

1 IN THE COURT OF COMMON PLEAS
2 OF CUYAHOGA COUNTY, OHIO
3 BESSIE M. BROOKS,
4 Individually and as
5 Administrator of the Estate
6 of Lee Thomas Brooks,
7 Plaintiff,
8 vs. Case No.
9 THE CLEVELAND CLINIC 397309
10 FOUNDATION, et al.,
11 Defendants,
12 - - - - -
13 Deposition of DAVID C. PRESTON,
14 M.D., called for examination under the
15 statute, taken before me, Lauren I.
16 Zigmont-Miller, a Registered
17 Professional Reporter and Notary Public
18 in and for the State of Ohio, pursuant
19 to notice and stipulations of counsel,
20 at the offices of Becker & Mishkind,
21 Skylight Office Tower, 660 West 2nd
22 Street, Suite 660, Cleveland, Ohio, on
23 Monday, October 30, 2000, at 4:55
24 o'clock p.m.
25 - - - - -

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DEPOSITION OF DAVID C. PRESTON, M.D.

<p>Page 2</p> <p>1 APPEARANCES: 2 . 3 On behalf of the Plaintiff 4 Becker & Mishkind, by 5 HOWARD D. MISHKIND, ESQ. 6 KATHRYN REGNERY-VADAS, ESQ. 7 Skylight Office Tower 8 Suite 660 9 Cleveland, Ohio 44113 10 (216) 241-2600 11 . 12 On behalf of the Defendants: 13 Reminger & Reminger, by 14 JAMES M. KELLEY, 111, ESQ. 15 The 113 St. Clair Building 16 Suite 700 17 Cleveland, Ohio 44113 18 (216) 687-1311 19 ---- 20 . 21 . 22 . 23 . 24 . 25 .</p>	<p>Page 4</p> <p>1 that? 2 A. In regards to medical-legal 3 cases I review in the neighborhood of 4 five to eight cases per year. I've 5 been doing this for the past 10 to 12 6 years. I've been in jury trials giving 7 testimony approximately five or six 8 times in my career, and I've been 9 deposed about 20 times in my career, 10 however, half of those were in regards 11 to being an impartial medical examiner 12 for the State of Massachusetts when I 13 lived in Boston. 14 MR. MISHKIND: He just 15 answered the next four questions for 16 you. 17 Q. I assume you also testify as 18 a neurologist with some frequency in 19 auto cases and things such as that 20 where there's injuries? 21 A. No, I do not. 22 Q. The medical-legal cases that 23 you review, the five to eight per year, 24 do you belong to any referral source 25 that sends them to you?</p>
<p>Page 3</p> <p>1 DAVID C. PRESTON, M.D., of lawful 2 age, called for examination, as provided 3 by the Ohio Rules of Civil Procedure, 4 being by me first duly sworn, as 5 hereinafter certified, deposed and said 6 as follows: 7 EXAMINATION OF DAVID C. PRESTON, M.D. 8 BY-MR. KELLEY: 9 Q. Could you state your name, 10 please, just for the record? 11 A. David C. Preston, M.D. 12 Q. Dr. Preston, my name is Jay 13 Kelley. We just met briefly. I 14 represent The Cleveland Clinic 15 Foundation in a lawsuit that was filed 16 on behalf of the Estate of Mr. Brooks. 17 What I'm going to do here today is take 18 your deposition. 19 Have you ever had your 20 deposition taken before? 21 A. I have. 22 Q. And have you ever acted as 23 an expert witness before? 24 A. I have. 25 Q. How frequently do you do</p>	<p>Page 5</p> <p>1 A. Not that I'm aware of. 2 Q. Do you know how it is that 3 these lawyers, whether it be plaintiff 4 or defense lawyers, get your name? 5 A. I have no idea. 6 Q. I know you've given some 7 depositions before. Let me just set 8 forth the ground rules so we have them 9 on the record here. 10 Obviously our 11 communication has to be verbal so that 12 the court reporter can take things down. 13 Head nods and uh-huhs or hu-uhs are a 14 little bit difficult to get down, so 15 verbal answers are the best. Also, if 16 there's a question that I phrase that 17 makes no sense, which I'm known to do 18 sometimes, let me know before you answer 19 it and I'll be happy to repeat it or 20 rephrase it. Okay? 21 A. Okay. 22 Q. Understand that this is my 23 one chance to ask you questions and I'm 24 going to be relying in my trial 25 preparation upon your answers, that's</p>

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1 why it's important to me that we have
2 an honest communication and make sure we
3 understand each other. Okay?
4 A. Okay.
5 Q. If you need a break, let me
6 know. It's a deposition, not an
7 inquisition, so we'll give you as many
8 breaks as you need for whatever reason
9 you want.
10 I've been given a copy of
11 your CV here today. Let me just ask
12 you some preliminary questions.
13 Where did you go to
14 medical school?
15 A. I went to medical school
16 here in Cleveland at Case Western
17 Reserve University.
18 Q. And you finished up in 1985
19 it looks like?
20 A. That's correct.
21 Q. You were also in
22 Massachusetts. What took you to
23 Massachusetts?
24 A. Following medical school I
25 did a one-year medical internship here

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1 in Cleveland at University Hospitals. I
2 then moved to Boston, Massachusetts to
3 do my neurology residency training
4 followed by a neurology fellowship,
5 after which I took on two different
6 staff jobs over the years in Boston.
7 Q. I have your CV here, and it
8 appears to me that it's pretty detailed.
9 Does this CV also include all of your
10 writings?
11 A. It does.
12 Q. Have you ever written on
13 polymyositis?
14 A. I've never written a medical
15 journal article per se about
16 polymyositis; however, among my writings
17 I am an author of several textbooks
18 which deal with the broad topics of
19 neuromuscular disorders of which
20 polymyositis is one.
21 For instance, there's a
22 textbook authored by myself and my wife
23 entitled Electromyography and
24 Neuromuscular Disorders, within that
25 there's some discussion of polymyositis.

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1 I've acted as a section editor for a
2 large textbook of neurology entitled The
3 Office Practice of Neurology where I was
4 the editor in charge of the
5 neuromuscular and spinal cord section of
6 which there is a chapter on inflammatory
7 myopathy which includes polymyositis.
8 So in that regard I have
9 had some exposure to medical writing
10 with polymyositis and similar
11 conditions.
12 Q. I heard that you wrote the
13 book with your wife. Is she also a
14 neurologist?
15 A. She is.
16 Q. Where does she practice?
17 A. Presently she practices at
18 University Hospitals as well.
19 Q. Is her name also Preston, or
20 does she go by another name?
21 A. Her last name is Shapiro.
22 Q. Have you reviewed this case
23 with your wife at all?
24 A. No.
25 Q. The chapters of the textbook

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1 that you edited that include some
2 references to inflammatory myopathies
3 and things such as that, were those
4 chapters authored directly by yourself?
5 A. No, they were not.
6 Q. Were they authored by a
7 neurologist or a rheumatologist?
8 A. They were authored by a
9 neurologist.
10 Q. Is polymyositis typically a
11 neurologic or a rheumatologic disease?
12 A. I think it's fair to say
13 that it's both. There are certain
14 disorders in medicine that overlap among
15 specialties, and clearly polymyositis is
16 one that overlaps between
17 rheumatologists and neurologists.
18 Q. Is it autoimmune in origin
19 or is it nerve related in origin?
20 A. As you've asked the question
21 there's two different questions.
22 Polymyositis is a disorder of muscle and
23 not nerve. It is felt to be by most
24 experts autoimmune in origin, although
25 the etiology of polymyositis is not as

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1 well understood as other autoimmune
2 disorders.
3 Q. Autoimmune disorders, if I
4 understand them correctly, are typically
5 handled by rheumatology, correct?
6 A. I think it's fair to say
7 that many autoimmune disorders are
8 handled by rheumatologists; however, for
9 instance, in my field, which is
10 neurology, there are many autoimmune
11 disorders that primarily affect the
12 nervous system. In those situations
13 it's most common that neurologists
14 directly take care of those patients,
15 Q. When is the last time you
16 treated a patient with polymyositis?
17 A. I can't give you an exact
18 date, but it would be within the last
19 few months.
20 Q. And that would be at
21 University Hospitals?
22 A. That's correct.
23 Q. Were you consulted for that
24 patient by another physician, or was it
25 a patient who had a co-morbid

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1 particular subspecialty is neuromuscular
2 disorders, so I'm a neurologist who
3 deals with primarily disorders of muscle
4 and nerve.
5 Q. Are you familiar with any
6 literature put out by the Department of
7 Rheumatology at Case Western Reserve
8 University on polymyositis?
9 A. No.
10 Q. Would you have any reason to
11 believe that the literature put out by
12 the physicians in the Department of
13 Rheumatology at Case Western Reserve
14 University regarding polymyositis was
15 unreliable?
16 MR. MISHKIND: Let me
17 object to that for a number of reasons.
18 Number one, he's not familiar with what
19 it is, and not being familiar with it
20 how can he say whether it is or isn't
21 reliable? There's a number of bases for
22 the objection.
23 If you understand the
24 question you can answer it.
25 A. I have no reason to think

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1 neurological condition?
2 A. I'm not sure I understand
3 your question.
4 Q. Sure, let me rephrase it.
5 My question to you is,
6 the patient with polymyositis, was that
7 the only diagnosis that the patient had
8 or was there another neurologic problem
9 that the patient had also?
10 MR. MISHKIND: You're
11 limiting it to neurological condition as
12 opposed to any other condition that was
13 co-morbid?
14 MR. KELLEY: Yes.
15 Q. I want to know if there was
16 another reason, another neurologic
17 reason that a neurologist was involved
18 for.
19 A. The answer would be no. The
20 reason why I was involved was due to
21 polymyositis alone and not another
22 neurological problem. I think it's
23 important to point out that within
24 neurology there are certain
25 subspecialties of neurology. My

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1 that it shouldn't be reliable, but I
2 can't make a judgment on something I
3 don't know about.
4 Q. Have you ever discussed
5 polymyositis with the physicians who are
6 involved in rheumatology at Case Western
7 Reserve University?
8 A. The answer is probably no.
9 Q. I assume that within the
10 institution itself -- just so I can get
11 an understanding of how these patients
12 come to you -- you're usually consulted
13 in to see a patient with suspected
14 polymyositis?
15 A. I think that's certainly a
16 possibility. It's equally or more
17 likely I'm consulted to see a patient
18 due to weakness where the diagnosis is
19 not known.
20 Q. Are you aware of when
21 physicians consult you in versus when
22 they would consult in a rheumatologist
23 at Case Western Reserve University?
24 A. I guess I'd ask you to
25 expand your question. Do you mean in

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1 regards to a patient with known
2 polymyositis or in regards to a patient
3 with weakness?
4 Q. Let's go with known
5 polymyositis. Would it be you or would
6 it typically be a rheumatologist at Case
7 Western Reserve?
8 A. I think it would typically
9 be either one. I think this is a
10 condition which does overlap between
11 neuromuscular neurologists and
12 rheumatologists, and a patient with
13 polymyositis could equally be treated by
14 either one.
15 Q. Do you work at the main
16 campus at Case Western Reserve?
17 A. I work at University
18 Hospitals, yes.
19 Q. For University Hospitals?
20 A. Yes.
21 Q. And I assume in your
22 workings at University Hospitals you at
23 times have patients admitted onto the
24 general medical floors or the neurologic
25 floors where you're the attending?

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1 A. I do have occasion to have
2 patients admitted to the neurology wards
3 where I'm the attending, yes.
4 Q. Are there residents then who
5 would follow the patients during the
6 course of the evenings?
7 A. Yes.
8 Q. And is that something that's
9 normal in a teaching institution, to
10 have residents available during the
11 evening while the attendings are not
12 present in the hospital?
13 A. Yes.
14 Q. That's absolutely normal,
15 there's nothing unusual about that in a
16 teaching institution, correct?
17 A. Correct.
18 Q. Have you ever lectured on
19 polymyositis?
20 A. The answer would be yes.
21 I've lectured on polymyositis in regards
22 to the EMG diagnosis of polymyositis.
23 Q. Up at Harvard there are some
24 physicians that I want to know if you
25 believe their literature would be

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1 reliable and/or authoritative on this
2 topic. There's a Dr. -- and I might
3 mispronounce his name -- Shwarm, do you
4 know who he is, a neurologist?
5 A. I do not.
6 Q. How about Dr. Kaplan?
7 A. Kaplan is a common name.
8 You'd have to give me the first name.
9 Q. I do not know the first
10 name. But do you know a Dr. Kaplan in
11 the Department of Neurology at Harvard?
12 A. As stated it's a complicated
13 question because the Department of
14 Neurology at Harvard, there are four or
15 five large hospitals. Take, for
16 instance, Massachusetts General
17 Hospital, there's 250 neurologists on
18 staff who all have some affiliation.
19 Where I was at the Brigham & Women's
20 Hospital there was well over a 100
21 neurologists who had some affiliation.
22 So there are literally several hundred
23 neurologists associated with the
24 Department of Neurology at Harvard,
25 Q. How do you know Mr.

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1 Mishkind?
2 A. I know Mr. Mishkind -- well,
3 I know Mr. Mishkind from this case. I
4 know Mr. Mishkind from two other cases
5 where I was retained by attorneys as an
6 expert witness and he was the opposing
7 counsel.
8 Q. Who were the attorneys who
9 had retained you?
10 A. In both cases they were
11 attorneys from the firm of Weston, Hurd
12 here in Cleveland.
13 Q. Do you know who they are?
14 A. One of them is Kenneth
15 Torgerson, and the other name I do not
16 recall at the moment.
17 Q. Was it a medical malpractice
18 case or was it an injury case?
19 A. They were both medical
20 malpractice cases.
21 Q. Was it Ron Rispo?
22 A. The name sounds familiar,
23 but I'm not sure.
24 Q. Did either of those cases
25 have anything to do with neuromuscular

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1 disorders?
2 A. Yes.
3 Q. Did either of them by chance
4 have to do with polymyositis?
5 A. No, they did not.
6 Q. How about any other
7 inflammatory myopathy?
8 A. No.
9 Q. Did you give a deposition in
10 that case?
11 A. In the case which involved
12 Mr. Torgerson I did give a deposition,
13 yes. In the other I did not.
14 Q. Did either of those cases go
15 to trial?
16 A. The case with Mr. Torgerson
17 is still pending and supposedly will be
18 going to trial, and the other I believe
19 was settled amicably among the parties.
20 Q. So there's going to be a
21 situation down the road where you're
22 potentially going to be on the stand
23 and cross-examined by Mr. Mishkind?
24 MR. MISHKIND: Or someone
25 from this firm.

1 Q. I'll try to give you a
2 little history on her to see if you can
3 place her. She is a third year fellow
4 at Case Western Reserve who is joining
5 the staff at Case Western Reserve with
6 the Infectious Disease Department in
7 July.
8 That being said, do you
9 work with the Infectious Disease
10 Department at all?
11 A. No, with the exception that
12 when I am the neurology attending on
13 the neurology floor if one of my
14 patients has an infectious disease
15 problem which is complex or that I need
16 assistance with I would then consult the
17 infectious disease consultation service.
18 Q. How many times have you
19 treated polymyositis as an attending in
20 your career?
21 A. I can't give you an exact
22 number because I haven't kept track of
23 it. I've graduated from fellowship now
24 for ten years. I would estimate I take
25 care of three to eight patients a year

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1 Q. Or someone from this firm?
2 A. Correct.
3 Q. Have you ever been sued for
4 malpractice?
5 A. No.
6 Q. Have you reviewed any of the
7 depositions in this case?
8 A. I have.
9 Q. Which ones?
10 A. I reviewed the depositions
11 of Dr. Popovich, Dr. Goldman, and Dr.
12 Grundfest
13 Q. Have you seen a deposition
14 transcript or a deposition summary from
15 Dr. Lisgaris or Dr. Stanisc?
16 A. I have not.
17 MR. MISHKIND: I just got
18 the depositions today.
19 Q. Have you been provided any
20 information regarding their testimony?
21 A. In my meeting with Mr.
22 Mishkind the hour before he briefly
23 mentioned those two depositions.
24 Q. Do you know Dr. Lisgaris?
25 A. I do not.

