complete blood count, if you look

1 at that in isolation that there was a deficit of components  
2 necessary to produce adequate amounts of red blood cells. I  
3 would not say, in my experience, that elevated white counts  
4 are seen in malnutrition states from my experience.

5 Q Do you know Dr. Suntala?

6 A No, I do not.

7 Q Would you describe for me, please, the stages of  
8 decubitus ulcer development?

9 A Okay. At the nursing home that I work at, they call it  
10 good and alert stage, which people don't talk about, where  
11 you just sort of suspect something might be there. Stage one  
12 is usually erythema. That's where most people really begin  
13 without any disruption in the skin's integrity to any  
14 significant degree.

15 Stage two, there is breakdown to the level of the  
16 dermis.

17 Stage three is into the deep subcutaneous tissue, and  
18 stage four is where you're very deep and you can get down to  
19 fascia, muscle, bone.

20 Q What treatment is appropriate for a stage two  
21 decubitus?

22 A Well, appropriate, there are a lot of options, cleaning  
23 the wound. Some people use mild soap. Some people use just  
24 sterile saline. Some people might wash it with peroxide.  
25 Someone may use Duoderm. Some may use Granulex. Some may

1 use Maalox. You can use sugar and Betadine. There are a lot  
2 of different vehicles to create debridement and healing.  
3 You're trying to just stimulate good, healthy granulation  
4 tissue to develop.

5 Now, stage two, stage three, you're kind of in the same  
6 ball park. But clearly you want to clean the wound and  
7 provide some stimulus for getting to healthy tissue.

8 Stage one is probably more just cleaning and maintaining  
9 skin integrity.

10 *a* Well, my next question, which I'm sure you anticipated,  
11 is what's the appropriate treatment at stage three? Do you  
12 have anything to add to what you've already said about the  
13 stage two treatment?

14 *A* I think it's a continuum, and because there is no rigid  
15 rule, you can't open up a book that says what to do for this  
16 or this. So it's hard to say.

17 There are multiple options. You look at the wound and  
18 you make a decision on the basis of what you see. One  
19 nursing home I worked at on staff has a policy. The doctors  
20 don't even make an opinion with regard to how a wound is  
21 cared for. The medical director has established a policy and  
22 this is what they do in every situation. But at most nursing  
23 homes, there are a lot of options because you have a lot of  
24 different physicians and physician's discretions, and I can't  
25 say one is more right or one is wrong.

1 Q There is a skin treatment chart or skin care chart in  
2 the Manor Care records. Right, right on top of yours.

3 A Yes.

4 Q **And** in that chart the nurse who filled it out has  
5 different stages at different times. Do you see that  
6 section?

7 A Yes.

8 Q Do you have an opinion as to whether those evaluations  
9 of the stages were correct at the time they were made?

10 A I have to take these at face value. I wasn't there to  
11 see them. And it seems appropriate. I think early in  
12 February that might be a little bit of an over call. Stage  
13 two might have really been sort of a one and a half. Clearly  
14 if they have got some deep wound report, then I think they  
15 are fair in saying that it's moved on.

16 Q To a stage two?

17 A To a stage two.

18 Q As of April 11?

19 A Yes, and I think that, you know, clearly when you start  
20 saying, "Is it a 3," it's a matter of how deep they think the  
21 wound is.

22 **a** So you wouldn't disagree with the assessment that it  
23 was a stage three on April. 18?

24 MR. FULTON: Objection. He said he  
25 had to take it at face value. He didn't see

1 the patient. Go ahead and answer.

2 A I would stand by what I said. If this is how the  
3 treatment nurse interpreted what she saw, it could be  
4 consistent with a progression that seems appropriate.

5 Q My question perhaps wasn't clear enough. Let me phrase  
6 the question a different way to get at what I'm looking for.

7 Do you have any basis on which to disagree with the  
8 nurse's assessment of the stages from April 11, 1988 on out  
9 until May 16, 1988?

