

1 THE STATE of OHIO,)
2 COUNTY of CUYAHOGA.) SS:

3 - - - - -

4 IN THE COURT OF COMMON PLEAS

5 - - - - -

6 JAMES YARBROUGH, et al.,)
7 plaintiffs,)

8 vs.) Case No.

9) 356193

10 MAX QUINTON, et al.,)
11 defendants.)

12 - - - - -

13 Videotaped deposition of JOHN G. OAS, M.D., a
14 witness herein, called by the plaintiffs as
15 if upon direct examination, and taken before
16 David J. Collier, RPR, Notary Public within
17 and for the State of Ohio, pursuant to
18 agreement of counsel and pursuant to the
19 further stipulations of counsel herein
20 contained, on Tuesday, the 11th day of June,
21 2002 at 2:31 p.m., at the Cleveland Clinic
22 Foundation, 9500 Euclid Avenue, City of
23 Cleveland, County of Cuyahoga and the State
24 of Ohio.

25

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I N D E X

WITNESS NAME: JOHN G. OAS, M.D.

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1 P R O C E E D I N G S

2 - - - 000 - - -

3 MR. MESTER: Just a couple
4 formalities, same formalities we've had for
5 the other depositions. I assume that you
6 guys will waive the one day filing
7 requirement of the transcript?

8 MR. SIGMIER: Yes.

9 MR. JEPPE: Yes.

10 MR. MESTER: And it's okay
11 that the videotape is just brought to court
12 and played rather than filed with the court?

13 MR. SIGMIER: Yes.

14 MR. JEPPE: Yes.

15 MR. MESTER: And we'll
16 stipulate, of course, to the qualifications
17 of the officers we have today?

18 MR. SIGMIER: Yes.

19 MR. JEPPE: Yes.

20 MR. MESTER: And waive any
21 defects in the notice of the deposition? I
22 know that this was changed around a little
23 bit so you could have Dr. Oas' discovery
24 deposition last week.

25 MR. SIGMIER: That's right. No

1 objection.

2 MR. JEPPE: Yes.

3 MR. SIGMIER: I do want to note
4 a potential objection on the record. When we
5 were here the last time, the doctor had some
6 medical records which he hadn't reviewed yet,
7 and it's -- my sense was that he was going to
8 be reviewing them and perhaps offering some
9 new opinions today that weren't expressed in
10 his report dated May 25th, 2001. And so to
11 the extent that he has any new opinions, I'm
12 going to object to those.

13 MR. MESTER: I don't think
14 there will be any new opinions.

15 MR. JEPPE: I'll join in that
16 also, and if there is, I think maybe a motion
17 in limine might be in order or a remedy with
18 the Court somehow before the trial.

19 MR. MESTER: And again I would
20 just say that of course I reviewed that
21 deposition and I don't think there will be
22 any new opinions. He was perhaps asked one
23 question about those records and he said he
24 hadn't had a chance to fully review them and
25 I don't think any of his opinions will be

1 changed here today.

2 - - - - -

3 JOHN G. OAS, M.D.

4 being first duly sworn, as hereinafter
5 certified, was examined and testified as
6 follows:

7 - - - - -

8 DIRECT EXAMINATION

9 BY MR. MESTER:

10 Q Okay. Doctor, would you state your name
11 for the record, please.

12 A John G. Oas, M.D.

13 Q Okay. And we're coming -- taking your
14 deposition here today at the Cleveland Clinic
15 Foundation?

16 A That is correct.

17 Q Okay. And, Doctor, what kind of doctor
18 are you?

19 A An otoneurologist. That's a neurologist
20 with special additional training in disorders
21 of the ear and vestibular system.

22 Q Okay. And where do you practice?

23 A Here at the Cleveland Clinic Foundation,
24 exclusively.

25 Q Okay. Now, with regard to your -- you

1 have a specialty within the field of
2 neurology?

3 A Yes, that's true

4 Q Okay could you just explain in a
5 little bit more detail for the jury exactly
6 what -- I think you said the vestibular
7 system, what that entails?