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1 with polymyositis.
2 Q. Have you been provided any
3 sort of case summaries from Mr.
4 Mishkind?
5 A. I'm not quite sure what
6 you're referring to, so to the best of
7 my ability the answer is no.
8 Q. I assume there is some
9 correspondence between you and Mr.
10 Mishkind regarding your review of this
11 case?
12 A. Yes.
13 Q. Is that with you here today?
14 A. No, it is not.
15 Q. Is there a reason you chose
16 not to bring it with you today?
17 A. There was no information in
18 the correspondence. I have some cover
19 letters from him stating please find the
20 enclosed medical records for your
21 review.
22 Q. When he sent you the medical
23 records what were you asked to do?
24 A. When I was initially
25 contacted and sent the medical records

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1 regarding Mr. Brooks' case I was asked
2 to review the records and comment
3 specifically on several areas of Mr.
4 Brooks' case, and those areas were his
5 neurologic diagnosis, the indication for
6 a PEG tube, and what his likely
7 morbidity and mortality would have been
8 if he had not suffered his complication
9 of an intra-abdominal bleed which
10 resulted from this PEG tube placement.
11 Q. If I understand your report
12 correctly, you believe the diagnosis was
13 appropriate of polymyositis, correct?
14 A. I do.
15 Q. You believe that the
16 indication for the PEG tube was present
17 and, therefore, appropriate, correct?
18 A. I do.
19 Q. So you have no opinions
20 regarding deviations from the standard
21 of care in this case, is that a fair
22 statement? Your opinions are limited to
23 the morbidity and mortality of
24 polymyositis absent the bleed?
25 MR. MISHKIND: Before he

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1 Q. Beyond that you were not
2 asked to do anything else in this case,
3 correct?
4 A. When I was initially
5 contacted I was asked to address those
6 three or four topics.
7 Q. And in reading your report
8 -- I have a report of March 22nd, 2000.
9 First, is this the only report you've
10 ever written in this case?
11 A. It is.
12 Q. And are there any drafts
13 that you've retained?
14 A. There were no drafts.
15 Q. Did anyone review the draft
16 before you submitted it in final form
17 to Mr. Mishkind?
18 A. No.
19 Q. I assume you wrote it
20 yourself without the assistance of Mr.
21 Mishkind or any of your fellows or
22 anything of that sort?
23 A. That's correct.
24 Q. Is there anywhere in this
25 report where you set forth any opinions

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1 answers, I'm not sure how you can make
2 that quantum leap to that statement
3 based upon --
4 Q. Let me do this. Do you have
5 opinions regarding the standard of care
6 in this case?
7 A. I do have opinions with the
8 proviso that I was asked to concentrate
9 on the three topics that I just gave
10 you.
11 Q. Well, let me do this --
12 MR. MISHKIND: Actually,
13 four.
14 MR. KELLEY: I only had
15 three. I had neuro diagnosis, whether
16 the diagnosis was appropriate, the
17 indications for the PEG, and morbidity
18 and mortality assuming there was no
19 bleed.
20 MR. MISHKIND: I broke
21 morbidity down to the third and
22 mortality to the fourth, that's where I
23 came up within my simple way of
24 thinking.
25 MR. KELLEY: Okay.

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1 where you believe The Cleveland Clinic
2 Foundation deviated from the standard of
3 care?
4 A. In that report, no.
5 Q. So I would be fair to come
6 to this deposition today with the
7 expectation that you have no standard of
8 care opinions that The Cleveland Clinic
9 Foundation departed from the standard of
10 care, correct?
11 MR. MISHKIND: Before he
12 answers, let me just indicate, Jay, I'm
13 not trying to give you a difficult
14 time, but for the record, the way that
15 our discovery has gone and continues
16 with the factual discovery having been
17 completed and actually continuing on and
18 with expert reports produced, his report
19 was written back in March before any
20 depositions were taken, and I just
21 received in your last expert's report on
22 Thursday or Friday.
23 You're correct in that his
24 report identifies the issues that we've
25 talked about. You asked him whether or

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1 not he has any standard of care
2 opinions based upon whatever aside from
3 what was in his report. Whether or not
4 he is permitted to testify on standard
5 of care issues, whether I intend to
6 elicit standard of care opinions from
7 him, those are perhaps separate issues.
8 His report does not identify standard of
9 care issues for the obvious reasons.
10 MR. KELLEY: And, Howard,
11 I'll tell you where I'm going. Where
12 I'm going with it is obviously I come
13 here today with no information that he
14 has any belief that we deviated from
15 the standard of care. Obviously to
16 varying degrees attorneys come with
17 limited knowledge regarding the medicine
18 and obviously prepare for the deposition
19 in accordance with what to expect.
20 Whether or not it requires
21 an additional deposition later on, I
22 don't know. Whether or not it requires
23 some motion perhaps later, I don't know.
24 You know I'm not somebody who is going
25 to give you a hard time on something

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1 like that. But I have to make sure
2 that if in fact it does become an
3 issue, like if he comes out with
4 something that I can't anticipate or
5 something of the sort, that I've
6 protected my client. That's the only
7 reason I'm asking.
8 MR. MISHKIND: I
9 understand. I'm very familiar with the
10 local rules and how things are done
11 having done this for 20 years. On the
12 other hand, we're obviously dealing with
13 a court that has provided us with --
14 MR. KELLEY: Be careful,
15 this is on the record.
16 MR. MISHKIND: -- with a
17 very aggressive schedule that you and I
18 have been trying to deal with.
19 Q. Dr. Preston, just so I make
20 sure the record is clear -- obviously
21 we love to speak as lawyers, so we
22 digress -- you agree with me that at no
23 point have you ever written a report
24 prior to today that sets forth that you
25 believe anyone at The Cleveland Clinic

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1 Foundation deviated from the standard of
2 care?
3 MR. MISHKIND: And before
4 he answers that let me just state that
5 his report does not indicate whether
6 anyone did or did not deviate.
7 MR. KELLEY: Sure.
8 MR. MISHKIND: You're
9 taking the negative. His report doesn't
10 indicate that anyone met the standard of
11 care, nor does his report indicate that
12 anyone deviated. I will stipulate that
13 his report does not address that
14 particular issue. He responded
15 affirmatively to your question before as
16 to whether he has --
17 MR. KELLEY: I want to
18 make sure I get it all in there without
19 yours and my three pages of exchange.
20 Q. Do you agree that you have
21 never written anywhere in a report prior
22 to today that The Cleveland Clinic
23 Foundation deviated from the standard of
24 care in any regards in their treatment
25 of Mr. Brooks?

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1 A. I agree.
2 Q. The only opinions that you
3 had regarding the standard of care that
4 I saw in this report were that we were
5 appropriate in our diagnosis of
6 polymyositis, correct?
7 A. Correct.
8 Q. And that the patient was an
9 appropriate candidate for a PEG tube,
10 correct?
11 A. Correct.
12 Q. And then your other opinions
13 in the report appear to be limited to
14 proximate causation and/or, to put that
15 in more logical terms, the life
16 expectancy and quality of life for Mr.
17 Brooks with polymyositis absent the
18 hypovolemic event in The Clinic,
19 correct?
20 A. Correct.
21 Q. And those would be more
22 causation/damages opinions you'll agree,
23 correct? If you don't --
24 A. I would leave the legal
25 issues to you.

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1 Q. Now, let me ask you this. ■
2 assume by your answer before that you
3 have some standard of care opinions,
4 correct?
5 A. ■do.
6 Q. Now, the standard of care
7 opinions that you hold are what?
8 A. That's a very broad
9 question.
10
11 Q. ■have no idea what to ask
12 because ■don't know what your opinions
13 are, that's why I made it broad.
14 A. As ■did state earlier, ■
15 was asked to review these medical
16 records and to comment specifically on
17 these three or four issues; however, in
18 my capacity as a neurologist ■do treat
19 and take care of neurologic patients who
20 often require PEG tube placements. So
21 ■am aware of the indications for PEG
22 tube placements, I'm aware of the
23 general follow-up that may ensue and I'm
24 aware of some potential complications of
25 what PEG tubes may result in.

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1 In my capacity ■need to
2 supervise residents and fellows in that
3 regard. So in that capacity ■do have
4 some opinions in regards to some of the
5 medical issues, not all of the medical
6 issues, but some of the medical issues
7 that transpired the morning of June 5th
8 in regards to Mr. Brooks.
9 Q. Now, I'm going to be honest,
10 I'm going to object before I even ask
11 you these questions, but obviously we
12 never know how a court is going to rule
13 on anything, nor do ■have any idea
14 what I'm about to get as far as an
15 answer.
16 What do you believe were
17 the breaches from the standard of care
18 rolling through the evening of June 4th
19 through the morning of June 5th at The
20 Cleveland Clinic Foundation?
21 A. Well, to start, ■don't have
22 any specific opinion about the events in
23 the evening hours of June 4th up
24 through 2:00, 2:30 in the morning of
25 the 5th. ■don't have any specific

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1 opinions about standard of care in that
2 period of time.
3 Q. Let me just make sure,
4 because as a lawyer we always want to
5 make sure we have a full understanding
6 of what you're saying.
7 Your belief from your
8 review is that up until 2:30 in the
9 morning or 2:25 in the morning -- we
10 won't quibble over five minutes at this
11 point -- the care and treatment was
12 okay?
13 MR. MISHKIND: No, that's
14 not what he said.
15 MR. KELLEY: Howard, let
16 him answer. I'm not trying to put
17 words in his mouth.
18 MR. MISHKIND: You are
19 putting words. He just said he has no
20 opinion on the standard of care, which
21 means he has not arrived at an opinion
22 one way or another up until 2:30.
23 Q. Doctor, let's make sure this
24 is totally clear on the record. ■come
25 here today to ask your opinions. And ■

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1 promise, ■am not here to trick you,
2 nor do ■have the intellect to pull
3 that off.
4 MR. MISHKIND: Don't accept
5 that, he's got the intellect and he
6 knew exactly what he was asking.
7 Q. What ■am trying to do here
8 is ■am trying to arrive at what your
9 opinions are, the opinions which, as you
10 will agree with me, ■am learning about
11 for the first time today. Now, if you
12 have opinions regarding the standard of
13 care, I want to hear them all. So let
14 me go back one step at a time so we
15 satisfy myself and Mr. Mishkind and
16 yourself.
17 You reviewed all of the
18 medical records from June 4th, correct?
19 A. Yes.
20 Q. You reviewed the medical
21 records up until 2:30 in the morning on
22 June 5th, correct?
23 A. Yes.
24 Q. And based upon your review
25 of those records you do not have an

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1 opinion that there was a specific
2 deviation from the standard of care?
3 MR. MISHKIND: Objection.
4 You can answer the
5 question if you understand it.
6 A. I think as you've stated it
7 the answer is correct, I do not have an
8 opinion.
9 Q. Okay. Is it a fair
10 statement that you believe when you
11 reviewed the records for June 4th up
12 until 2:25 on June 5th were you
13 reviewing it with a critical eye?
14 A. Yes.
15 Q. And based upon that review
16 you made it all the way to 2:25 before
17 you found your first criticism?
18 MR. MISHKIND: Objection.
19 That's not what he said.
20 MR. KELLEY: I'm asking
21 if that's what he said. If it's not he
22 can tell me.
23 A. Could you repeat the
24 question, please?
25 Q. Yes. The first criticism

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1 of care opinions whatsoever or he has
2 standard of care opinions. If there's
3 a chance that you're going to ask him
4 standard of care opinions, which you
5 have said to me there is, I have an
6 obligation to inquire.
7 MR. MISHKIND: Go ahead.
8 You can.
9 MR. KELLEY: That's all
10 I'm doing.
11 MR. MISHKIND: You can
12 inquire.
13 MR. KELLEY: That's the
14 only thing I'm doing because I don't
15 know what he's going to say.
16 Q. Following 2:25 a.m. on June
17 5th it is my understanding that you
18 believe that there were some deviations
19 from the standard of care or at least a
20 deviation from the standard of care; is
21 that correct?
22 A. I think it's correct that in
23 my capacity reviewing these records I
24 find several areas of the medical record
25 quite troubling in regards to standard

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1 that you found based upon your review
2 of these records occurred sometime after
3 2:25 a.m. on June 5th?
4 A. Correct.
5 MR. MISHKIND: Let me just
6 interject to maybe make it easier for
7 you. You asked him whether he has
8 opinions. He's not been asked to
9 provide opinions on standard of care.
10 You asked him specifically whether he
11 had an opinion and he had to answer
12 that honestly. He's been identified as
13 stated --
14 MR. KELLEY: Howard, you
15 can't have it both ways. You just said
16 to me two minutes ago -- and the court
17 reporter can read it back -- that
18 whether he has an opinion, whether he
19 doesn't have an opinion, whether I'm
20 going to ask him for an opinion,
21 whether I'm not going to ask him for an
22 opinion, I don't know. I can't sit
23 here, and you understand my position, we
24 can't have it both ways.
25 Either he has no standard

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1 of medical care.
2 Q. Do you believe that those
3 troubling areas, to use your words,
4 amount to deviations from the standard
5 of care?
6 A. Yes.
7 Q. Okay. And what you said is
8 you found areas of the medical record
9 that were troubling. Were they actually
10 documents that were contained in the
11 record that you found to be troubling?
12 A. Could you read me the
13 question, please?
14 Q. Yes, or I can repeat it.
15 Let me repeat it.
16 When you said that you
17 found areas of the medical record that
18 were troubling, you're talking about the
19 hard documentation that's in front of
20 you, correct, the patient care record?
21 A. The answer to your question
22 is yes, but some of this was
23 supplemented by additional information
24 which was gained from the depositions
25 which I reviewed.

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1 Q. Okay. What were the
2 opinions that you had based upon the
3 medical record first, if you're able to
4 quantify them out?
5 A. Could you repeat the
6 question, please?
7 Q. Certainly. You've stated
8 that some of the opinions that you have
9 that were troubling, to use your phrase,
10 were gleaned from the medical records
11 and some were gleaned based upon the
12 supplementary material that you received
13 in the form of deposition. I'm asking
14 which ones were you able to discern
15 from the medical record, if any?
16 A. I'm trying to answer your
17 question as best I can, but at this
18 point it's hard for me to divorce the
19 information I've learned from the
20 depositions from that of the medical
21 record as they in many ways simply
22 serve to supplement the medical record
23 and clarify the medical record.
24 Q. Okay. Then why don't we
25 take you to the next step. What are

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1 the opinions that you have regarding
2 deviations from the standard of care
3 following 2:25 a.m.?
4 A. In my opinion the standard
5 of care which is most troubling is the
6 long delay between the assessment by the
7 medical service that Mr. Brooks had
8 suffered a major intra-abdominal bleed
9 and when he was taken to surgery.
10 Q. When do you believe the
11 initial assessment warranted the patient
12 -- let me rephrase it, I want to make
13 sure I have a good question for you.
14 When do you believe that
15 physicians had an obligation to get this
16 patient to surgery?
17 A. Well, in my opinion, when
18 the medical service was first confronted
19 with Mr. Brooks' medical condition at
20 2:20 or 2:25 they did need to perform
21 an assessment in order to come to the
22 conclusion that his present condition
23 was due to an intra-abdominal
24 hemorrhage, and that particular
25 assessment would take some time.