10 A I don't doubt what they wrote here on the basis of what  
11 I've reviewed.

12 Q Do you have an opinion as to how much time was  
13 appropriate for Wilbur Hofelich to be up in a gerichair  
14 during March of '88?

15 A You said March of 1988?

16 Q Yes.

17 A Excuse me one second.

18 MR. FULTON: Is that how long he had  
19 been up?

20 MR. DELBAUM: How much was  
21 appropriate.

22 A What I'm referring to is really some nursing  
23 documentation of time in bed and gerichair time. In the  
24 month of March, he spent some daytime periods up in a  
25 gerichair. I can't tell you how much of that time on that



1 shift was spent in the gerichair and I think limited amounts  
2 of time would have been appropriate for his psychologic  
3 well-being and the family's well-being because that seemed  
4 like a lot of his interaction time.

5 But on the basis of the records, I couldn't tell you  
6 how much time he truly spent up in the gerichair and it would  
7 be impossible to really say what was the optimal amount of  
8 time. Clearly optimal time off of a decubitus, it's possible  
9 when he was up in the chair they were able to keep his  
10 decubitus -- well, less pressure upon it. And once again,  
11 that gets back to nursing and how successful they were of  
12 keeping him comfortable in the chair.

13 Q Are you able to give me a range of times that you  
14 believe were appropriate for him to be up in a gerichair in  
15 March, or are you not able to do that?

16 A Not really.

17 Q How about in April, 1988?

18 A Once again, I couldn't give you any magic number.

19 Q Or a range of times?

20 A Or even a range. Clearly it was dependent upon how  
21 successful anyone could be at maintaining less pressure upon  
22 his decubitus, whether he was in bed or in a chair. I don't  
23 think just being up in a chair in and of itself meant that it  
24 was impossible to provide him with somewhat of a  
25 pressure-free environment.

1 Q I assume your answer is the same for May of '88?

2 A Yes.

3 Q Did you want to look at something?

4 A I just wanted to refresh my mind, and the answer would  
5 remain the same as before.

6 Q What's your understanding of any problems with  
7 decubitus ulcers that Wilbur Hofelich had while he was at St.  
8 Augustine Manor?

9 MR. FULTON: He's still there.

10 MR. DELBAUM: Yes, I was going to  
11 rephrase that.

12 Q What's your understanding of any problems that Wilbur  
13 Hofelich has had with decubitus ulcers since he's been a  
14 patient at St. Augustine Manor starting in June of '88?

15 A My understanding would be that the coccygeal decubitus  
16 ulcer, which was debrided by Dr. Trillis, had slow  
17 improvement, at least at the time of the deposition of Dr.  
18 Santiago, although was not completely resolved. There was  
19 some new breakdown noted, as I recall, scrotal and sacral,  
20 and the doctor did indicate, that is, Dr. Santiago, that he  
21 still has problems with his skin integrity at the new nursing  
22 home.

23 Q Apart from the areas of the body that you've just  
24 mentioned, specifically, coccygeal, scrotal and sacral, are  
25 you aware of any problems with skin breakdown that Wilbur

1 Hofelich has had at St. Augustine Manor?

2 A Not beyond what I've just stated. I never saw records  
3 from St. Augustine.

4 MR. FULTON: I just asked Bob --

5 MR. SEIBEL: I have them.

6 MR. FULTON: He has them but --

7 MR. DELBAUM: I have them.

8 A You have them?

9 Q Yes.

10 A The only thing I'm referring to is the deposition of  
11 Dr. Santiago.

12 Q Right.

13 MR. FULTON: I don't know. I'm  
14 assuming you don't have them. I don't  
15 remember. I don't know why that would be, but  
16 if you want to show him something, fine.

17 Q Well, maybe we can simplify this. Any information you  
18 would have regarding decubitus ulcers of Wilbur Hofelich at  
19 St. Augustine Manor would come from the deposition of Dr.  
20 Santiago, is that correct?