8 A An otoneurologist is someone who
9 is an expert in the vestibular system, which
10 is our sense of balance, from the sensory
11 organ, the ear, to the parts of the brain
12 that help take that information that the ear
13 supplies and make sense of up and down and
14 side to side, how fast we're moving, and keep
15 our vision clear and keep us from falling
16 Q Okay And, doctor, as part of that
17 specialty, do you have -- a specific and
18 specialized knowledge in areas of the spine?
19 A Only as much as it relates to a specific
20 diagnosis called cervicogenic dizziness, that
21 is -- specifically means that the neck itself
22 and only a particular part of the neck can
23 generate a source of dizziness, which is a
24 symptom of abnormality or pathology in the --
25 in the vestibular system.

1 Q Okay. I think we may have a model there
2 of the spine at your disposal.

3 A Yes.

4 Q Could you just show the jury with
5 respect to the spine which portions you
6 really focus your practice on and in what
7 fashion?

8 A The vestibular system concentrates on
9 the upper cervical spine, because the spine
10 below C3 is all essentially the part of the
11 spine that most of us know about with disk
12 spaces filled with a disk material, this is
13 when you have a slipped disk, so to speak,
14 it's happening in this area of the spine. In
15 the upper area of the spine, C1, C2, it's
16 specifically left by nature to be much more
17 mobile, to be able to move in essentially six
18 degrees of freedom, so that we can walk like
19 an ostrich and keep our head level to the
20 ground; we can also turn our head without
21 even using the lower part of our spine, and
22 that's of critical importance because this
23 kind of freedom and movement is what the
24 inner ear and neck muscles and neck muscle
25 feedback to where your head actually is is

1 important for the basic science understanding
2 of how these areas of the neck and the
3 muscles that hold things together here can
4 actually cause dizziness, if there's an
5 abnormality in the way these muscles and
6 vertebrae work.

7 Q Okay. Thank you, Doctor.

8 Moving on, can you tell the jury a
9 little bit about your educational background
10 beginning with college?

11 A In college I studied aerospace
12 engineering and specifically the space part
13 of aerospace engineering. It was in the
14 1970's and space was an interesting thing,
15 plus it was a great premedical training in
16 terms of systems engineering, how systems
17 work together in control systems, much like
18 the vestibular system does; and it did
19 involve several years of training, both for
20 premed and completing engineering studies as
21 well as a internship-like experience at NASA
22 Johnson Space Center in Houston with space
23 medicine as a focus and the engineering of
24 designing experiments and performing
25 experiments and designing equipment for human

1 being responsible and treatment in space

2 Q Okay And where did you receive your
3 medical degree?

4 A From the University of Texas Medical
5 Branch, which is right next door to NASA
6 Johnson Space Center, because NASA is in the
7 southern part of Houston, about 25 miles away
8 is Galveston island

9 Q Okay And is that why you chose that
10 area, because of the NASA connection?

11 A So that I could continue my work at NASA
12 while I was still going to medical school,
13 yes

14 Q All right Can you tell the jury,
15 Doctor, a little bit about your post-doctoral
16 training?

17 A After medicine you're required to do
18 several years of training in hospitals and
19 clinics to gain a specialty certification.
20 mine being neurology I chose to do that
21 again in Galveston Prior to beginning a
22 neurology residency I was required to do a
23 year of internal medicine, so I left to go to
24 Boston for a year to get away from the
25 hurricanes and hot weather of Galveston.

1 Q Okay.

2 A And then after completing my neurology
3 training, when I became Board eligible for
4 neurology, I chose to take two more years of
5 training post-residency at UCLA Medical
6 Center in neurootology, as it was called
then, which is my subspecialty of neurology.