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1 However, in the medical
2 record in the note written by the
3 senior medical resident timed at 3:15 in
4 the morning I do believe that the
5 critical parts of the assessment had
6 been completed in that his blood counts
7 had returned, they had knowledge of what
8 his blood pressure and pulse were doing,
9 they had knowledge that he was not
10 bleeding into his stomach per se and
11 that his stomach was becoming distended.
12 At that point I do
13 believe that they reached the correct
14 conclusion that he had a major
15 intra-abdominal hemorrhage as a
16 complication of his PEG tube placement.
17 At that point, someplace
18 around 3:15, 3:30, I do believe it was
19 their obligation to consult a surgeon,
20 who I would expect to see the patient
21 rapidly, who would then make the
22 assessment that this man was having
23 intra-abdominal hemorrhage, to continue
24 his resuscitation and to get him
25 promptly to an operating room.

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1 Q. Have you been involved in
2 that scenario where you've had to call
3 in an emergency surgical consult between
4 we'll say 2:00 and 4:00 a.m.?
5 A. Certainly in my career I
6 have, yes.
7 Q. And what is your experience
8 as to the timing of a process like
9 that, between getting a surgeon there --
10 the surgeon I assume evaluates the
11 patient -- tell me if I'm wrong -- and
12 there may or may not be diagnostic
13 tests, transfers to the OR and then
14 surgical intervention, correct?
15 A. That's correct. However, in
16 a patient in this type of extreme state
17 one would expect that a page or a call
18 to a surgeon that the surgeon would see
19 such a patient promptly -- I'm not sure
20 I can give you an exact time, but
21 certainly within the next few minutes to
22 15 minutes to a half an hour -- make an
23 evaluation and then decide on further
24 treatment.
25 I think in this case one

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1 could reasonably come to the conclusion,
2 as the medical service did, that Mr.
3 Brooks was having a major intra-
4 abdominal hemorrhage and that urgent an
5 emergent surgery was indicated.

6 Q. I'm going to first try to
7 put this into a package to see if I can
8 understand what you're saying. You're
9 saying that the medical service was
10 correct in coming to the conclusion that
11 he had a probable bleed?

12 A. Correct.

13 Q. You just don't think they
14 acted quickly enough upon their
15 conclusion?

16 A. I'm very troubled that the
17 medical service who came to this correct
18 conclusion at approximately 3:15 to 3:30
19 in the morning that Mr. Brooks did not
20 go to surgery until 10:45 to 11:00,
21 11:15 in the morning.

22 Q. Let me ask you this.
23 Hypothetically if they didn't reach that
24 conclusion by 3:15, but 3:15 was, for
25 instance, the time that the MICU

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1 that he had when he arrived at 3:15.
2 He may have written other things later
3 on.

4 MR. KELLEY: I'm going
5 to go through each thing, I promise.

6 Q. My hypothetical, and I'll
7 repeat it, if in fact Dr. Stanisic's
8 note and the time of 3:15 was not the
9 time that he reached conclusions but the
10 time that he arrived at the scene,
11 would that change your opinion regarding
12 when a surgical consult should have been
13 called?

14 MR. MISHKIND: Let me just
15 object as to the use of the term
16 reached conclusions, but you can go
17 ahead and answer.

18 A. It would change my opinion,
19 but it might change my opinion in more
20 than one way. If that were to occur
21 then I would then question why the
22 delay between 2:30 in the morning and,
23 say, your hypothetical at 5:30 to 6:00
24 in the morning to make that
25 determination.

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1 resident arrived at the scene and began
2 his assessment of the patient and that
3 the conclusions in that note weren't
4 written until between 5:00 and 6:00
5 a.m., would that change your opinion
6 about the timeliness of the
7 intervention?

8 MR. MISHKIND: Let me
9 object for a couple reasons. Number
10 one, you have stated facts which are
11 not consistent with Dr. Stanisic's
12 testimony as to what he wrote in that
13 entry; number two, he has not reviewed
14 Dr. Stanisic's deposition for the
15 reasons stated before in terms of the
16 depositions just being done.

17 MR. KELLEY: It's just a
18 hypothetical. If I'm wrong I'm wrong
19 and I have to stand on my own two feet
20 without Dr. Stanisic's depo to support
21 me.

22 MR. MISHKIND: What you've
23 stated is the conclusions. He has a
24 three-page note, as you know, and part
25 of that he indicates the information

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1 But it's true if the
2 surgeon was not contacted until 5:30 or
3 6:00 in the morning then I still
4 believe that the surgery was delayed at
5 that point, but the amount of delay is
6 less.

7 Q. Do you have any opinions
8 regarding when surgery had to be
9 undertaken to alter the outcome for this
10 patient?

11 A. I think it's a fair
12 statement or a reasonable statement that
13 sooner is better, but I can't give you
14 an exact time where I'm going to say
15 that within a reasonable degree of
16 medical certainty the surgery should
17 have been done, I defer that to the
18 surgeons or the gastroenterologists.

19 Q. Do you agree with -- you've
20 obviously reviewed all the medical
21 records from that admission, correct?

22 A. To the best of my knowledge,
23 yes.

24 Q. Do you agree that the
25 patient presented with some degree of

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<p>Page 46</p> <p>1 multi-system organ failure? 2 A. You'd have to qualify what 3 time you're speaking of. 4 Q. At admission did he have any 5 signs or symptoms of multi-system organ 6 failure? 7 A. I would then ask you to 8 qualify at admission on 5-28? 9 Q. At admission on 5-28. 10 A. On admission of 5-28 he was 11 admitted with the diagnosis of 12 polymyositis, which was his only active 13 problem. There were two other issues, 14 one had to do with his renal function 15 being slightly abnormal, which was 16 likely due to dehydration or secondary 17 effects of the polymyositis and 18 myoglobin in the blood and urine, and 19 subsequently was found to have a small 20 infiltrate, versus atelectasis in one 21 lung base, which might relate to the 22 polymyositis or an early pneumonia. I 23 would not personally call that 24 multi-organ failure. 25 Q. What about his heart, how</p>	<p>Page 48</p> <p>1 MR. MISHKIND: So both of 2 you were wrong. 3 MR. KELLEY: Even on the 4 record, as per usual Mr. Mishkind is 5 correct. 6 MR. MISHKIND: 7 Unbelievable. 8 A. To answer your question, the 9 major findings of the heart examination 10 of the autopsy was that the heart was 11 enlarged, that there was severe coronary 12 artery disease and that the bypass 13 graphs were all patent. 14 Q. But you do not believe this 15 patient had any signs or symptoms of 16 multi-system organ failure at admission 17 on May 25th? 18 MR. MISHKIND: Let me 19 object to the term any. 20 A. I would agree that the 21 patient had polymyositis on admission 22 and had some, the medical term is 23 pre-renal azotemia in that his renal 24 blood values were slightly abnormal 25 likely due to dehydration and may have</p>
<p>Page 47</p> <p>1 was his heart doing? 2 A. In reviewing the medical 3 records I believe it was the opinion of 4 the doctors who took care of him that 5 he had stable coronary disease and this 6 was not an active issue. 7 Q. And obviously you've had a 8 chance to review the autopsy? 9 A. I have. 10 Q. What were the autopsy's 11 conclusions regarding the patient's 12 heart? 13 A. There were several 14 conclusions. 15 MR. MISHKIND: You can 16 refer to it if you need to. 17 Q. Yes, this isn't a memory 18 quiz. 19 MR. MISHKIND: Just for 20 the record, I think both of you 21 referred to May 28, I think it was 22 actually May 25 that the -- I may be 23 mistaken. 24 MR. KELLEY: Yes, it's 25 May 25.</p>	<p>Page 49</p> <p>1 had early pneumonia. But again, I do 2 not believe that most doctors would call 3 this multi-organ failure. Clearly what 4 happened after his surgery one would 5 call multi-organ failure. 6 Q. How was his liver function 7 at admission? 8 A. I would need to review the 9 records, but to the best of my memory I 10 recall his liver function tests in the 11 blood as being essentially normal. 12 MR. MISHKIND: You can 13 review. If you need to refer to the -- 14 Q. Were you provided any of his 15 medical records from the late 1970s and 16 1980s? 17 A. No, 18 Q. Were you aware that the 19 patient received multiple treatments for 20 alcoholism during that time frame? 21 MR. MISHKIND: Let me just 22 show an objection, but he can answer 23 the question. 24 A. I'm not aware of that. 25 However, there is reference in the</p>

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1 present medical records of a past
2 history of alcohol abuse.
3 Q. Would alcohol abuse have any
4 effect on the patient's presentation in
5 this case in your opinion?
6 MR. MISHKIND: Objection.
7 Q. A history of alcoholism.
8 MR. MISHKIND: Objection.
9 Go ahead, Doctor, you can
10 answer the question.
11 A. Can you repeat the question,
12 please?
13 Q. Sure. If in fact the
14 patient had a history of alcoholism
15 could that potentially have any effect
16 on your opinions in this case?
17 MR. MISHKIND: Objection.
18 A. I'm not sure. Potentially
19 is a very broad word, so I'm not quite
20 sure what you're referring to.
21 Q. Is there any link that is
22 known between alcoholism and
23 polymyositis?
24 A. Not that I'm aware of.
25 Q. Are you aware of any

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1 cirrhosis of the liver. The liver is
2 very important in detoxifying many
3 harmful chemicals and substances in the
4 blood. Cirrhosis can lead to many
5 medical problems and to increased
6 mortality and morbidity.
7 Q. How about the kidneys, how
8 does it affect the kidneys, if at all?
9 A. Alcohol has profound effects
10 on many organ systems. I don't know of
11 any, per se, on the kidney, although by
12 your question I infer that it may have,
13 these just aren't known to me.
14 Q. You're relying on my
15 question to create an inference that
16 there is a link between alcoholism and
17 kidney disease but you don't know?
18 A. I am. I'm not aware of it,
19 but I would defer to a nephrologist.
20 Q. What about coronary artery
21 disease, how is alcoholism related to
22 coronary artery disease, if at all, if
23 you know?
24 A. Well, that's a complicated
25 question. I don't know if it's known

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1 literature regarding alcoholism and life
2 expectancy?
3 A. No.
4 Q. Do you have any opinion as
5 to whether or not alcoholism will reduce
6 one's life expectancy, in a broad
7 general sense? And he'll object.
8 MR. MISHKIND: You got it.
9 A. I do have an opinion.
10 Q. How does alcoholism affect a
11 patient's life expectancy in general?
12 A. In general alcohol abuse
13 does reduce someone's life expectancy.
14 Q. In what regards?
15 A. Chronic alcohol abuse can
16 lead to several problems. Clearly in
17 my end of the business it can lead to
18 disorders of nerve, of the brain, of
19 dementia, of the cerebellum. However,
20 none of those, per se, would necessarily
21 shorten someone's life.
22 Alcohol has profound
23 effects on the liver, and, as most
24 know, if alcohol is drunk to excess for
25 many, many years it can result in

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1 for sure. Many believe that alcohol is
2 somewhat protective in regards to
3 coronary artery disease and that many
4 patients who drink to excess have less
5 coronary disease than other people.
6 Q. Any effect, any negative
7 effect from alcohol on cardiac function
8 that you're aware of?
9 A. I'm not aware of it, but I
10 don't feel that I should testify to
11 this and I would defer to a
12 cardiologist on this topic.
13 Q. Okay. Are you aware of how
14 long the patient was complaining of
15 fatigue and malaise throughout his life?
16 A. No. I'm aware from the
17 medical records of 1998 that his
18 presentation was said to involve fatigue
19 and malaise of several weeks duration.
20 Q. Would it be at all relevant
21 if he was having fatigue and malaise
22 longer than that?
23 A. It may or may not. Fatigue
24 and malaise are very nonspecific
25 symptoms. It's not to say they're not

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1 important, they're just not specific.
2 Q. I want to get back to where
3 we started before we kind of digressed
4 a little bit.
5 You have the opinion that
6 although the physicians reached the
7 appropriate conclusion that there may be
8 a bleed, they did not respond quickly
9 enough in getting surgery involved. Are
10 there any other criticisms that you
11 have?
12 A. Well, I think as you phrase
13 my criticism is not exactly how I would
14 phrase it.
15 Q. Then please correct it.
16 A. I'm troubled by the delay
17 between when the medical service
18 correctly deduced the problem with Mr.
19 Brooks and when surgery was undertaken,
20 that this delay may have involved more
21 than one aspect. One aspect may have
22 been and likely was consulting the
23 surgical service, but there was another
24 aspect that after the surgical service
25 was consulted that Mr. Brooks was not

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1 taken to surgery urgently and was
2 delayed for several hours.
3 Q. Going through medical school
4 and your fellowships and even in
5 practice have you ever heard of the
6 ABCs of medicine?
7 A. Yes.
8 Q. What are the ABCs?
9 A. ABC relates to what one
10 should do when confronted with a patient
11 in crisis. A refers to airway, which
12 is stabilize the airway, B is in
13 regards to breathing, and C is in
14 regards to circulation.
15 Q. When you say when a patient
16 is in distress you know the ABCs become
17 relevant. Would you agree that at 2:25
18 a.m. this patient was in distress?
19 A. I would agree.
20 Q. Would you agree that this
21 patient was in shock?
22 A. Yes.
23 Q. And do you agree that using
24 the ABCs the first obligation of all
25 physicians involved is to stabilize a

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1 patient hemodynamically before you
2 undertake to treat the underlying cause
3 of the shock?
4 A. As you phrased the question
5 the answer is yes with the proviso that
6 in some situations the way of fixing
7 the circulatory problem, the C, may
8 entail surgery.
9 Q. Obviously, though, if you
10 operate and you're wrong you could
11 worsen the situation for a patient,
12 correct?
13 MR. MISHKIND: Objection.
14 You're getting into surgical issues
15 which --
16 MR. KELLEY: He's okay.
17 He doesn't want to answer a question
18 or doesn't understand a question or it's
19 outside his specialty just let me know.
20 MR. MISHKIND: It's not a
21 question of not wanting to answer, it's
22 more of your latter statement than the
23 former. Go ahead.
24 A. If you could repeat the
25 question, please.