21 A Correct, and he did make mention that that is still a  
22 problem for Mr. Hofelich.

23 MR. FULTON: I wouldn't want to be  
24 limited and not be able to use them at the  
25 time of trial.

1 MR. DELBAUM: I understand that. I'm  
2 trying to find out what his information is  
3 now.

4 MR. FULTON: Yes.

5 MR. SEIBEL: I think we have  
6 stipulated for the record as to their  
7 authenticity.

8 MR. FULTON: We did, yes,

9 MR. DELBAUM: Yes.

10 MR. FULTON: They were probably sent  
11 to me and I put them in the wrong file. I've  
12 done that before.

13 Q Showing you what has been marked for identification as  
14 Plaintiff's Exhibit 1, that is a copy of your curriculum  
15 vitae, is that correct?

16 A Yes.

17 Q Is that current or are there any additions to it that  
18 should be made to make it current?

19 A Probably two additions. For the last nine months, I've  
20 been a staff unit physician on an Alzheimer's unit at Menorah  
21 Park Nursing Home, although that will stop as of this week.  
22 And just that I'm on an advisory board for Upjohn Home Health  
23 Services. I'm in my second year of that position, which is  
24 a voluntary position.

25 Q Does your work with Upjohn have anything to do with the

1 care of decubitus ulcers?

2 A Not per se. It's really an advisory board to home  
3 health care services so that there may be decubitus ulcers  
4 being treated in the home setting by nurses going out to the  
5 home, but it's more of an advisory board just in terms of  
6 quality assurance and management and that kind of thing.

7 Q Approximately how many patients at Menorah Park are you  
8 caring for currently?

9 A I'm responsible for -- I think it's about 55 people.

10 Q Since you started at Menorah Park about nine months  
11 ago, approximately how many Alzheimer's patients have you  
12 cared for in total?

13 A I will say it's about 40-ish.

14 Q 40 who are no longer there?

15 A No. There has been some deaths and new patients and  
16 its focus is pretty much an Alzheimer's unit. There are some  
17 people who are total care who are more mentally capable. I'm  
18 trying to decipher in my mind how many people are  
19 Alzheimer's.

20 I would say 40. It's the net if I add them up and  
21 multiply or whatever.

22 Q Just so we're clear in communicating together, let me  
23 try it from this direction. Approximately how many patients  
24 have you cared for in total at Menorah Park, regardless of  
25 what their problem was, since you started there?

1 A I would say about 70.

2 Q 55 are still there and there are about 15 others where  
3 there has been some turnover?

4 A Right, and the turnover was related to death.

5 Q And of the roughly 70 total patients that you've cared  
6 for at Menorah Park, approximately 40 have been Alzheimer's  
7 patients?

8 A Correct, with varying levels in the course of their  
9 diseases.

10 Q How did you come to get the staff position at Menorah  
11 Park?

12 MR. FULTON: Wait a minute. That  
13 may be something he's not required to answer.

14 MR. DELBAUM: If you want to --

15 MR. FULTON: Do you want to confer?  
16 Do you have any trouble answering that?

17 THE WITNESS: No.

18 A I was interested in doing some geriatrics work. A job  
19 came long and I opted to take that job.

20 Q Apart from your work at Menorah Park, where else have  
21 you cared for patients in nursing homes?

22 A Suburban Pavilion, Judson Park and Margaret Wagner.

23 Q Can you estimate approximately how many patients you've  
24 cared for at Suburban?

25 A There was one patient there and there has been one

1 currently at Judson Park. There have been two at Margaret  
2 Wagner. All this spans roughly the last two years.

3 Q So is it a fair statement that over the last roughly  
4 two years you've cared for approximately four patients at  
5 nursing homes other than Menorah Park?

6 A That's correct.

7 Q How many of those were Alzheimer's?

8 A I would say none of the four that were there.

9 MR. FULTON: Did you say "one" or  
10 "none"?

11 THE WITNESS: None of those four.  
12 One patient had a dementia that I suspected  
13 was a non-Alzheimer's dementia.