8 Q Okay. Thank you, Doctor.

9 Doctor, are you Board certified in
10 any specialty within the medical field?

11 A Yes, neurology.

12 Q Okay. And how long have you been Board
13 certified, Doctor?

14 A Since 1994.

15 Q All right. Doctor, a basic question,
16 are you licensed to practice medicine in the
17 State of Ohio?

18 A Yes, I am.

19 Q And how long have you been so licensed?

20 A Since 1998.

21 Q All right. Doctor, are you currently
22 involved in the teaching of medicine at all?

23 A Yes, I am.

24 Q Can you tell the jury a little bit about
25 that?

1 A I teach ENT residents, medical students
2 from OSU and Case Western Reserve University,
3 and neurology residents in the practice of
4 dizziness, otoneurology.

5 Q Okay. Now, Doctor, I have a copy of
6 your CV here. You have -- am I correct that
7 you've been published several times over the
8 years in this field?

9 A That's correct.

10 Q Okay. And have you been published in
11 this area of otoneurology?

12 A Yes, I have.

13 Q Okay. How many publications have you
14 had, Doctor?

15 A Oh, roughly about 24, I think.

16 Q All right. And what about research
17 projects, have you engaged in any research
18 projects over the years in this field?

19 A I have been in academic medicine my
20 entire practicing life, so every year I'm
21 doing research, including research more
22 recently with NASA again on the influence of
23 gravity on astronauts and the influence of
24 gravity-sensing organs on my patients.

25 Q That's something you're doing at the

1 current time?

2 A That is correct.

3 Q Okay. I asked you earlier about
4 teaching. Before you came to the Cleveland
5 area, did you do any teaching in any other
6 places?

7 A Yes, I was an instructor of neurology
8 and otology at Harvard Medical School in
9 Boston from 1992 to 1997, where I had a
10 similar job, to instruct residents in
11 neurology and otolaryngology as well as
12 medical students at Harvard Medical School in
13 the same discipline.

14 Q Okay. Doctor, now, before we get into
15 the specifics of James Yarbrough, just a few
16 more clean-up questions.

17 Doctor, there is a cost for your
18 time here today for the deposition, correct?

19 A That is correct.

20 Q How much of that are you receiving?

21 A None.

22 Q And why is that?

23 A The Cleveland Clinic has a policy that
24 all of its physicians that testify do so and
25 the monies garnished from that go back to pay

1 the Cleveland Clinic for the basic facilities
2 here. None of it is personally awarded to
3 the physicians.

4 Q Okay. Thank you, Doctor.

5 Now, Doctor, I'm going to ask you
6 some questions about James Yarbrough, and in
7 the course of my examination some of those
8 questions will be questions about your
9 opinions with regard to his condition, and
10 I'd like if you would today to limit all of
11 your opinions to those you hold to a
12 reasonable degree of medical probability,
13 okay, Doctor?

14 A Yes.

15 Q Great.

16 Okay. Let's go ahead then and talk
17 about James Yarbrough. I know you had a
18 chance to see him on numerous occasions. In
19 addition to your visits, did you have a
20 chance to review numerous other medical
21 records?

22 A Yes, I have been furnished medical
23 records that were not available to me at the
24 time of my opinions from 12-3-99 until the
25 last time I saw him on 11-10-2000. These

1 records, you saw Mr. Yarbrough again, I
2 believe, on January 28th of 2000?

3 A Yes.

4 Q Okay. And why -- why did you see him on
5 that day?

6 A Let's see if it's -- I saw him on that
7 day because I had to essentially discuss the
8 fluoroscopy of the cervical spine.

9 Q Okay. And before we talk about that,
10 what is a fluoroscopy, Doctor?

11 A It's literally a movie of how bones
12 move, so that you shoot the x-ray at the bone
13 you want to see how it moves and then move
14 the joints and see how they move as a movie
15 and -- so that the radiologist and myself,
16 who is present for the study, can watch how
17 the movement of the neck is and compare that
18 with what we'd expect for a normal neck to
19 do.

20 Q Okay. Doctor, do you know from your
21 recollection or from your notes why the
22 fluoroscopy was done?

23 A Because Frank Gargano called me and said
24 this is a -- this is a neck that I don't feel
25 safe proceeding with unless I know what's

1 happening, that he with his hands found an
2 inordinate -- inordinate amount of movement
3 in the spine that he would not anticipate.
4 In trying to get at fixing a patient, he's
5 trying to eliminate any chance of him not
6 being able to fix it, and he felt that this
7 spine was unstable in the way he feels
8 unstability is, not in a medical term but
9 basically he didn't like the way the neck
 felt when he was working it.