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1 Q. Sure. I think my question
2 was that you will agree that it's a
3 well-reasoned medical principle that
4 when a patient is in shock you treat
5 the shock before you treat the
6 underlying cause of the shock, correct?
7 MR. MISHKIND: Objection.
8 Go ahead.
9 A. Yes.
10 Q. And in treating shock
11 sometimes that can be airway
12 stabilization, intubation, things of
13 that sort, correct?
14 A. Yes.
15 Q. And sometimes that can be
16 hemodynamic stability, that being the
17 circulatory system and the C portion of
18 the ABCs, right?
19 A. Yes.
20 Q. And that is a well-known
21 medical principle to you based upon your
22 training, your fellowship, and even your
23 experience as a neurologist, correct?
24 A. Yes.
25 Q. When was this patient

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1 hemodynamically stable after 2:25 a.m.?
2 A. One of the problems in your
3 earlier questions and one of the
4 problems answering the question at the
5 moment is that there are different
6 degrees of shock. There's a very big
7 difference in how a patient is
8 approached who has no blood pressure
9 versus a patient whose blood pressure is
10 80/60 compared to a patient whose blood
11 pressure is 40 over palp. Even though
12 you might say all three were in shock,
13 they are in three very different
14 scenarios.
15 Getting back to your
16 question. In reviewing the medical
17 record, Mr. Brooks' hemodynamic status
18 never changed or never improved to a
19 normal level up to the point that he
20 went to surgery. So even though, as
21 you mentioned, his airway was
22 stabilized, he was intubated, he was
23 later given fluids and medicines to
24 elevate his blood pressure, his blood
25 pressure remained abnormally low, likely

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1 due to the fact that he was still
2 bleeding.
3 Q. How long do you think he was
4 bleeding for?
5 A. That's a hard question to
6 answer. We certainly know at 2:25 in
7 the morning with his blood pressure and
8 pulse recorded at that point that it's
9 very likely that he was bleeding at
10 that point or before. We know from the
11 operation when the abdomen was entered
12 at approximately 11:00, 11:15 that there
13 was bright red blood. As Dr. Grundfest
14 testified to, that likely meant that
15 bleeding had occurred at a minimum of
16 two to three hours before the operation
17 and could have occurred even sooner.
18 So I think that we can
19 likely infer that there was active
20 bleeding at some time before 2:25 in
21 the morning that continued at least to,
22 if not longer, 8:00 or 9:00 in the
23 morning.
24 Q. Do you have an opinion as to
25 what caused the bleeding?

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1 A. I do.
2 Q. What is it?
3 A. I believe that the
4 intra-abdominal bleeding occurred as a
5 complication of the PEG tube placement.
6 Exactly why that bleeding occurred and
7 under what circumstance, I don't know
8 and I would leave to a
9 gastroenterologist or a surgeon.
10 Q. You have testified earlier
11 that you frequently have situations
12 where you're required to send one of
13 your patients for a PEG tube placement
14 as a neurologist, correct?
15 A. Correct.
16 Q. And I assume when you send
17 them for a PEG tube placement and they
18 come back with a tube they're still
19 your patient, correct?
20 A. Correct.
21 Q. So you follow them in that
22 immediate post PEG period, right?
23 A. That is correct. However,
24 in this case the gastroenterologist was
25 also following the patient quite closely

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1 as well.
2 Q. Certainly. I'm only asking
3 from your experience. If it's something
4 beyond your experience you are always
5 welcome to tell me you would like to
6 defer, as you've done several times,
7 with cardiac issues and nephrology
8 issues and things of that sort.
9 My question to you is,
10 based upon your vast experience with a
11 PEG tube do bleeds typically happen 18
12 hours after they're placed?
13 A. That question I would defer
14 to a gastroenterologist.
15 Q. Have you ever seen a bleed
16 happen 12 hours after the PEG tube was
17 placed?
18 A. I have not.
19 Q. Do you have any opinion as
20 to what any post PEG period of time
21 actually caused Mr. Brooks to start
22 bleeding?
23 MR. MISHKIND: Let me just
24 object because I think you've already
25 answered that question previously a

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1 couple questions back, but go ahead.
2 A. I do not have any opinion to
3 a reasonable degree of medical certainty
4 what caused Mr. Brooks' PEG to bleed at
5 that time.
6 Q. How many times have you seen
7 patients with PEG tubes in your career?
8 If you want to quantify it and say like
9 I see three a month, whatever is
10 easiest for you to quantify it.
11 A. That is a hard question for
12 me to answer. PEG tube placements are
13 extremely common for me in
14 neurologically hospitalized patients.
15 In general this occurs when I'm the
16 attending on the neurology ward service.
17 I tend to attend between one and three
18 months a year. For those months that
19 I'm the attending I'm the attending for
20 all month for all patients who are
21 admitted to the neurology ward service.
22 In the modern day most of
23 these are stroke patients. It's
24 extremely common for stroke patients to
25 receive PEG tubes. Maybe in the course

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1 upon your review of the record?
2 A. I think it is fair that my
3 major standard of care issue which I
4 have raised is my concern about the
5 delay between the time that the correct
6 diagnosis was reached and when surgery
7 was performed. As I mentioned earlier,
8 within that topic I'm concerned about
9 the time between when the assessment was
10 made and the surgeon was consulted and
11 I'm equally concerned after the surgeon
12 was consulted and the delay of
13 subsequent surgery.
14 From my perspective as a
15 neurologist who takes care frequently of
16 patients who have PEG tubes that's my
17 major issue. I do have some other
18 issues which I would consider somewhat
19 smaller. For instance, I'm somewhat
20 troubled by the fact that Mr. Brooks
21 didn't receive blood products until
22 later in the course as well.
23 Q. Do you have any idea why he
24 did not receive blood products?
25 A. As you know, he eventually

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1 of a month I might admit 120 patients,
2 I would estimate a third of them could
3 have a PEG tube placement. I would do
4 that, depending on the year, one to
5 three months a year.
6 Q. So you have a pretty vast
7 experience with PEG tube placements, one
8 out of three patients who you admit
9 over the course of a three-month period
10 have them?
11 A. In the modern day,
12 considering that very sick patients have
13 to be hospitalized, PEG tube placements
14 are very common for neurology patients.
15 Q. And you've never seen a
16 patient who had a bleed 12 hours after
17 the PEG was placed?
18 A. That's correct.
19 Q. Have you seen patients who
20 have had bleeding complications
21 initially following the PEG placement?
22 A. I have not.
23 Q. Do you have any other
24 standard of care opinions that we
25 haven't talked about in this case based

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1 did receive blood products. Why the
2 delay in blood products initially, no,
3 I'm not sure why there was that delay.
4 Q. Before you administer blood
5 do you typically have it typed and
6 crossed?
7 A. Yes.
8 Q. The reason for that is you
9 want to avoid a hemolytic reaction?
10 A. Yes, you want to avoid a
11 transfusion reaction.
12 Q. And hemolysis can include
13 several fatal problems, correct?
14 A. Yes.
15 Q. DIC, correct?
16 A. Yes.
17 Q. It could include just a
18 straight what we typically call an
19 anaphylactic reaction, right?
20 A. Yes.
21 Q. So you don't want to just
22 give a patient blood that's not typed
23 and crossed, correct?
24 A. Correct.
25 Q. And typing and crossing

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1 blood takes a little bit of time,
2 doesn't it?
3 A. Yes.
4 Q. And just because we know
5 someone's blood type doesn't mean we
6 necessarily have a match for transfusion
7 purposes, does it?
8 A. That's correct.
9 Q. There's a second step that
10 has to occur after we find out that
11 they're A positive or O or AB, we have
12 to then find a match, correct?
13 A. Correct.
14 MR. MISHKIND: Jay, are
15 you suggesting in the case that he was
16 cross-matched before he was given blood,
17 because that does not seem to be the
18 testimony?
19 MR. KELLEY: Howard, I
20 am asking the doctor questions regarding
21 timing sequences.
22 MR. MISHKIND: I know, but
23 you're suggesting type and cross-match,
24 and we know in this case based upon the
25 records that he was typed but not

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1 believe that's your understanding as
2 well.
3 MR. MISHKIND: Okay.
4 MR. KELLEY: I only have
5 what's in the record.
6 MR. MISHKIND: Okay.
7 MR. KELLEY: I really
8 only care about how Dr. Preston does it
9 so I can see how he does it at his
10 hospital so that we can see whether or
11 not things would have been different
12 down the street.
13 MR. MISHKIND: The only
14 reason I'm interjecting is because
15 you're asking him how he does things.
16 We have to evaluate how things were
17 done in this case, and we know that he
18 was not cross-matched before he was
19 given blood. Why he wasn't given blood
20 earlier I think is the issue that Dr.
21 Preston had raised.
22 MR. KELLEY: Sure.
23 Q. Dr. Preston, I assume the
24 way you try to do things is within the
25 acceptable standard of care, correct?

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1 cross-matched.
2 MR. KELLEY: Then you
3 can stand up. I don't have any
4 evidence different than you. I just
5 want to ask him opinion questions
6 regarding what he has to say. There's
7 no cloak, no dagger, anything like that
8 here, I just want to know how he goes
9 about blood transfusions at his
10 hospital.
11 MR. MISHKIND: You're
12 giving him questions based upon facts of
13 type and cross-matching when we know
14 there wasn't cross-matching done. I'm
15 asking you based upon the discovery
16 whether you know something that you can
17 reveal to me in the factual analysis of
18 this case that would suggest that he
19 was typed and cross-matched before he
20 was given the blood?
21 MR. KELLEY: I know that
22 the process was ongoing in the record
23 before the patient coded and then he
24 was given the blood transfusion
25 emergently, if I'm not mistaken. I

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1 A. Correct.
2 Q. I assume every day when you
3 go to work you try to do your best for
4 your patients, correct?
5 A. Correct.
6 Q. How long does it take to get
7 blood typed and crossed at University
8 Hospitals off business hours?
9 A. I don't know.
10 Q. You obviously have not yet,
11 because of, as Mr. Mishkind referred to,
12 the somewhat tight schedule we have, had
13 a chance to read Dr. Lisgaris' or Dr.
14 Stanisic's depositions, so I want to
15 make sure that we go through in a
16 little bit of detail the information in
17 Dr. Stanisic's note that you believe
18 warranted intervention with surgery.
19 What I'd like to do is
20 have you look at Dr. Stanisic's MICU
21 note. That's the one that describes
22 arriving at about 3:15. Were you able
23 to find it already?
24 MR. MISHKIND: He has it
25 in his hand.

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1 Q. You described that there was
2 information contained within that note
3 that you believe had he had available
4 mandated surgical intervention. What
5 information within that note are you
6 specifically referring to?

7 A. Can you repeat your
8 question, please?

9 Q. Certainly. Earlier in the
10 deposition you described that your
11 opinions that there was a delay were at
12 least in part based upon the note of
13 Dr. Stanisic, that being the note that's
14 in front of you now, that you believed
15 that at 3:15, or whenever that note was
16 written, there was information contained
17 in that note which required immediate or
18 earlier intervention.

19 I am now asking you what
20 information specifically in that note is
21 it that you believe Dr. Stanisic had
22 that required the intervention?

23 A. I think there's sufficient
24 information in his note that he reached
25 the correct diagnosis that Mr. Brooks

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1 stomach, they lavaged the stomach
2 through the PEG tube looking to see if
3 there was bleeding inside the stomach,
4 which there wasn't.

5 At that point with that
6 knowledge that this man was hypotensive,
7 that he hadn't responded to fluid
8 boluses, that he clearly had dropped his
9 hemoglobin, that the hemoglobin was not
10 going into the stomach, in my opinion
11 he correctly concluded that the
12 hypotension was due to hypovolemia from
13 presumed intra-abdominal bleed.

14 At that point I believe
15 that he was obligated to consult surgery
16 right then. And with the patient not
17 responding, not getting his blood
18 pressure back up to normal and the need
19 to start medicines that would raise
20 blood pressure -- and he writes down
21 here Neosynephrine drip, however, these
22 medicines that raise the blood pressure
23 don't necessarily increase flow to
24 organs. They do raise the blood
25 pressure, but they don't increase flow

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1 had hypovolemia from a presumed
2 intra-abdominal bleed. He was able to
3 make that diagnosis on the basis of
4 what you termed earlier, which is shock,
5 which is hypotension, or low blood
6 pressure. He very well details the
7 time and course here of the patient's
8 low blood pressure.

9 He notes that the patient
10 was bolused, or given normal saline,
11 which is a field to raise blood
12 pressure, and states that there was
13 without much response. So he notes
14 that the patient has had hypotension and
15 has not responded to normal saline.

16 In his note he also notes
17 that the patient's hemoglobin is much
18 lower than it was earlier. At that
19 point he can make a reasonable inference
20 that the patient is bleeding and that's
21 the likely cause of the hypotension.

22 In addition, in his note
23 on page 3 he writes, PEG lavage
24 negative for blood, which means they
25 looked at the substance within the

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1 of oxygen to the tissues.

2 One can make a reasonable
3 inference, and I believe that most
4 reasonable doctors would come to the
5 same conclusion, that this man had a
6 major intra-abdominal hemorrhage at that
7 point that required, that the standard
8 of care required that surgery be
9 consulted, be involved and the patient
10 be taken to surgery shortly.

11 Q. He detailed within his note
12 several tests that were performed on the
13 patient. You pointed out a lavage.
14 There were two blood gases, there's an
15 EKG referred to, there's also the fact
16 that the stool was checked, which was
17 guaiac negative. There was clinical
18 examination, there was monitoring of the
19 vital signs that was accomplished.

20 Do you believe that all
21 of that should have been done and the
22 patient to surgery before 4:10 a.m.?

23 MR. MISHKIND: Before he
24 answers let me just qualify by the fact
25 that he has not seen the testimony of

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1 the doctor or Dr. Lisgaris who testified
2 as to what she had done before Dr.
3 Stanisc arrived, so the temporal
4 relationship he may or may not be able
5 to answer based upon not having that
6 information. But he can go ahead and
7 respond.

8 Q. Let me just make sure it's
9 clear. You've seen obviously the blood
10 draws that were done, the attempt to
11 get a cross-match done. You saw there
12 was an order for typing and crossing,
13 correct?

14 A. Yes.

15 Q. You saw that the EKG and
16 those other tests that I've just
17 referred to were all performed, correct?

18 A. Yes.

19 Q. You were able to discern
20 some of the timing of the blood tests,
21 including 2:45, including 3:00 a.m. The
22 EKG I believe was 2:35 or 2:36 a.m.
23 You were able to discern all of that,
24 correct?

25 A. Yes.

1 Mr. Brooks was discovered at 2:25 to be
2 in this state that certain standard
3 procedures and assessment needed to be
4 done, including the ABCs which you
5 mentioned, including many of the tests
6 that you've mentioned, and that these
7 would take some period of time.

8 However, the tests that you mentioned,
9 the procedures that you mentioned, I
10 would expect that most, if not all of
11 these, would have been accomplished in
12 the ensuing hour to an hour and a half.

13 Q. Okay.

14 A. So in that regard I do agree
15 with you that this initial assessment
16 had to be made to come to the correct
17 assessment to guide for the therapy and
18 that that was made, but that from that
19 point on there was still an unreasonable
20 delay between that assessment and when
21 Mr. Brooks ultimately went to surgery.

22 Q. So that initial assessment
23 needed to be done within an hour to an
24 hour and a half of the physicians first
25 being called, if I understand you

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1 Q. So it was pretty obvious to
2 you there was a lot going on in that
3 time frame between 2:25 and 4:10 a.m.
4 before the first code, correct?

5 A. Yes.

6 MR. MISHKIND: And before
7 Dr. Stanisc arrived.

8 Q. And some of that was before
9 Dr. Stanisc arrived at 3:15. But do
10 you believe that all of that information
11 needed to be acquired, assimilated and
12 the patient to surgery before 4:10 a.m.
13 for the standard of care to have been
14 met?

15 MR. MISHKIND: Let me just
16 object because it's a multi-part
17 question in terms of acquired,
18 assimilated, et cetera.