14 Q When you were in medical school, did you take any  
15 courses that were related to the care of decubitus ulcers?

16 A No.

17 Q When you did your residency in internal medicine at  
18 University Hospitals of Cleveland, at VA and Case Western  
19 Reserve, from 1983 to 1986, did you have occasion to care for  
20 elderly patients with decubitus ulcers?

21 A Definitely.

22 Q Can you estimate approximately how many?

23 A No, I can't.

24 Q These patients were not in a nursing home setting, were  
25 they?

1 A They were all in an acute care hospital setting.

2 Q In your residency in diagnostic radiology between '86  
3 and 1988, did you have occasion to care for patients with  
4 decubitus ulcers?

5 A No.

6 Q After you finished your residency in diagnostic  
7 radiology, you began private practice July of 1988?

8 A That's correct.

9 Q What's the nature of your practice been since July of  
10 '88?

11 A It's internal medicine representing patients in ages  
12 from 15 to 16 on up to 100 years of age. It's a  
13 suburban-based practice in Shaker Heights. I'm predominantly  
14 affiliated with St. Luke's but I also have privileges at Mt.  
15 Sinai and University Hospitals and a large volume of the  
16 practice that I have is an ambulatory Medicare practice.

17 Q Most of those patients are elderly?

18 A Yes. That's the nature of internal medicine in a lot  
19 of ways.

20 Q Have you practiced radiology at any time since July  
21 1988?

22 A No. I did not complete that residency. I made a  
23 return to primary care that was by choice, so essentially the  
24 two years I spent doesn't place me board eligible. It was  
25 just two years of post-residency training. During the time I



1 was in radiology, though, I was practicing some internal  
2 medicine.

3 Q While you were practicing internal medicine and working  
4 on your residency in radiology, were you caring for any  
5 patients in nursing homes?

6 A Most of that was emergency room-based work or a clinic  
7 setting.

8 Q What areas do you teach as a clinical instructor at  
9 Case?

10 A Part of that title is because I teach residents at St.  
11 Luke's Hospital. In the last 20 months, I've attended on the  
12 medical wards five months. That's where I'm the physician of  
13 record for the residents on the staff service. **And** I teach  
14 weekly one day a week on the average in the medical resident  
15 clinic at St. Luke's. I taught one month as a preceptor in a  
16 clinical decision-making course at the medical school last  
17 April and I will be doing that again this May. That's at the  
18 medical school.

19 **a** Have you had occasion to teach students about the care  
20 of decubitus ulcers?

21 A No.

22 Q Why will you no longer be affiliated with Menorah Park  
23 in the next week or so?

24 A It's a personal decision.

25 Q Have you entered into any arrangements with other

1 nursing homes to go on to the staff of a different nursing  
2 home?

3 A No, I have not at this point.

4 Q Have you taken any continuing education courses  
5 regarding or that included the subject of the care of  
6 decubitus ulcers?

7 A Not specifically directed to decubitus ulcer care.

8 Q Of the patients you've cared for in nursing homes, can  
9 you estimate how many have developed decubitus ulcers while  
10 under your care?

11 A I will say a third.

12 Q Can you estimate what percentage of that one-third have  
13 developed decubitus ulcers which have progressed beyond an  
14 inch in diameter?

15 A I'm just trying to remember.

16 Q I understand that's not something you think about every  
17 day.

18 A No, because I think about people. I don't think about  
19 ulcers.

20 I will say about five and (one and) additionally, I would  
21 say one in the hospital setting. That was a patient who did  
22 not go on to a nursing home.

23 Q Can you estimate how many of the patients you've cared  
24 for at nursing homes have developed decubitus ulcers greater  
25 than two inches in diameter?

1 A It would be the same number. The group that I'm  
2 thinking about specifically, these people had, as I remember  
3 them, large decubitus ulcers, meaning, I would say, somewhere  
4 in the two to four inch range or one to four inch, if that's  
5 where you're taking me.