11 Q So if I understand what you re saying,
12 if the neck has a certain degree of
13 instability, Mr. Gargano essentially would
14 not be able to heal him through
15 rehabilitation; is that correct?

16 A Well, no. He wouldn't want to proceed
17 without knowing ahead of time that he's not
18 going to get into trouble. He is not a
19 chiropractor --

20 Q Okay.

21 A -- but he still needs to have some
22 explanation to -- before he begins to do his
23 work.

24 MR. MESTER: Okay. Let's go
25 off the record for a second.

1 (Discussion had off the record.)

2 - - - - -

3 BY MR. MESTER:

4 Q Okay. Doctor, I've gone ahead then and
5 put the fluoroscopy films from January of
6 2000 up for you. Could you explain to the
7 jury what you saw?

8 A Okay. These are actually shots that are
9 still shots. What we're doing between this
10 shot and that shot is having him move his
11 head from as far back as he can put it to as
12 far forward as he can put it, much like the
13 model will show, to demonstrate this.

14 So in this view, for instance, he's
15 trying to tip his head back as far as he can,
16 and the reason for doing this is to see what
17 happens to the way in which these bones move
18 in conjunction with each other, because it's
19 how lax or how much these can move back and
20 forth that the film is trying to pick up.

21 So basically we -- we say, okay,
22 James, bend back as far as you can, and he
23 can't bend back as far as the model because
24 this is not human, and then he comes to
25 neutral, and then he goes as far forward as

1 he can. and we're jumping on the basis of
2 what's happening now in here and what's
3 happening as far as how these vertebral line
4 up

5 Now, this is where my expertise
6 stops and the radiologist who is present
7 is -- their job is to measure what happens,
8 because it -- you know, to a neurologist, we
9 don't have the eye to pick that up

10 Q Okay.

11 A But nonetheless I was there making
12 certain that he was doing appropriate
13 flexion/extension, because that's what Frank
14 wanted me to see, how unstable he was in that
15 movement

16 Q And what did the radiologist find with
17 respect to these films?

18 A I'm going to quote from the radiological
19 report of January 25th, 2000 by me
20 or Dr. Randolph Richmond

21 The fluoroscopy was performed for
22 Dr. Oas to have the patient go through a
23 range of flexion and extension, lateral
24 rotation, lateral bending motions.
25 demonstrating approximately two millimeters

1 of posterior subluxation. That means that
2 the vertebrae moved backwards on top of each
3 other. And it's impossible to demonstrate
4 this on the model because the model is too
5 rigid. It's not up here where it's
6 happening, that would be called
7 retrolisthesis or -- retro, this would be
8 antero. So that's the radiologist's terms.
9 So that would move back -- I'm trying to
10 see -- C3 over C4. And on the pictures over
11 here --

12 Q Hang on one second, Doctor.

13 A This is the best one to demonstrate
14 the --

15 Q Yeah, why don't we get that and then I'm
16 going to ask you if you would to point out
17 for the jury exactly where the subluxation is
18 on those films.

19 A Right. I will.

20 This is C1, C2. These are the two
21 parts of the spine that are the most
22 important for dizziness, okay? This is C3,
23 4, 5, 6 and 7.

24 Q Okay.

25 A The radiologist found that 2 -- excuse

1 me, 3, that's 1, 2, 3, was moving backward on
2 4. That was in the reduction in movement
3 result of stabilization at that level. Let
4 me see. "Which is limited with manipulation
5 of the C3 spinous process and reduced in
6 motion as a result of stabilization." That
7 means we put our hands in there and have them
8 stabilize it and -- to see if we could reduce
9 that. Frank was with me at the time, the
10 physical therapist.