19 If you can answer, Doctor,
20 I don't mean to confuse you by my
21 objection, go ahead.

22 A. As I've testified earlier, I
23 don't have any specific opinion about
24 the standard of care before 2:20 or
25 2:25. I do agree with you that after

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1 correctly; is that correct?

2 A. Yes.

3 Q. Obviously that would take us
4 up to about 4:00 a.m. if we use an hour
5 and a half, 3:30 a.m. if we use an
6 hour. I'm going to ask you a common
7 sense question. Things take a little
8 longer in the middle of the night, no
9 matter what hospital you're at, than
10 they do at 2:00 in the afternoon,
11 correct?

12 A. Correct.

13 Q. And the reality is after
14 they reached that conclusion then there
15 needs to be incorporation of surgery,
16 correct?

17 A. I would think that a
18 reasonable physician would reach that
19 conclusion, would have a surgeon
20 involved certainly after that assessment
21 was made, yes.

22 Q. And obviously you saw that
23 the patient coded at 4:10 a.m., correct,
24 or do you not believe that was a code?

25 A. I believe that the patient

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1 was intubated at approximately 4:10 a.m.
2 I believe that the patient was not
3 breathing correctly as the doctor wrote
4 in his note, patient intubated secondary
5 to decreased MS, which stands for mental
6 state/airway protection.

7 Q. Well, you do see also that
8 there was CPR and they were unable to
9 obtain a BP, correct, by cuff?

10 A. I do. I also note that that
11 same data sheet says that there was a
12 respiratory arrest and not a cardiac
13 arrest.

14 Q. Who fills out the top of
15 that, does a physician or a nurse?

16 MR. MISHKIND: Top of
17 what?

18 MR. KELLEY: The CPR
19 data sheet.

20 MR. MISHKIND: Are you
21 talking about the very first line?

22 MR. KELLEY: Any CPR
23 data sheet at the top. I'm talking
24 about that top paragraph before we get
25 to the graphic sheet.

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1 the arrests, the one at 4:10 and the
2 one at 4:50, to both be cardiopulmonary
3 arrests would that change any of your
4 opinions?

5 MR. MISHKIND: Same
6 objection.

7 But you can answer the
8 question.

9 A. I'm not quite sure how to
10 answer your question because what
11 another doctor perceives, I'm not sure
12 if that is the reality of the
13 situation. The first code which you're
14 referring to, per the sheet no CPR was
15 given. I can't imagine a
16 cardiopulmonary arrest where CPR is not
17 given, whereas the second code CPR is
18 given.

19 Q. Okay. So because of the
20 fact there were no chest compressions
21 required you do not believe that the
22 first one was a cardiac arrest, I
23 understand that.

24 My question is, if in
25 fact Dr. Stanisic has testified that

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1 A. In regards to the sheet in
2 front of you, I don't know who filled
3 that out. Procedures are different in
4 different hospitals.

5 Q. Dr. Stanisic I will relate
6 to you testified that he did not see a
7 difference in his medical opinion
8 between the 4:10 arrest and the 4:50
9 a.m. arrest and he felt them both to be
10 cardiopulmonary arrests. Would that
11 change your opinions at all?

12 MR. MISHKIND: Let me
13 object, again, for several reasons.

14 One, it's not the testimony of Dr.
15 Lisgaris, and he's not seen the
16 deposition testimony.

17 MR. KELLEY: I didn't
18 say it was --

19 MR. MISHKIND: I understand
20 your question is focused in on Dr.
21 Stanisic alone. That's fine, go ahead.

22 A. Could you repeat the
23 question, please?

24 Q. Certainly. If Dr. Stanisic
25 has testified that he perceived both of

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1 both codes from his perception were the
2 same and if we accept that they were
3 both cardiopulmonary arrests, that's a
4 hypothetical, if you accept that to be
5 true does that change any of your
6 opinions?

7 MR. MISHKIND: Objection.
8 But you can go ahead and
9 answer.

10 A. Based on your hypothetical
11 that both codes were full
12 cardiopulmonary arrests it would change
13 my opinions.

14 Q. And how would it change your
15 opinions?

16 A. The first code that you
17 allude to was a prolonged code. I
18 believe in reviewing the medical records
19 that it was a respiratory arrest where
20 the patient was intubated so that he
21 could breathe correctly but that through
22 that entire code he had a pulse which
23 was documented, although the blood
24 pressure could not be auscultated
25 through the blood pressure cuff, thus I

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1 would infer that that patient still had
2 circulatory --
3 Q. Profusion?
4 A. -- profusion during that
5 period of time. If he had not he would
6 have needed to receive CPR, he would
7 have required other medicines given
8 through a typical CPR and likely he
9 would have been cardioverted or what
10 someone would call shocked his heart
11 back, which was not given.
12 If a hypothetical is that
13 you had a patient who had no blood
14 pressure and no pulse for 15 to 20
15 minutes, that could clearly cause
16 significant organ damage.
17 Q. And the medications that ■
18 believe would normally be given would be
19 things like Atropine and Epinephrine,
20 correct?
21 A. There are a large number of
22 medicines that are given during a code.
23 Epinephrine is commonly given. Atropine
24 is often given for a low heart rate.
25 However, there's a sequence of different

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1 you read that to be?
2 A. At 4:10 it appears to state
3 heart rate is 50, BP it writes unable,
4 respiration rate zero, and rhythm, it is
5 likely SB standing for sinus
6 bradycardia.
7 Q. And what's the significance
8 of that if it is in fact sinus
9 bradycardia?
10 A. A normal pulse rate is
11 generally defined between 60 and a
12 hundred. If you're faster than a
13 hundred it's tachycardia, if you're
14 slower than 60 it's bradycardia. If
15 the rhythm in the heart is normally
16 generated it's called a sinus rhythm.
17 So this would say that the rhythm is
18 being generated in the correct spot in
19 the heart, it's slower than normal.
20 Q. And you do see through cuff
21 they were never able to establish a BP
22 from 4:10 through 4:22, correct?
23 A. Correct.
24 Q. And obviously the critical
25 issue in an arrest is profusion,

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1 medicines that are given at different
2 times if the patient doesn't respond to
3 earlier medicines.
4 Q. Okay. You see if you look
5 at it that they describe that they gave
6 one amp of Epinephrine. Is the
7 Epinephrine for cardiac function or for
8 respiratory function?
9 A. Well, your question is
10 actually somewhat difficult to answer as
11 Epinephrine has effects on pulmonary as
12 well as cardiac tissue. In general
13 Epinephrine is given for cardiac
14 reasons.
15 Q. What about Atropine, is that
16 generally given for cardiac or
17 respiratory reasons?
18 A. Atropine is generally given
19 for low heart rate.
20 Q. To try and increase the
21 patient's pulse in essence?
22 A. That's correct.
23 Q. And you also see it looks
24 like there's some letters underneath
25 where it says rhythm at 4:10. What do

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1 correct?
2 A. Correct.
3 Q. Because what we're trying to
4 do is we're trying to get that oxygen
5 not only from the lungs through the
6 heart but to all the vital organs and
7 tissues, correct?
8 A. Correct.
9 Q. And if we don't have
10 profusion we get multi-system organ
11 failure, correct?
12 A. Correct.
13 Q. Because there's a lack of
14 oxygen and those organs and tissues die,
15 correct?
16 A. Correct.
17 Q. And the way that the oxygen
18 gets pushed from point A being the
19 lungs to point B being the tissues and
20 organs is through the blood pressure,
21 correct?
22 A. Correct.
23 Q. No blood pressure no
24 profusion, correct?
25 A. Correct.

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1 Q. And obviously if a cuff is
2 unable to pick it up it's obviously an
3 extremely low, if not nonexistent, blood
4 pressure, correct?
5 MR. MISHKIND: Objection.
6 A. No.
7 Q. You disagree with that, why?
8 A. I think that a patient can
9 still have blood pressure and a pulse,
10 they can be poorly auscultated,
11 especially during a crisis, and that the
12 best way to measure someone's blood
13 pressure is if someone has a transducer
14 in one of their arteries. There are
15 certainly cases where someone can have a
16 reasonably normal blood pressure by
17 invasive monitoring and yet have a
18 difficult blood pressure to auscultate
19 through a stethoscope.
20 Q. Did you see that there was a
21 CVP inserted?
22 A. Yes.
23 Q. Is there any reference
24 anywhere that they were able in any
25 mechanism to trace blood pressure,

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1 whether it be by palpation or any other
2 means, during this code?
3 A. Not that I'm aware of.
4 Q. Other than your belief that
5 sometimes there is a blood pressure when
6 it's unable to be obtained by cuff, do
7 you have any other evidence in this
8 case that this patient had a blood
9 pressure from 4:10 through 4:22?
10 A. Yes.
11 Q. And what's that?
12 A. He has a pulse.
13 Q. And his pulse is 50 at 4:10?
14 A. Yes.
15 Q. It's 157 at 4:16?
16 A. Yes.
17 Q. And the 157, do you believe
18 that to be a reliable number, or is
19 that more indicative of fibrillation?
20 A. That would -- you've asked
21 me two separate questions.
22 Q. First let me break it down.
23 Is it reliable?
24 A. I have no reason to not
25 think it's reliable.

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1 Q. Okay. If in fact it's
2 reliable is it consistent with a human
3 heartbeat in this situation or is it
4 consistent with fibrillation as a result
5 probably of the Atropine?
6 A. Can you repeat the question,
7 please?
8 Q. Let me try to make it as
9 simple as possible.
10 Do you believe that the
11 heart rate of 157 was reflecting a
12 well-functioning heart?
13 A. In many ways the answer to
14 your question is yes because 157 is a
15 normal response to hypotension, is a
16 normal response to Atropine. So in
17 that respect the heart is functioning
18 correctly.
19 Q. And you believe that the 157
20 beat is not just a beat reflected by
21 the monitor, which is typically done if
22 I understand correct, isn't it?
23 A. Correct.
24 Q. Even though it's not the
25 real rate, it's the only thing that

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1 they can find during a code situation,
2 correct?
3 A. Could you --
4 Q. Let me repeat it so it makes
5 a little more sense.
6 Have you participated in a
7 code?
8 A. Yes.
9 Q. And obviously the monitor
10 where you get a heart rate from is not
11 always accurate, is it?
12 A. That's a difficult question
13 to answer.
14 Q. Okay.
15 A. The heart rate is measuring
16 electrical response for the heart where
17 blood pressure is really a mechanical
18 response for heart. Usually the
19 mechanical and the electrical events go
20 together. There is an unusual and very
21 serious condition called electrical
22 mechanical disassociation where you can
23 have a pulse and no blood pressure.
24 People don't usually survive that event
25 very often.

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1 Q. Because they end up in
2 multi-system organ failure?
3 A. No, they end up in cardiac
4 arrest right then and there and die.
5 I'm sorry, could you
6 repeat the question again?
7 Q. Certainly. First and
8 foremost, do you think it was electrical
9 mechanical disassociation?
10 A. I definitely do not.
11 Q. So you believe that this
12 patient had a viable heart rate of 157
13 at 4:10 a.m.?
14 A. I do.
15 Q. And you believe that that
16 heart was pumping and able to profuse?
17 A. I believe it was pumping and
18 I believe there was some profusion, but
19 I'm not able to say how much profusion
20 he had at that point.
21 Q. You can't say that he was
22 adequately profusing or inadequately
23 profusing, you're unable to say either
24 way?
25 A. That's correct.

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1 Q. If he was unable to
2 adequately profuse, I assume that you
3 believe that anything after this code
4 would have been, in essence, for not,
5 that the damage was most likely done to
6 a probability?
7 MR. MISHKIND: Objection.
8 You can answer.
9 A. As I've testified earlier,
10 there are shades of gray on this. No
11 blood pressure is very different from 40
12 over palpable, which is very different
13 from 80/60. So what I believe I
14 testified to earlier, which I'd like to
15 reaffirm, if someone had no blood
16 pressure, no profusion at all for this
17 length of time, yes, I do believe that
18 would result in multi-organ failure.
19 Q. And obviously there's shades
20 of gray whether it is extremely
21 inadequate, somewhat inadequate because
22 that's a shade of gray that you're
23 unable to clarify right now, correct?
24 MR. MISHKIND: Objection.
25 I have no idea what you just asked him.

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1 MR. KELLEY: I only care
2 if he understands.
3 MR. MISHKIND: I do. It's
4 terribly vague.
5 Q. Do you understand? I'm
6 trying to use your phrase of shades of
7 gray.
8 A. Can you repeat the yes,
9 please?
10 Q. Sure. You described shades
11 of gray and you have said that if
12 there's absolutely nothing, no
13 profusion, that in essence everything
14 after that event was for not, the 4:10
15 event, correct?
16 MR. MISHKIND: Those were
17 your words.
18 Q. Doctor, if I mischaracterize
19 anything, go ahead. Mr. Mishkind seems
20 to want to testify today.
21 MR. MISHKIND: No, I
22 don't. I just want the record to
23 accurately reflect --
24 MR. KELLEY: Then I just
25 object.

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1 Q. Doctor, here's my question.
2 If from 4:10 to 4:22 this patient had
3 absolutely no profusion, no blood
4 pressure, you agree with me that that
5 was, in essence, the fatal event,
6 correct?
7 MR. MISHKIND: Objection.
8 Go ahead.
9 A. I agree with you that if
10 this patient had no blood pressure for
11 that length of time, no Profusion that
12 it would likely have resulted in
13 multi-organ failure, and the sequence of
14 events that followed likely could be
15 explained on the basis of no profusion
16 for, say, 12 minutes time.
17 Q. Okay. But, however, you've
18 described that sometimes there are
19 shades of gray, and I use that phrase
20 because it's your own. What I mean by
21 that when I say shades of gray is you
22 can't say whether or not during that
23 time frame there were varying degrees of
24 profusion, whether it be completely
25 inadequate, somewhat inadequate or

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1 inadequate. Does that make sense to
2 you as I phrase it that way?
3 A. I would agree that with the
4 knowledge I have here I cannot be sure
5 how much profusion there is. However,
6 I think that I can reasonably infer
7 that the doctors believe that there was
8 profusion at the time because there was
9 a good heart rate, because they did not
10 initiate CPR, they did not go on to
11 give him additional medicines that would
12 be commonly given during a
13 cardiopulmonary arrest, and the senior
14 medical resident who wrote his note
15 wrote that the patient was intubated due
16 to airway protection because of a
17 decreased mental state.
18 Q. Who is Howard Nearman?
19 A. I believe that Dr. Nearman
20 is an expert anesthesiologist who you
21 have retained in this case who wrote a
22 report.
23 Q. Do you know who he is from
24 working at University Hospitals of
25 Cleveland?