6 Q I understand. That point you just said, that there  
7 have been about five people roughly in your nursing home  
8 population who have developed decubitus ulcers that have been  
9 as large as one to four inches --

10 A Correct.

11 Q -- were all of those greater than two inches?

12 A I'm going to say yes.

13 Q Did you do any surgical debridement for any of the  
14 patients who developed decubitus ulcers greater than two  
15 inches?

16 A Surgeons were involved in -- I'm going to say two of  
17 them. I did not debride them myself manually, and the others  
18 had medical debridement.

19 Q In answering my question, which was unintentionally  
20 imprecise, how have you been thinking in your own mind of the  
21 dimension as being greater than two inches? What are you  
22 measuring? The size of the irritated tissue? The reddened  
23 tissue? The size of the hole that was there?

24 A I'm thinking the size of the hole, which means you  
25 measure, if it's a round ulcer, the diameter until you get to

1 the rim of relatively healthy tissue, albeit erythematous, but  
2 crater size, so to speak.

3 Q So roughly three of five patients who had decubitus  
4 ulcers greater than two inches in crater size had medical  
5 debridement?

6 A Can you just repeat that?

7 MR. DELBAUM: Sure.

8 (Record read.)

9 MR. FULTON: You stated before there  
10 was surgical intervention.

11 A I thought you said two but I would say that's correct  
12 as it stands.

13 Q And never had surgical debridement?

14 A Correct.

15 Q Did they heal?

16 A One is healing nicely over the last nine months. It is  
17 about the size of a dime. That was a heel lesion. And the  
18 other patient died before he could heal but he did not die  
19 because of his decubiti.

20 Q We actually had three patients that had decubitus  
21 ulcers greater than two inches who only had medical  
22 debridement. Can you think of what happened to the third  
23 one?

24 A Were we talking about medical debridement or surgical  
25 debridement?

1 Q The ones only who had medical.

2 A I'm sorry. The medically debrided ones are healing,  
3 all of them. The previous comments I made were with respect  
4 to the surgical debridement cases. One ended in death, *not related to the d. u.*  
5 There was one non-nursing home patient, which would be the  
6 sixth patient, who is healing medically and doesn't want  
7 surgical debridement.

8 Q Did any of those who had medical debridement of a  
9 decubitus ulcer, which was more than two inches in size, have  
10 purulence at the time of the medical debridement?

11 A Initially the answer would be no when the initial  
12 debridement began.

13 Q They did not have purulence?

14 A That's correct.

15 Q Did they develop purulence after the initial  
16 debridement began?

17 A I'm trying to recall. The answer would **be** I think  
18 there were brief periods of time in the course where they did  
19 become somewhat purulent. I would have to really look  
20 through it specifically to see, but on the balance they **did**  
21 very well. It might have required a brief course of  
22 antibiotics along the way or topical antibiotics, but medical  
23 debridement seemed to be successful.

24 Q Where were the ulcers located in the case of these  
25 three who had ulcers greater than two inches and successful

1 medical debridement?

2 A Once again, I'm trying to remember. I have had quite a  
3 few heels and malleoli, which means around the ankle, and  
4 there have been some sacral processes as well. I wish I  
5 could give you specifics. I mean, I sort of lump them  
6 together in my mind. I mean, there may even be more because  
7 some of them have been a lesser stage and they healed and I'm  
8 trying to remember. But I would say it's sacral, heel and  
9 malleoli.

10 Q Is it your recollection that there was one of each for  
11 these three patients? In other words, one had a sacral, one  
12 had a heel, one had an ankle, or you're not sure where they  
13 were?

14 A What I think about is the large ulcers that I've seen  
15 over the last year, I know for a fact I have had a couple  
16 heels, a couple malleoli, some sacral processes. I must tell  
17 you, I didn't bring those records with me to think back on  
18 them. I'm trying to give you an overview. I've seen them  
19 high and low. Some of them got fairly sizeable and of the  
20 third that I quoted to you of patients, a lot of them were in  
21 earlier stages and did very **well**. So I don't have as great  
22 of a recollection. Those could be anywhere from the sacrum,  
23 the greater trochanter to the buttocks. It's a whole gamut  
24 from the sacrum down.