11 Q Okay.

12 A Additionally, there was two millimeters
13 of C4, that's the next v rtebrae down, on
14 relationship to this vertebrae, again, moving
15 backward this way two millimeters, so that
16 would be a total of four, which was also
17 stabilized at approximately one millimeters
18 posterior subluxation.

19 Q Okay. Thank you, Doctor.

20 MR. MESTER: Let's go off the
21 record for a second.

22 - - - - -

23 (Discussion had off the record.)

24 BY MR. MESTER:

25 Q Okay. Doctor, just a couple of

1 questions then about those films.

2 What is -- what is the significance
3 of the subluxation finding on these films?

4 A Quite simply put, it means he's got a
5 spine that tends to move in ways it was not
6 designed to move, which indicates that it --
7 that the usual elements that keep the spine
8 together are looser. The only way to get
9 looser in that area is to either lose disk
10 material or to stretch the ligaments that
11 hold the spine together.

12 Q Okay. Now, is there a point, Doctor,
13 with regard to subluxation, a measurement,
14 where the patient is rushed to surgery?

15 A Absolutely. Over 3 to 4 millimeters of
16 subluxation or any subluxation of C1 and C2
17 are considered un -- in -- unstable spines
18 and are required to be essentially put in a
19 rigid head brace awaiting neurosurgery. It's
20 not necessarily an emergency, but they have
21 to be put in a rigid brace. This is why
22 every car accident the patient is basically
23 immobilized until it can be proven that
24 there's not instability in C1 and C2, because
25 if either of those two are unstable, a simple

1 flexion of the neck will result in total
2 paralysis and even death.

3 Q Okay. So Mr. Yarbrough wasn't quite at
4 that stage of 3 to 4 millimeters, he was at
5 2 millimeters, correct?

6 A He was at 2 millimeters, which would be
7 called moderate.

8 Q Okay.

9 A Not severe, requiring stabilization to
10 prevent death.

11 Q That is an abnormal finding though,
12 Doctor?

13 A Yes, it is.

14 Q Okay.

15 A Clearly abnormal.

16 Q Okay. Now, Doctor, about subluxation,
17 does -- based upon your experience, education
18 and background, does a subluxation in
19 general -- can it be caused from trauma?

20 A Subluxations, as I stated before, can
21 either result from losses of material that
22 spread the spine apart called the -- the
23 intervertebral disks, or from a lengthening
24 of the ligaments that are normally designed
25 in size naturally as our spine grows to be

1 correct to hold things together. The trauma
2 would be able to clearly show whether or not
3 there was any disk loss, and there wasn't, so
4 the only thing we're left with is a
5 stretching of the ligaments.

6 Q Okay. And does that occur then from
7 trauma?

8 A Absolutely. Especially in terms of, at
9 least how he tells me he was -- his first --
10 his accident of July 30th, 1999, where he was
11 seatbelted and had a forward/backward
12 movement of his head, which is commonly
13 called whiplash, and that can lengthen
14 ligaments that are normally the correct size.

15 Q Okay. Now, Doctor, based upon all the
16 records that you have reviewed of
17 Mr. Yarbrough's condition, and based upon the
18 films you have seen, and based upon your
19 education and training, was the
20 subrogation -- subluxation, excuse me, that
21 we're seeing on these cervical spine films
22 caused by these motor vehicle accidents?

23 A The problem with answering that question
24 is at the time, 12-3-99, I had no prior
25 knowledge of what had happened to him or what

1 symptoms he had prior to the second
 2 accident, and only after reviewing and seeing
 3 pointed out by other sources that it came to
 4 my knowledge that he had symptoms of both
 5 pain and dizziness prior to the second
 6 accident. Inasmuch as what I know at the
 7 time after his second accident, it would be
 8 impossible for me to tell how much was one
 9 or two. But I assume it was number two at
 10 the time of my consultation because I had no
 11 prior knowledge of symptoms after --

12 Q Okay.

13 A -- accident number one

14 MR JEFFES: Objection. I ask
 15 the answer be stricken and the question.

16 Q Okay Let me ask -- Let me ask it this
 17 way, Doctor

18 A Okay

19 Q Have you seen any records to indicate
 20 that Mr Yarborough was having any
 21 difficulties with his cervical spine prior to
 22 the first accident in March of 1964?