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1 A. I don't.
2 Q. If I tell you that he was
3 the director of the SICU and was
4 recently appointed as the director of
5 anesthesiology, would you have any
6 reason to disagree with that?
7 A. I would not.
8 Q. Would you agree with me that
9 within University Hospitals Dr. Nearman
10 would be a better person to discuss
11 codes and the effects of a code on a
12 patient than you as a neurologist?
13 A. That's a complicated answer
14 because neurologists are frequently
15 asked to see patients after codes in
16 regards to the effect of the code. As
17 you may know, the brain is exquisitely
18 sensitive to the lack of oxygen, thus
19 neurologists are frequently asked by
20 anesthesiologists to evaluate patients
21 after a cardiac arrest or code.
22 Q. When a code is called in
23 University Hospitals of Cleveland
24 neurology doesn't respond to that code
25 but anesthesiologists and doctors like

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1 Dr. Nearman do, correct?
2 A. Correct.
3 Q. Have you seen his report?
4 A. I have.
5 Q. Any disagreement with Dr.
6 Nearman?
7 MR. MISHKIND: Let me
8 object. If you want to take a look at
9 the report.
10 A. If I could look at the
11 report it might be helpful.
12 Q. Take your time. That's
13 fine.
14 A. In response to your
15 question, I would disagree with part of
16 Dr. Nearman's report. Under his
17 assessment he writes, the insults which
18 were responsible for the cascade leading
19 to Mr. Brooks' demise were the arrests
20 occurring in the early morning hours of
21 6-5-98. A period of low flow is
22 evidenced by inability to obtain any
23 blood pressure readings that occurred
24 for about 15 to 20 minutes followed
25 rather quickly by a second period of

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1 four minutes in all probability were the
2 inciting events triggering the cascade
3 leading to multiple system organ
4 failure. I would disagree with that
5 statement.
6 Q. First, what is your
7 disagreement? What do you believe to
8 be the differing version than what Dr.
9 Nearman has concluded?
10 A. I think Mr. Brooks developed
11 multi-organ failure due to poor
12 profusion from ongoing bleeding from at
13 or before 2:25 in the morning that
14 continued up to and through 9:00 or
15 possibly later in the morning and that
16 the second arrest which Dr. Nearman
17 alludes to was very short. It was
18 documented as a cardiopulmonary arrest
19 where the patient was given Epinephrine
20 and quickly reverted.
21 That arrest was
22 sufficiently short that I do not believe
23 that it caused any type of triggering
24 or cascading event. Which then brings
25 us back to the code that we've been

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1 talking about, this 10 to 12 minute
2 code where a blood pressure was not
3 obtainable through auscultation, yet the
4 patient had a pulse, yet the patient
5 was not given CPR, yet the patient was
6 not given other medicines, yet the
7 patient was not shocked, the same code
8 that the senior medical resident wrote
9 that the patient was intubated for
10 airway protection.

11 When I originally read the
12 medical records it appeared to me that
13 Mr. Brooks was intubated for airway
14 protection and had a respiratory arrest
15 and not a cardiac arrest and that that
16 length of time was not a length of time
17 of no blood pressure, and the second
18 cardiac arrest which was
19 sufficiently short that it would not
20 have caused the multi-organ system
21 failure.

22 Q. Let me ask you a couple of
23 questions because I want to kind of
24 wrap up your standard of care opinions
25 but I want to make sure I understand

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1 blood count one should know there is a
2 world of difference between someone
3 losing blood slowly versus someone
4 losing blood quickly.

5 For instance, if a patient
6 has a slow gastrointestinal bleed over
7 months they can sustain very low
8 hemoglobin and hematocrit. However,
9 that same person if they were to have a
10 massive bleed and lose that same amount
11 of blood instead of over months over a
12 couple of hours, given that the
13 hemoglobin level may be the same it has
14 dramatically different clinical meaning.

15 When someone loses a large
16 amount of blood in a short period of
17 time it's quite critical. When the
18 body loses a large amount of blood over
19 a long period of time the body is able
20 to compensate fairly well.

21 So that hemoglobin which
22 you're alluding to if it had resulted
23 from a slow bleed over weeks or months,
24 no, it's not a critical level. Is it
25 critical that it happened over a short

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1 them all so we can actually get to the
2 polymyositis opinions.

3 First and foremost, you
4 talked about the patient having a low
5 hemoglobin. I believe the two
6 hemoglobins that came back, one was by
7 ABG, that was 9.1, and the other one by
8 CBC was 8.6 that morning. First, are
9 those critically low?

10 A. I think it's fair to say
11 that in this gentleman they were
12 critically low.

13 Q. I'm asking prospectively.
14 Obviously it's easy to decide what was
15 critical looking backwards. I'm asking
16 going forward in time when the physician
17 is at this patient's bedside between
18 2:25 and 3:30 in the morning when
19 they're taking these labs and getting
20 these lab values back, were they
21 critically low values?

22 A. I understand the question
23 that you're asking. In Mr. Brooks the
24 levels were critically low. When
25 someone talks about a critically low

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1 period of time and that it was likely
2 continuing, the answer is yes, it is
3 critical.

4 Q. I want to talk about
5 hemoglobin in general. There's some
6 other things that can account for a low
7 hemoglobin. One would be dilution,
8 correct?

9 A. Correct.

10 Q. And this patient had
11 received saline, correct?

12 A. Correct.

13 Q. And obviously by adding
14 saline you're adding fluid that has no
15 red oxygen carrying blood cells, so the
16 hemoglobin would go down logically,
17 correct?

18 A. That's correct. Although,
19 that statement is more correct when the
20 patient is already volume depleted so
21 they have lost volume from some other
22 way. If you take a normal person, you
23 or myself, and give us a bolus of
24 normal saline, in a normal person our
25 kidneys will quickly filter that out and

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1 your hemoglobin won't change very much.
2 If you have a person that's lost blood
3 and then you've given them normal
4 saline, yes, there's a significant
5 dilutional effect.

6 Q. In Mr. Brooks there would
7 have been a significant dilutional
8 effect based on the saline, correct?

9 A. I think it's fair to say
10 that there was a dilutional effect based
11 on the saline and also a true effect
12 based on his bleeding.

13 Q. So the hemoglobin numbers
14 that we saw, the 8.6 and the 9.1, would
15 have reflected diluted values?

16 A. They could. But your
17 question as you're asking it is actually
18 more complex, because as someone is
19 actively bleeding dilution takes some
20 time to occur as well.

21 Q. How long?

22 A. I would defer that opinion.

23 Q. Okay. And you don't have to
24 answer this, if you're uncomfortable
25 answering just tell me so.

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1 standard of care opinions based upon
2 your review of testimony -- and I
3 understand, this isn't a situation,
4 trust me, that I created, that Mr.
5 Mishkind created or that I know you're
6 creating. As additional depositions
7 come forward if there is a material
8 change to your standard of care opinions
9 will you provide a report to Mr.
10 Mishkind so that we can at least be
11 aware of them?

12 A. Yes.

13 MR. MISHKIND: We will
14 certainly supplement that as we finish
15 our discovery/expert depositions.

16 (Discussion off record.)

17 Q. Have you seen the report of
18 Dr. Ballou from Metro?

19 A. I have.

20 Q. Do you know Dr. Ballou?

21 A. I don't.

22 Q. You've obviously reviewed his
23 report?

24 A. I have.

25 Q. I see a brief grin on your

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1 Do you believe that the
2 fact that he had received saline prior
3 to the hemoglobins being drawn would
4 have created a dilutional effect, yes or
5 no, or no opinion? Either way is fine.

6 A. I'll agree they would have
7 created some dilutional effect.

8 Q. And what effect does giving
9 the patient steroids have on their
10 hemoglobin, if you know?

11 A. In general steroids have
12 very little effect on hemoglobin,

13 Q. Does it have any effect on
14 hemoglobin?

15 A. As you may likely know,
16 steroids have pronounced effects on many
17 organs of the body. I do not believe
18 there's any major effect of steroids on
19 hemoglobin level which I'm aware of.

20 Q. Have we covered at this
21 point your standard of care opinions in
22 this case?

23 A. To the best of my knowledge,
24 yes.

25 Q. If you have any additional

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1 face or at least some form of a
2 gesture. Why is it that you have a
3 little smile on your face based on Dr.
4 Ballou's report?

5 MR. MISHKIND: I'm not
6 sure that -- you're interpreting that as
7 a smile.

8 MR. KELLEY: He can tell
9 me if it's not. I don't want to put
10 any negative connotation on it if it's
11 not there. He can put that connotation
12 on it if he so wishes.

13 MR. MISHKIND: We'll do it
14 by responding to your question, how's
15 that?

16 MR. KELLEY: That's what
17 my hope was.

18 A. In regards to your question,
19 I had some reasonably strong emotions
20 reading Dr. Ballou's report. I thought
21 that his report had many inaccuracies in
22 it and I felt sorry for his patients
23 who had polymyositis who he was
24 consulting with.

25 Q. Okay. So you believe he is

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1 absolutely it sounds like in left field?
2 A. I believe that he's put a
3 terribly inappropriate bias to a
4 condition which is quite treatable and
5 quite gratifying to treat in which most
6 patients respond well.
7 Q. First and foremost, is there
8 a morbidity and mortality associated
9 with polymyositis assuming appropriate
10 treatment?
11 MR. MISHKIND: You're
12 talking about in general?
13 Q. In general.
14 A. There is.
15 Q. Let's talk first with the
16 morbidity. What is the morbidity that
17 goes along with successfully treated
18 polymyositis?
19 A. Well, if I follow your
20 question correctly, if someone is
21 successfully treated, that is, their
22 polymyositis resolves on treatment, most
23 of the morbidity has to do with the
24 agents which are used to treat the
25 disorder.

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1 Q. That being the steroids?
2 A. That being the steroids or
3 other immunosuppressive agents, yes.
4 Q. So if in fact a patient is
5 able to beat polymyositis, the treatment
6 in and of itself may cause varying
7 degrees of harm to them, correct?
8 MR. MISHKIND: Let me just
9 object to the term beat.
10 But you can go ahead and
11 answer.
12 A. The treatment of
13 polymyositis, which includes steroids
14 and other immunosuppressive agents, like
15 a lot of other medicines, have potential
16 side effects. These side effects are
17 greater if the dosages have to be
18 higher or used for a longer period of
19 time. In most patients these medicines
20 can be used safely and complications
21 managed.
22 In general in polymyositis
23 the side effects of steroids, as in
24 other conditions, are related to high
25 dose steroids. Most patients with

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1 polymyositis need high dose steroids for
2 a period of time, usually several
3 months, after which the steroid dose is
4 tapered to lower dosages or every other
5 day dosages. At that time the
6 incidence of side effects dramatically
7 decreases.
8 Q. Let's talk specifically about
9 mortality. Is there any mortality
10 associated with polymyositis?
11 MR. MISHKIND: Show an
12 objection again. I presume you're
13 speaking in general terms?
14 MR. KELLEY: Broad
15 general terms.
16 MR. MISHKIND: My objection
17 is to the use of the term any
18 mortality.
19 In general go ahead and
20 answer the question.
21 A. In broad general terms the
22 answer is yes.
23 Q. Are you able to quantify for
24 me the level of mortality associated
25 with polymyositis?

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1 A. I can give you an estimate,
2 Q. And what would that be?
3 A. First, to preface the answer
4 to the question, there isn't one piece
5 of medical research that directly deals
6 with this topic, and that is
7 polymyositis and mortality directly from
8 polymyositis as opposed to other
9 conditions the patient may or may not
10 have.
11 As you may know,
12 polymyositis has some associated
13 increased mortality. This occurs
14 primarily in that polymyositis in some
15 cases is associated with other
16 disorders. In some cases polymyositis
17 can be associated with an increased risk
18 of malignancy which definitely increases
19 mortality.
20 Polymyositis can also be
21 associated with an associated autoimmune
22 disease of the lung which is referred
23 to as interstitial lung disease, which
24 clearly has a higher associated
25 morbidity and mortality.

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1 And finally, polymyositis,
2 as you mentioned earlier, is an
3 autoimmune disease that sometimes occurs
4 as part of other autoimmune diseases,
5 and those diseases may carry a higher
6 morbidity and mortality.

7 In general, the increased
8 mortality of polymyositis primarily has
9 to do with the association with
10 malignancy, the association with an
11 interstitial lung disease and the
12 association with other connective tissue
13 disorders. Those are the primary
14 conditions which increase the mortality
15 of polymyositis.

16 In general, the mortality
17 from polymyositis in Mr. Brooks'
18 situation is probably someplace in the
19 neighborhood of 10 to 20 percent.

20 Q. Let me make sure I
21 understand what you're saying when you
22 say Mr. Brooks' case.

23 Are you stating that Mr.
24 Brooks at admission on May 25th had a
25 10 to 20 percent mortality rate

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1 the polymyositis per se, from decreased
2 mobility, decreased muscle strength.

3 Q. Are you able to quantify
4 based on everything that you know of
5 Mr. Brooks what his mortality was, based
6 on all of his co-morbid conditions,
7 based upon the records that you
8 reviewed, assuming he didn't suffer the
9 bleed?

10 A. Well, in regards to Mr.
11 Brooks I do have some information that
12 many doctors treating a patient with
13 polymyositis do not have, and that is I
14 have his autopsy report. So when I see
15 a patient with newly diagnosed
16 polymyositis I may worry that they have
17 an underlying malignancy, I may worry
18 that they have interstitial lung
19 disease, I may worry that they have an
20 associated connective tissue disorder.

21 In Mr. Brooks' case
22 there's no clinical or laboratory
23 evidence of that. In addition, we're
24 in the unusual situation of having a
25 gross and microscopic autopsy which also

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1 regardless of the care and treatment
2 that was provided because of his
3 underlying polymyositis?

4 A. I am saying that if you take
5 all comers similar to Mr. Brooks there's
6 a reasonable degree of medical certainty
7 that Mr. Brooks would have survived and
8 responded well to treatment for his
9 polymyositis. However, taken all
10 patients similar to Mr. Brooks when
11 looked at five to ten years later 80
12 percent of the patients are still alive
13 where 20 percent, approximately, have
14 died. Among those 20 percent increased
15 mortality has to do with the association
16 of malignancy, interstitial lung disease
17 and associated connective tissue
18 disease.

19 In addition, there are
20 some patients with polymyositis who have
21 increased morbidity and mortality
22 because they simply do not respond to
23 medical treatment, and in those patients
24 they are potentially susceptible to
25 increased morbidity and mortality from

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1 shows that was not the case.

2 So I know -- unlike a lot
3 of other patients, I know that he did
4 not have these co-morbid conditions that
5 can be associated with polymyositis
6 which definitely increases morbidity and
7 mortality.

8 I am aware of his age and
9 I am aware that he had coronary disease
10 in the past. I'm also aware that his
11 coronary artery disease was described as
12 stable, that his bypass graphs were
13 patent at the time of autopsy. I am
14 aware that someone like Mr. Brooks at
15 age 65, 64, being African American, that
16 his life expectancy without the
17 polymyositis might be on the average of
18 14 to 15 years.

19 It's hard to tell you
20 exactly what his mortality would have
21 been. I can tell you with a reasonable
22 degree of medical certainty that he
23 wouldn't have died of his condition and
24 that he would have responded to
25 treatment.