25 Q With respect to the patients with sacral dicubiti, what

1 measures did you order to keep them off their back?

2 A The nursing home that I work at makes attempts to turn  
3 patients effectively and bolster them on their sides, if need  
4 be, and limit times up in their wheelchair or gerichair,  
5 depending upon the lesion. Really similar efforts as I  
6 described were done at Manor Care and would be probably done  
7 by any other nursing facility.

8 Q Do you have an opinion as to whether any circulatory  
9 problems that Wilbur Hofelich had probably contributed to any  
10 difficulty in his decubitus ulcer healing?

11 A My opinion is that I wouldn't put a circulatory  
12 component in specifically. I think he suffered from pressure  
13 ulcers because of the pressure phenomena on the coccyx, and  
14 it could happen to probably anyone in this room if you could  
15 provide enough pressure onto an area of skin over a period of  
16 time.

17 Q Is your answer with respect to circulatory problems any  
18 different with respect to the failure of the decubitus ulcer  
19 to get better during March or April of 1988?

20 A I think the fact that at times he had some granulation  
21 tissue, the fact that with surgical debridement he went on to  
22 granulate, the implication from that is that he had the  
23 potential to heal. If he had been diabetic, there might have  
24 been a contributing small vessel disease process. We didn't  
25 really identify that. And I would not invoke another

1     circulatory process --

2     Q       As a problem for him?

3     A       -- as a problem with the decubitus healing.

4     Q       Do you read any journals of geriatric medicine  
5     regularly?

6     A       There is a geriatric care -- we call it a throw-away,  
7     so to speak. Family Physician focuses on geriatrics  
8     somewhat. JAMA focuses occasionally an article on geriatrics  
9     but I don't read specifically geriatric journals. They are  
10    more under the scope of internal medicine, which may  
11    encompass some geriatric literature.

12    Q       Are there any texts that you consult when you want to  
13    learn more about a geriatric medical problem?

14    A       Well, most of us use Harrisons frequently, which is a  
15    general textbook of internal medicine. Cecils, which is  
16    another textbook of internal medicine. There are ambulatory  
17    care books.

18            See, a lot of my practice is ambulatory geriatrics,  
19    which is evolving on its own, so to speak, what you want to  
20    provide in terms of care in preventive medicine. And  
21    certainly neurological texts <sup>Adams & Victor</sup> and documents if I want to refer  
22    to specific neurologic problems, which you occasionally see  
23    in the treatment of the aging. The Medical Letter.

24    Q       Whose medical letter?

25    A       It's called The Medical Letter, which is an assessment



1 of new drugs and therapies on the market, and, in fact, a  
2 recent one was just directed to the care of decubiti.

3 Q Who publishes that?

4 A I have it with me. I can give you a copy, if you would  
5 like.

6 Q I would love one, if counsel for the party you're  
7 involved with won't object.

8 MR. FULTON: As long as we all have  
9 a copy of it, I don't care. I'm easy to get  
10 along with.

11 MR. DELBAUM: I will stipulate to  
12 that.

13 MR. FULTON: Sometimes.

14 Q Have you had occasion to research or look at a medical  
15 text **in** the last year regarding the care **of** decubitus ulcers?

16 A Not a medical text per se.

17 Q What have you --

18 A I was referring to The Medical Letter. The nursing  
19 **home** I was working **at**, Menorah Park, had protocol on skin  
20 care and management. It's education that's not in **a**  
21 textbook.

22 Q **Did** you follow the protocols at Menorah Park while  
23 you've been associated there?

24 A Right. It's predominantly handled via nurses who have  
25 alerted me to **problems** and I've authorized them to follow

1 through on the stage by stage care if I was in agreement with  
2 them.