23 A Yes.

24 Q Have you seen -- you've seen records
 25 that he was having problems with his cervical

1 spine?

2 A Prior to 1997?

3 Q Correct.

4 A No. No.

5 Q Okay. And based upon that, Doctor, do
6 you have an opinion whether the accident of
7 1997 was a cause of the subluxation that he
8 has on his cervical spine?

9 MR. JEPPE: Objection.

10 A The accident, as I now know it and
11 understand it to be in 1997, would result in
12 the same kind of whiplash or traumatic
13 lengthening of the spinal ligaments to cause
14 the subluxations noted by January 25th of
15 2000.

16 Q Okay. Let me ask it this way, Doctor.
17 Based upon everything you've reviewed in this
18 case, do you have any reason to believe that
19 the subluxation that you've seen in these
20 films existed prior to the first accident of
21 March, 1997?

22 A No, I have no evidence to support that
23 contention.

24 Q All right. So based upon that, Doctor,
25 do you have an opinion of whether that first

1 accident and the second accident together, I
2 guess, were the causes of this subluxation
3 that we're seeing on these cervical spine
4 films?

5 MR. SIGMIER: Objection.

6 MR. JEPPE: Objection.

7 A It's reasonable to conclude that
8 accidents of the type of number 1 and number
9 2 would cause a subluxation.

10 Q Okay. And that's your opinion to a
11 reasonable degree of medical probability, I
12 take it?

13 MR. JEPPE: Objection.

14 A Yes.

15 Q Okay. Thank you, Doctor.

16 Okay. Now, what was your
17 recommendation then, based upon your films --
18 again going back to the January visit, what
19 was your recommendation for Jim at that point
20 in time?

21 A That we refrain from any further neck
22 physiotherapy with Frank Gargano until I
23 could have a neurosurgeon look at the
24 instability of his spine and make
25 recommendations regarding the safety to

1 proceed.

2 Q Okay. And was he looked at by a
3 neurosurgeon?

4 A Yes, he was.

5 Q And --

6 A Edward Benzel.

7 Q Okay. Dr. Benzel is here at the
8 Cleveland Clinic as well?

9 A Yes. He's specifically a spinal
10 neurosurgeon whose specialty is in
11 biomechanical abnormalities and treatments to
12 the spine in any location.

13 Q Okay. And based upon -- did Dr. Benzel
14 report back to you in the chart, I assume?

15 A That is correct.

16 Q And what did -- what was Dr. Benzel's
17 view in terms of surgery?

18 A He did not feel and mentioned to me in
19 the hallway and certainly talked to my
20 patient that any spinal surgery he would do
21 would do anything to help his headaches or
22 dizziness, but that the instabilities noted
23 as subluxations on the fluoroscopy could be
24 amenable to either one or -- a nonsurgical or
25 surgical method, and being the conservative

1 surgeon he was, he wanted to try a
2 nonsurgical approach, which was more
3 physiotherapy, and then decide at the end of
4 a conservative approach whether or not spinal
5 fixation surgery as he identified would be
6 done.

7 He was very, how can I say it,
8 cautious to suggest the degree and extent of
9 spinal fixation surgery was quite involved
10 and therefore would have risks involved in
11 terms of chronic pain, to the point that the
12 patient really decided after seeing the
13 surgeon that he did not want a surgical
14 option at all at that point.

15 Q Okay. Now, what -- if I could have you
16 maybe on the model just explain to the jury,
17 if the surgical option were followed as
18 indicated by Dr. Benzel, what exactly would
19 we be talking about here?

20 A I'm going to give you --

21 Q I think you mentioned a cervical
22 fixation surgery?

23 A Right. A fixation surgery, and I'm
24 turning to the March 13, 2000 letter to me
25 from Dr. Benzel --

1 Q All right.

2 A -- would involve, as he said, a fusion
3 operation from C4 to C7, that is from this
4 vertebrae -- one, two, three, this vertebrae,
5 5, 6, 7, there would be essentially a fusion
6 of all four of these vertebrae together as a
7 single unit.