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1 Q. And that treatment would
2 have been what?
3 A. Standard treatment of
4 polymyositis starts with steroid-type
5 drugs, which include the Solumedrol that
6 Mr. Brooks was being treated with.
7 Steroids are the standard first line
8 treatment of polymyositis. However,
9 there are several options for patients
10 who don't respond to steroids or who
11 develop unacceptable steroid side
12 effects.
13 Q. Let's talk a little bit
14 about Mr. Brooks as a patient here.
15 Now, Mr. Brooks obviously required a PEG
16 tube from his polymyositis, correct?
17 A. I agree that a PEG tube was
18 a reasonable medical intervention given
19 his polymyositis and given his impaired
20 swallowing function from the
21 polymyositis.
22 Q. He had significant pharyngeal
23 dysfunction, correct?
24 A. I agree that he had
25 pharyngeal dysfunction that made a PEG

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1 studies where it is not.
2 One important point in Mr.
3 Brooks and similar patients is the
4 placement of the PEG tube is meant to
5 decrease the morbidity and mortality
6 associated with polymyositis because one
7 of the major morbidity and mortalities,
8 as I suspect you're aware of, is an
9 aspiration of oral contents into the
10 lungs causing a so-called aspiration
11 pneumonia which then cannot be cleared
12 because of impaired chest wall function
13 which can lead to serious problems.
14 Thus, someone who is not actively eating
15 or drinking, who is getting their
16 nutrition via PEG tube is at much less
17 risk for that complication.
18 So in many ways, even
19 though someone might say that impaired
20 swallowing problems increase morbidity
21 and mortality -- and that point
22 certainly remains somewhat controversial
23 as far as I'm concerned in the medical
24 literature -- you can make a strong
25 argument that the placement of the PEG

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1 tube a medically reasonable decision.
2 Q. Do you agree that it was
3 significant pharyngeal dysfunction?
4 A. I think it's a fair
5 statement that someone who needs a PEG
6 tube has significant pharyngeal
7 dysfunction.
8 Q. I only said that because I'm
9 using it from your report.
10 MR. MISHKIND: He's not
11 disputing what you're saying.
12 MR. KELLEY: I know.
13 Q. Is there any sort of
14 diagnostic value or prognostic
15 indication that we can gain from the
16 fact that he required a PEG tube as a
17 result of his polymyositis as it
18 pertains to morbidity and mortality?
19 A. I think the answer to that
20 question is unsettled and doesn't reach
21 any degree of medical certainty, I am
22 aware of some medical studies that
23 suggest that dysphagia, or trouble
24 swallowing, is associated with increased
25 morbid and mortality, I'm aware of other

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1 tube decreases those complications.
2 Q. And the reason that a PEG
3 tube helps reduce the risk of aspiration
4 is because with polymyositis the
5 epiglottis becomes dysfunctional
6 increasing the risk for aspiration,
7 right?
8 A. It's not quite the
9 epiglottis, but I think it's fair to
10 say that the pharyngeal muscles and the
11 upper third of the esophagus are
12 actually striated muscle which can
13 become weakend in polymyositis.
14 Q. A PEG tube carries with it
15 its own risks, including risks of
16 infection and things of that sort too,
17 correct?
18 A. Correct.
19 Q. So although you're reducing
20 the risk of aspiration, it's never
21 without risk that you stick a tube
22 through the abdominal wall of somebody
23 to supplement their feeding, correct?
24 A. That's correct. However,
25 the risk-benefit ratio is such that most

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1 reasonable doctors, including myself,
2 would say that the risks of a PEG tube
3 is sufficiently low compared to the risk
4 of an aspiration pneumonia that it's a
5 clearly worthwhile endeavor.

6 Q. There seems to be -- and
7 I've heard you refer to it a couple of
8 times, please correct me if I'm wrong
9 -- a lot of dispute regarding what the
10 cause of polymyositis is, correct?

11 A. The exact pathophysiology of
12 polymyositis is not completely
13 understood, however, most medical
14 experts in this field, be they
15 rheumatologists or neurologists, would
16 say to you, as I would say to you, that
17 polymyositis is certainly most likely an
18 autoimmune disease. Exactly what
19 triggers that autoimmune disease in an
20 individual person is not clearly known.
21 It's speculated that it has to do with
22 the patient's genetic background, it's
23 speculated that it has to do with some
24 environmental exposure to some agent,
25 virus or chemical.

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1 A. I'm not aware of that
2 literature.

3 Q. Mr. Brooks when he came in
4 also had impaired kidney function,
5 which, as you described in your report,
6 may or may not be related to the
7 polymyositis, correct?

8 A. Correct.

9 Q. Let's assume that it was
10 related to the polymyositis. First, are
11 you able to conclude that it was
12 related to the polymyositis based upon
13 the coroner's report?

14 A. If I can review that report
15 just for a moment.

16 Q. Sure.

17 (Brief recess.)

18 MR. KELLEY: Can you
19 read back my last question.

20 (Record read.)

21 Q. That's referring to the
22 kidney disease, I believe.

23 A. The answer would be no.

24 Q. Are you able to rule out
25 that it was related to the polymyositis?

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1 Q. And there's also some
2 dispute regarding the significance of
3 some of these prognostic features that
4 you've described. Some people have
5 written in the literature that you're
6 aware of that a PEG tube significantly
7 increases a patient's morbidity and
8 mortality, correct?

9 MR. MISHKIND: Objection.

10 A. I think you misstated it. I
11 think you meant pharyngeal weakness.

12 Q. Pharyngeal weakness requiring
13 a PEG tube placement is indicative of a
14 patient with a higher level of morbidity
15 and mortality?

16 A. I think there is some
17 medical literature that suggests that,
18 there is some medical literature which
19 does not suggest that. I would defer
20 that topic, it remains unclear.

21 Q. Are you aware what any of
22 the medical literature from University
23 Hospitals of Cleveland may say about
24 pharyngeal dysfunction and the
25 prognostic factors?

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1 A. The answer to your question
2 is somewhat complex. The coroner's
3 report states there's an acute tubular
4 necrosis. This is a finding that one
5 sees with low blood pressure, low flow
6 to the kidneys. There's more than
7 adequate explanation in the medical
8 record from the low flow state between
9 2:25 and 11:00 a.m. that occurred to
10 explain this finding.

11 In general, polymyositis
12 does not affect the kidneys. The
13 kidneys in some cases can be affected
14 indirectly from polymyositis if there is
15 so much muscle breakdown that one
16 product in the muscle known as myoglobin
17 circulates through the blood, is
18 filtered through the kidney and
19 myoglobin can then cause some kidney
20 dysfunction.

21 In addition, the abnormal
22 kidney blood values can also be seen if
23 a patient is merely dehydrated or not
24 taking in a normal amount of PO liquid.
25 In Mr. Brooks' case we know that he had

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1 some swallowing difficulty, as we talked
2 about earlier, and it's no surprise that
3 he may have been somewhat dehydrated on
4 admission.

5 So there are actually two
6 reasonable explanations for his slightly
7 abnormal kidney values. The dehydration
8 in my opinion was probably more likely.
9 Myoglobin, however, in some cases
10 myoglobin can be filtered from the
11 kidneys, cause kidney damage and later
12 on one would not see it. However, in
13 Mr. Brooks' case one would infer that
14 the polymyositis was still active as he
15 was only being treated for a weeks
16 time.

17 So I would think that if
18 it was due to myoglobin we would have
19 seen the myoglobin on the pathology.
20 So, thus, I do believe the pathology is
21 most consistent simply with hypotension,
22 shock to the kidney, and I think it's
23 much less likely on the data that we
24 have that the polymyositis caused the
25 kidney dysfunction.

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1 increased morbidity and mortality.
2 Q. So do you disagree that -- ■
3 know you kind of provided me with a
4 literature synopsis there, and ■
5 appreciate that, but I want to know, is
6 it your opinion that patients who
7 present with severe limb dysfunction
8 from polymyositis, do they have a better
9 or a worse prognosis as it relates to
10 morbidity and mortality, or is it too
11 controversial to answer?

12 A. I think it's controversial
13 to answer.

14 Q. You'll agree that Mr. Brooks
15 had severe limb impairment at
16 presentation?

17 A. With all due respect, in my
18 business I would qualify it as
19 moderately severe. With all due
20 respect, there are patients who can be
21 much worse off than he was.

22 Q. But you will agree that he
23 was unable to raise his legs from the
24 bed when he got there?

25 A. I agree that's what the

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1 Q. What about his limb
2 function, his muscular function, how was
3 that at admission?

4 A. It was impaired.

5 Q. And what's the significance
6 of impairment of limbs as a prognostic
7 indicator for, one, the treatability of
8 polymyositis, and, two, the morbidity
9 and mortality that would be associated
10 with it?

11 A. Well, again, this point is
12 controversial in the medical literature.
13 From a common sensical point of view
14 one would say the worse your disease
15 maybe the worse your prognosis, and
16 other experts in the fields have pointed
17 out that severe weakness at the onset
18 of polymyositis is not associated with a
19 poor prognosis and indeed the items that
20 are associated with poor prognosis are
21 associated malignancy, associated
22 interstitial lung disease, associated
23 connective tissue disease and the
24 failure to respond to treatment. Those
25 are the major issues which result in

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1 medical record documents.

2 Q. He was unable to sit or turn
3 over in bed without assistance?

4 A. I'll agree that's what the
5 medical record documents.

6 Q. How could he have been worse
7 as it pertains to his lower limbs?

8 A. He could have been
9 essentially paralyzed with no motion.

10 Q. He was kind of one step
11 short of that I take it?

12 MR. MISHKIND: Objection.

13 A. ■don't think we call it
14 steps, but there are clearly patients
15 who are worse off than he was.

16 Q. Let's talk about the -- ■
17 think you've touched on it --
18 interstitial lung tissue. Am I saying
19 it correctly?

20 A. Interstitial lung disease.

21 Q. Do we have any evidence --
22 first and foremost, what is it?

23 A. Interstitial lung disease is
24 an autoimmune disorder which is
25 associated in a small subset of patients

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1 of polymyositis, often associated with
2 an abnormal antibody in the blood,
3 so-called anti-Io, or J-O antibody,
4 where patients develop progressive
5 fibrosis of their lung tissue associated
6 with polymyositis. It's a much more
7 difficult condition to treat, it's much
8 less responsive to steroids than other
9 conditions and it has its own associated
10 increased morbidity and mortality.

11 Q. Are we able to determine
12 based upon the tests that were able to
13 be completed as to whether or not Mr.
14 Brooks had interstitial lung disease or
15 not?

16 A. In reviewing the medical
17 record and the autopsy there's no
18 evidence of interstitial lung disease.

19 Q. Okay. Let's take a
20 hypothetical then. If he in fact had
21 interstitial lung disease what types of
22 numbers are we talking about for
23 mortality of these types of patients?

24 MR. MISHKIND: Let me just
25 show an objection because the

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1 to associated malignancies or
2 interstitial lung disease, so that a
3 good percentage of that mortality has to
4 do with interstitial lung disease.

5 However, it underscores again that still
6 most patients respond well.

7 Q. Did Mr. Brooks have any
8 associated malignancies?

9 A. No.

10 Q. Age, does that affect
11 prognosis?

12 A. It does.

13 Q. Do you agree that Mr.
14 Brooks' age is actually, not to be
15 crass about it, against him in this
16 situation?

17 A. He's on the cusp. Many
18 medical studies seem to have a cutoff
19 about 65 years of age where they define
20 someone as older or younger.

21 Q. Do some define that cutoff
22 age as 55?

23 A. I'm not aware of that, but I
24 wouldn't dispute it.

25 Q. What about race, is there a

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1 hypothetical does not deal with facts
2 which are in evidence or will be in
3 evidence.

4 MR. KELLEY: You never
5 know. We may argue -- our expert may
6 argue that there is evidence of
7 interstitial lung disease. I just want
8 to know if he accepts that what numbers
9 does he equate to it.

10 MR. MISHKIND: I understand
11 that. I'm just basing it on the
12 evidence both in the record and in the
13 autopsy. I'm not sure your expert has
14 said that it's probable. Be that as it
15 may, he can answer the hypothetical.
16 Go ahead.

17 A. Hypothetically I can't give
18 you the exact number. I can tell you
19 that in medical reviews of inflammatory
20 muscle disorders, which includes
21 dermatomyositis and polymyositis, that
22 the increased mortality is in the
23 neighborhood of 20 to 30 percent of all
24 patients. However, among those 20 to
25 30 percent most of the mortality is due

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1 worse prognosis for African Americans
2 than for Caucasians or Latinos?

3 A. Are you referring to
4 polymyositis?

5 Q. With polymyositis.

6 A. I think that's a difficult
7 question to answer because I think that
8 if you look at morbidity and mortality
9 data that it is likely higher for
10 African Americans or minorities,
11 however, I don't think anyone in the
12 medical community believes that's
13 primarily due to a worse disease, but
14 more likely due to socioeconomic class
15 and ability to receive good medical
16 care, which I wouldn't think would be
17 an issue in this case at The Cleveland
18 Clinic.

19 Q. Okay. You're unable to say
20 -- I want to make sure I understand
21 that. You believe that the reason that
22 the prognosis is worse for African
23 Americans is socioeconomic primarily and
24 not related to anything pathologic,
25 physiologic or genetic?

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1 A. I agree.
2 Q. Okay. Let's take a look at
3 -- first, polymyositis, do you think
4 it's curable, or is it only treatable?
5 A. You know, that's somewhat of
6 a semantic definition. Polymyositis is
7 an inflammatory condition which is
8 imminently treatable. In some patients
9 treatment results in complete resolution
10 of symptoms allowing the patient to come
11 off of all medicines.
12 Some might say that's a
13 cure, some might say it's a long-term
14 remission. We say that because
15 sometimes even in those cases a patient
16 can have a relapse in the future
17 requiring treatment again.
18 So if one defines cure as
19 having no symptoms being off all
20 medicines that's clearly quite possible
21 in polymyositis.
22 Q. Dr. Ballou's statement though
23 -- and you're familiar with it -- he
24 says polymyositis is a chronic
25 inflammatory disease of the muscle that

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1 is treatable but not curable and has a
2 highly variable prognosis. That's a
3 fair statement, isn't it?
4 A. It's a fair statement,
5 although, as we just talked about in
6 the last interchange, you have to decide
7 how you want to define curable. If he
8 defines curable as no symptoms, no
9 treatment, well then it is curable in
10 some people.
11 Q. Next he says, treatment
12 generally includes prolonged doses of
13 high dose corticosteroids and often
14 concurrent immunosuppressive
15 medications. That's true, isn't it?
16 A. It's partially true. He
17 makes that sound worse than it probably
18 is. All patients, or nearly all
19 patients with polymyositis, unless
20 there's some contraindication, usually
21 are treated with high dose steroids
22 initially. However, the high dose
23 steroids are usually maintained for a
24 month or two or three and then tapered
25 to much lower dosages. The minority of

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1 patients who don't respond to steroids
2 then may use other immunosuppressive
3 agents.
4 Q. So you believe that his
5 statement is fair, but you question the
6 use of the word prolonged if I
7 understand your answer?
8 A. That's correct. The
9 treatment of steroids, the high dosages
10 for years is much different than high
11 dose steroids for a few months which
12 are then slowly tapered over several
13 months to low levels.
14 Q. You agree that the morbidity
15 associated with such treatment, that
16 being the steroids and immunosuppressive
17 medications, is considerable, do you
18 not?
19 A. I would. But I'd have to
20 qualify this and ask you how you define
21 morbidity. Almost always patients have
22 some side effects on steroid medicines,
23 but most patients' side effects are
24 small or manageable. It's very rare
25 someone is on steroids and has no side

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1 effects, doesn't gain any weight,
2 doesn't notice any change in their hair,
3 but they're manageable side effects.
4 Q. There's also risks for
5 things like avascular necrosis, correct?
6 A. Certainly there are risks of
7 significant side effects with steroids,
8 especially if they're used at high
9 dosages for prolonged periods of time.
10 Q. And my question is,
11 obviously he doesn't write here that the
12 significant morbidity associated with
13 such treatment is considerable, he says
14 that morbidity associated with steroids
15 and immunosuppressants is considerable.
16 You agree with that statement, do you
17 not?
18 A. I do.
19 Q. You also agree -- I believe
20 you quoted the exact same number --
21 that with such treatment 80 percent in
22 five years in adult patients survive
23 without associated malignancy.
24 A. I don't think any one
25 particular number exists, but I would