3 Q Do the protocols at Menorah Park deal with such things  
4 as which medical debridement agent to use?

5 A They are very specific. Elace is one of them. ~~Dacon's~~  
6 solution is one of them. They wash wounds with Dial soap.  
7 They use A & N decubitus ointments on early stages. They  
8 have it mapped out fairly rigorously.

9 Q Do you know if they use a stream of normal saline  
10 solution to cleanse the wound before applying Elace when they  
11 are using Elace?

12 A I don't believe they do.

13 Q You haven't authored any articles on geriatric  
14 medicine, have you?

15 A No, I have not.

16 Q Have you authored any articles on medical legal  
17 matters?

18 A No, I have not.

19 Q Given any speeches on either of those subjects?

20 A No, I have not.

21 Q Can you tell me what your fee for this deposition is,  
22 please?

23 MR. FULTON: I would tell him  
24 depends who is paying for it. Since I'm  
25 paying for it, it better be lower. If you're

1 paying for it -- I agreed I would take care of  
2 it, didn't I?

3 MR. DELBAUM: No, you didn't.

4 MR. FULTON: Yes, I did.

5 MR. DELBAUM: Did you?

6 MR. FULTON: I certainly did. Put  
7 that off the record.

8 (Discussion had off the record.)

9 A Dependent upon the time, if we finish about noon, it  
10 will be about \$500.

11 Q And to testify at trial?

12 MR. FULTON: Probably never thought  
13 about it.

14 A I would suspect that it will be around that. Depends.  
15 I will do it on how much time I spend.

16 Q What's your hourly rate?

17 A It would be \$250.

18 MR. DELBAUM: I don't have any other  
19 questions. Thank you, Doctor.

20 MR. SEIBEL: I just want to look at  
21 his report for a second.

22 MR. FULTON: Off the record.

23 (Discussion had off the record.)

24 MR. SEIBEL: No questions.

25 MR. DELBAUM: The question of waiver

1 of signature?

2 MR. FULTON: He may want to look at  
3 it.

4 THE WITNESS: I want to look at it.

5 MR. DELBAUM: Can we agree to  
6 shorten the time since trial is Monday?

7 MR. FULTON: First of all, I will  
8 agree that you won't have any problem with  
9 respect to trial. In other words, he wants to  
10 read it but you can cross-examine. He can  
11 read it and make changes. There won't be a  
12 problem with you using it in court if there is  
13 no waiver.

14 MR. DELBAUM: The transcript will be  
15 ready tomorrow so --

16 MR. FULTON: You can still use it.  
17 I'm telling you, you can use it even though he  
18 hasn't had a chance to sign it, but I want him  
19 to have an opportunity to change it or  
20 something medically that's not correct and he  
21 has a right to do it.

22 MR. DELBAUM: That's fine.

23 THE WITNESS: I would like to read  
24 it, though. I will be in my office all day  
25 tomorrow and all day Friday.

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(Deposition concluded.)

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Jeffrey Adam Ross, M.D.

Computer-Aided Transcription By  
CERTIFIED COURT REPORTERS

The State of Ohio,     )  
                              ) SS:                   CERTIFICATE  
County of Cuyahoga.    )

I, Mary Ann Koval, a Notary Public within and for the State of Ohio, duly commissioned and qualified, do hereby certify that the within-named JEFFREY ADAM ROSS, M.D. was by me first duly sworn to testify the truth, the whole truth, and nothing but the truth in the cause aforesaid; that the testimony then given by him/her was by me reduced to stenotypy in the presence of said witness, afterwards transcribed upon a computer, and that the foregoing is a true and correct transcript of the testimony so given by him/her as aforesaid.

I do further certify that this deposition was taken at the time and place in the foregoing caption specified and was completed without adjournment.

I do further certify that I am not a relative, counsel or attorney of either party or otherwise interested in the event of this action.

IN WITNESS WHEREOF, I have hereunto set my hand and affixed my seal of office at Cleveland, Ohio on this 15th day of March, 1990.

Mary Ann Koval  
Mary Ann Koval, Notary Public  
in and for the State of Ohio.

My Commission expires 10-13-91.