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1 agree for a ballpark number this is a
2 reasonable number.
3 Q. And then he goes through a
4 variety of factors. You've agreed that
5 the literature from the United States
6 details, for whatever reason, an overall
7 worse prognosis for African Americans
8 than Caucasians in the U.S., correct?
9 A. Yes. But I believe that's
10 for all comers, which I believe, and
11 most doctors believe, has to do with
12 socioeconomic status and availability of
13 good medical care.
14 Q. You believe that age is
15 associated with a worse prognosis,
16 correct?
17 A. I do. There are very few
18 medical conditions where age is not
19 associated with a worse prognosis.
20 Q. I'm just saying the man is
21 not on any thin limbs when he says
22 older age is known to be associated
23 with a worse prognosis, is he?
24 A. No.
25 Q. The pharyngeal dysfunction,

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1 a hundred patients or so who have
2 inflammatory muscle disorders, including
3 dermatomyositis and polymyositis, and
4 numbers are quoted based on those
5 groups.
6 But when one actually
7 analyzes the papers, the number of
8 patients who truly have polymyositis who
9 are truly older, who truly have a
10 malignancy isn't a very large number in
11 any of these studies to draw any great
12 statistical inference. So I think it
13 puts too much credence to say schools
14 of thought. I think it's a point open
15 for debate.
16 Q. So Dr. Ballou is not in left
17 field to say what he said there under
18 point three either with pharyngeal
19 dysfunction, there is literature that
20 would support his position that you're
21 aware of?
22 MR. MISHKIND: Objection.
23 A. Well, one would -- there is
24 literature that supports that position.
25 There is also literature that supports

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1 first, you agree that it occurs in 10
2 to 15 percent of the cases?
3 A. I don't. I think it's
4 actually much higher than that.
5 Q. And do you agree that it's
6 associated with a worse prognosis?
7 A. I don't. I believe that
8 point is controversial with some
9 literature suggesting that, some
10 definitely not suggesting that, and that
11 some intervention, such as the PEG tube
12 placement, can dramatically decrease
13 potential morbidity with pharyngeal
14 weakness.
15 Q. In this area there are two
16 different schools of lawsuit in the
17 literature. One school of thought says
18 that the pharyngeal dysfunction has a
19 significant impact and one school of
20 thought says it does not, correct?
21 MR. MISHKIND: Objection.
22 A. I wouldn't characterize it a
23 school of thought. There are articles
24 in the medical literature, mostly
25 retrospective studies, that detail 50 to

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1 that it's not a significant aspect. I
2 think that a prudent doctor needs to
3 take into account the literature in
4 total to come to a conclusion. So it's
5 not as straightforward as he makes it
6 appear to be.
7 Q. My question is, there is
8 literature that supports the position
9 that he states under the numeric No. 3,
10 correct?
11 MR. MISHKIND: Objection.
12 A. With the proviso I've given
13 you with the last answer the answer is
14 yes.
15 Q. Next he says, severe muscle
16 weakness in presentation is a very poor
17 prognostic factor. Do you agree with
18 that?
19 A. I don't agree with it.
20 Q. Do you agree that he was
21 unable to -- you agree factually with
22 the next sentence, correct?
23 A. I do.
24 Q. Is there literature that
25 supports the conclusion that Dr. Ballou

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1 reaches that severe muscle weakness at
2 presentation is a very poor prognostic
3 factor?
4 A. Can you repeat the question,
5 please?
6 Q. Certainly. Would there be
7 literature that you're aware of
8 supportive of his statement that severe
9 muscle weakness at presentation is a
10 very poor prognostic factor?
11 A. No.
12 Q. You don't believe there's
13 any literature out there?
14 A. I think no is the answer to
15 your question.
16 Q. And obviously you agree with
17 the fact that the observations of his
18 pharyngeal dysfunction, profound muscle
19 weakness are associated with the poor
20 prognosis and very poor prognosis for
21 functional recovery?
22 A. As I've answered earlier,
23 the answer is no.
24 Q. You disagree with that,
25 right?

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1 A. That's correct.
2 Q. He also details that
3 pulmonary involvement would be
4 associated with a poor prognosis. You
5 agree with that, correct?
6 A. I do.
7 Q. Do you agree that his x-ray
8 disclosed hypoinflation?
9 A. I agree that his x-ray was
10 slightly abnormal, which was thought to
11 be consistent either with an aspiration
12 pneumonia or, the medical word is
13 atelectasis, which means hypoinflation,
14 yes.
15 Q. You don't disagree with the
16 sentence that starts, finally, it is
17 important to point out that he had a
18 number of co-morbid conditions,
19 including elevated cholesterol, ischemic
20 cardiovascular disease, which might
21 adversely influence his prognosis,
22 particularly since the necessary
23 long-term corticosteroid use could
24 aggravate such conditions? You don't
25 disagree with that statement, do you?

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1 MR. MISHKIND: Let me
2 object to the question only because of
3 the coulds and the mights.
4 Q. Do you agree with the last
5 sentence of that paragraph?
6 MR. MISHKIND: Again, I'm
7 not sure that he could interpret what
8 the doctor is saying with the could and
9 the might.
10 You can go ahead and
11 indicate whether you agree or disagree
12 with this statement.
13 A. Well, I guess I don't quite
14 understand his last sentence there. Is
15 he referring to might adversely
16 influence his progress in regards to
17 polymyositis, or is he saying that a
18 gentleman who has a history of ischemic
19 coronary artery disease is at higher
20 risk than someone who doesn't? I'm not
21 actually quite sure of his point in the
22 sentence.
23 Q. I read that sentence to be
24 as follows, I read that to be that he
25 has significant co-morbid conditions

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1 that the treatment of polymyositis with
2 corticosteroids and immunosuppressants
3 could aggravate.
4 MR. MISHKIND: Are you
5 testifying as to what your expert --
6 MR. KELLEY: That's how
7 I read it. He asked me for
8 clarification. That's how I read it.
9 MR. MISHKIND:
10 Unfortunately the person that we need to
11 have the interpretation from, he can
12 perhaps respond to your question.
13 MR. KELLEY: If I'm
14 wrong he can change it.
15 A. As you phrased it I would
16 not agree with it. I don't agree that
17 necessary long-term corticosteroid use
18 would aggravate his condition because
19 even though that statement is true it's
20 not true that Mr. Brooks was going to
21 require necessary long-term steroid
22 treatment.
23 So if you want to ask me
24 a hypothetical that Mr. Brooks would not
25 have responded to his steroids or would

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1 have required high dose steroids for a
2 very long period of time would that
3 increase his morbidity, the answer is I
4 would agree with that.

5 Q. Okay. Do you agree that Mr.
6 Brooks had a severe clinical
7 presentation of polymyositis?

8 A. As I testified earlier, I
9 would categorize it as moderately
10 severe. Unfortunately you could be
11 worse off than he was.

12 Q. Now, having gone through the
13 doctor's report, Dr. Ballou's report, do
14 you still feel sorry for his patients?

15 A. Yes, because you've missed
16 the last two sentences, which were
17 extremely important.

18 Q. The two sentences that say
19 that he would predict that there would
20 be a low probability of functional
21 recovery?

22 A. Yes.

23 Q. He doesn't say that he
24 wouldn't treat him the exact same way
25 that you would, does he?

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1 Understanding that you and he may differ
2 in your opinion regarding the success of
3 the cures or the prognosis for Mr.

4 Brooks, his report shows an
5 understanding of the disease and
6 identifying the appropriate method of
7 treatment, does it not?

8 A. He certainly alludes to the
9 treatment of steroids and
10 immunosuppressive agents as being
11 treatment of polymyositis, the answer is
12 yes. I don't believe that he has
13 detailed a correct view of the prognosis
14 of a patient such as Mr. Brooks and has
15 way overstated the position.

16 I was not referring about
17 his patients earlier, I was referring
18 about his patients with polymyositis who
19 are similar to Mr. Brooks in that a
20 patient such as Mr. Brooks who has a
21 diagnosis of polymyositis, or rather a
22 patient such as Mr. Brooks who presented
23 with moderately severe muscle weakness
24 of which the etiology isn't immediately
25 known and later is discovered to be

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1 A. Well, that's obviously not
2 addressed in his report.

3 Q. There's nothing in his
4 report that indicates that he doesn't
5 understand the nature of polymyositis,
6 is there?

7 A. I guess I'd have to ask you
8 to expand on what you mean by the
9 nature.

10 Q. You took a pretty drastic
11 position, Doctor, in stating that you
12 feel bad for Dr. Ballou, a Board
13 certified rheumatologist at MetroHealth
14 Medical Center. But in going through
15 the report there's very little that you
16 disagree with in his report as being
17 incorrect or not made without medical
18 basis.

19 A. Well, except for the parts
20 that you omitted.

21 MR. MISHKIND: Yes, let me
22 object.

23 MR. KELLEY: Let me
24 finish.

25 Q. I'll finish the question.

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1 polymyositis.

2 When such a physician
3 makes that determination the physician
4 is very pleased, the physician is very
5 happy, the physician walks in the
6 patient's room with a smile on their
7 face because they have diagnosed a
8 condition which is imminently treatable,
9 of which most patients respond very
10 well.

11 I would never walk into a
12 patient's room such as Mr. Brooks and
13 tell him that he had a very poor
14 prognosis for recovery, he had a very
15 high mortality. I would never say that
16 because it's not true. I would be very
17 optimistic because I know that more
18 likely than not patients such as Mr.
19 Brooks would respond very well.

20 I felt bad for Dr.
21 Ballou's patients who are similar to Mr.
22 Brooks who had polymyositis if he was
23 so negative to them with his
24 presentation of their prognosis.

25 Q. That's what you feel bad

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DEPOSITION OF DAVID C. PRESTON, M.D.

<p style="text-align: right;">Page 146</p> <p>1 about. You don't feel bad about his 2 knowledge of polymyositis or his 3 suggested treatment, you feel bad that 4 he's not as optimistic about the success 5 for cure? 6 MR. MISHKIND: Objection. 7 That's not what he said either. 8 A. It has nothing to do with 9 optimism. It has to do with 10 polymyositis is a treatable condition 11 and doctors who treat polymyositis are 12 expected to know that most patients with 13 polymyositis respond very well, that 14 it's a treatable condition, that 15 patients make a good recovery, and that 16 patients should know that. Patients 17 should not be told they have a very 18 poor prognosis, they have extremely high 19 mortality, they're going to die anyway. 20 The inference from his 21 note is that this patient has some 22 terrible disorder which he is not going 23 to recover from or it's very unlikely 24 he's going to recover from. I take 25 issue with it because in our business</p>	<p style="text-align: right;">Page 148</p> <p>1 MR. KELLEY: That's fine. 2 MR. MISHKIND: I'll 3 stipulate -- I don't know why you're 4 asking that question. 5 A. When I was asked to review 6 this chart I was asked to write a 7 report specifically on those three or 8 four topics that we discussed earlier in 9 the deposition. 10 Q. I want to talk about a few 11 institutions that may have a significant 12 amount of literature out there on this 13 topic to see if you agree, disagree or 14 just don't have any knowledge of their 15 literature. 16 Hospital for Special 17 Surgery in New York, is that a 18 well-known rheumatologic hospital? 19 A. It's a well-known orthopedic 20 hospital. 21 Q. It's not a rheumatologic 22 hospital? 23 A. It very well may be. It's 24 well known for its orthopedic surgery. 25 Q. Are you familiar with any</p>
<p style="text-align: right;">Page 147</p> <p>1 we do have to give bad news to people 2 about disorders that are not very 3 treatable. This disorder is very 4 treatable. We're happy when we make 5 the diagnosis, the patient is happy, and 6 most of the patients do extremely well 7 in the end. That's not the issue in 8 this case. 9 The issue in the case is 10 not the morbidity and mortality of 11 polymyositis because he would have more 12 likely than not done just fine. The 13 issue is the PEG tube and the shock and 14 the bleeding and his death that occurred 15 because of it, not the polymyositis. 16 That's what gets me in this case. 17 Q. As it pertains to -- that 18 issue that you just pointed out you 19 didn't write about in your report, 20 correct? 21 MR. MISHKIND: Objection, 22 Q. You only wrote about the 23 polymyositis in your report, correct? 24 MR. MISHKIND: For the 25 reasons that we've stated before --</p>	<p style="text-align: right;">Page 149</p> <p>1 literature that that hospital puts out 2 on this topic of polymyositis? 3 A. No, I'm not. 4 Q. What about the Mayo Clinic, 5 are you familiar with any studies that 6 the Mayo Clinic has put out regarding 7 polymyositis? 8 A. No, I'm not. 9 Q. What about Harvard, are you 10 aware of any literature put out by 11 Harvard or any of the hospitals that 12 are part of that system, whether it be 13 Brigham and Women's, Mass General, on 14 this topic? 15 A. I guess I would ask you to 16 define what you mean by literature. 17 Q. Peer review studies detailing 18 prognostic factors, things of that sort. 19 A. If you're referring to peer 20 reviewed journals on prognostic factors 21 on patients with polymyositis who don't 22 have malignancy, no, I'm not familiar 23 with that from Harvard. 24 Q. What about Johns Hopkins? 25 A. With the same proviso I'm</p>

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1 not familiar with it.
2 Q. You were very specific in
3 qualifying your answer as it pertained
4 to Harvard. Are you familiar with some
5 literature that you deem to be peer
6 reviewed and reliable from Harvard
7 regarding polymyositis with
8 malignancies?
9 A. Not that I can recall at
10 this moment.
11 Q. You've obviously looked at
12 your report before you came here today,
13 correct?
14 A. I have.
15 Q. Is there anything that was
16 inaccurate that you wrote in your report
17 that you wish to change?
18 A. There is.
19 Q. And what would that be?
20 A. In the second paragraph of
21 the first page, and also the first
22 sentence, the coronary artery bypass
23 graph I stated was in 1996, it actually
24 was in 1995. There are several
25 references in the medical record that

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1 CEFARATTI GROUP FILE NO. 4845
2 CASE CAPTION: BESSIE M. BROOKS VS.
3 THE CLEVELAND CLINIC FOUNDATION
4 DEPONENT: DAVID C. PRESTON, M.D.
5 DEPOSITION DATE: OCTOBER 30, 2000
6
7 (SIGN HERE)
8 The State of Ohio,)
9 County of Cuyahoga) SS:
10 Before me, a Notary Public in and
11 for said County and State, personally
12 appeared DAVID C. PRESTON, M.D., who
13 acknowledged that he/she did read
14 his/her transcript in the above-
15 captioned matter, listed any necessary
16 corrections on the accompanying errata
17 sheet, and did sign the foregoing sworn
18 statement and that the same is his/her
19 free act and deed.
20 IN TESTIMONY WHEREOF, I have
21 hereunto affixed my name and official
22 seal at , this
23 day of , A.D. 2000.
24
25 Notary Public Commission Expires

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1 state it was '96, but I believe it to
2 be '95.
3 Q. Is there anything else that
4 you wish to change?
5 A. There is not.
6 Q. And you have reviewed it so
7 you stand by the opinions that are
8 stated in this report?
9
10 A. I do.
11 MR. KELLEY: I don't
12 think I have anything further for you.
13 MR. MISHKIND: We will
14 read.
15 -----
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1	ERRATA SHEET
2	PAGE LINE CORRECTION
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