8 Q Okay. Can the jury see that? Okay.

9 A Okay? And the way he does that is a --
10 various and sundry ways. The old style way
11 is to put bone across these areas. The new
12 style is to put hardware that is screwed in
13 at these different levels and the spinal
14 height is adjusted so that there is no chance
15 of subluxation and yet you can -- you can
16 essentially rebuild the spine structure using
17 this hardware and technology.

18 Q Okay. And how would that type of
19 procedure benefit Jim?

20 A It would stabilize the subluxation so
21 that Frank Gargano could start working on the
22 spine above those levels of fusion to see if
23 we could reduce his headache and dizziness at
24 that point.

25 Q Okay. Doctor, I think you had a chance

1 to see Mr Yarborough again, if my records are
2 correct, in April of 2000?

3 A That is correct. We decided to go ahead
4 with the kind of physiotherapy that
5 Dr Penzel was more familiar with here at the
6 Cleveland Clinic Foundation with Michelle
7 Fornadel, and she's a much more conservative
8 and less trained in the upper cervical spine.
9 Because he wanted to stabilize the lower
10 cervical spine, and therefore I conceived to
11 have Michelle see him.

12 Q Okay.

13 A And she began treatment after
14 Dr Penzel -- actually before and after, to
15 work closely with the team to do what she
16 could do. I believe her first visit to see
17 him was on 4-10. Was that the first time?
18 I'm pretty sure that was her first visit --
19 no. 3-24-2000 was the first visit; 3-31 was
20 her second visit; the third visit she had
21 with Mr Yarborough was on 4-10-2000.

22 Q Okay. And that's the way that you saw
23 him as well?

24 A I was requested by a page from Michelle
25 Fornadel that her patient was suicidal and

1 she was frightened by his report of his
2 suicidal -- at which point I said immediately
3 transport him to me for me to see the patient,
4 and discuss with the patient what we were
5 going to do. It's there where I took a
6 history and literally fit him into my
7 schedule that day because I was concerned
8 about his ability to act on his suicidal
9 thoughts.

10 Q Okay. And did you examine him then on
11 that day?

12 A Yes, but to a minimal degree, just to
13 convince me that there was enough to justify
14 a stat consultation with my psychiatry
15 colleagues to see him in my clinic room, they
16 came over from the psychiatry hospital to
17 evaluate him for possible admission or triage
18 him back to home for follow-up as an
19 outpatient.

20 Q Okay. Now, based upon the presentation
21 he gave you on that day, did you make any
22 additional impressions regarding his
23 condition?

24 A Yes. There were two things. In
25 formulating my suspicion of why he was

1 suicidal, I suspected that he might have what
2 we call posttraumatic stress disorder, which
3 was confirmed by my colleagues in psychiatry
4 on that day. So my formulated impression was
5 on the basis of consultation with psychiatry
6 that it was an adjustment disorder with
7 depressed mood and there was a posttraumatic
8 stress disorder which was complicating his
9 physical therapy.

10 Q Okay. Doctor, just briefly could you
11 explain to the jury what posttraumatic stress
12 disorder is?

13 A Posttraumatic stress disorder is going
14 on right now in the -- those who suffered
15 near-death experiences in September 11th in
16 New York and elsewhere, it's a sense that
17 you're on the verge of dying and preparing to
18 die physically and are convinced of the
19 possibility that you may die. It is a very
20 physical condition and it's hard to remove
21 from your memory of the actual threat to you,
22 whether or not it is actually justified.

23 In other words, people who walk
24 away from near-death experiences have this
25 disorder; people who don't walk away don't

1 have this disorder because they're dead; and
2 people don't -- who don't come close to a
3 near-death experience can't have a
4 posttraumatic stress disorder at all.

5 Q Okay.

6 A It's a very specific -- tied to a
7 specific event where the patient, not those
8 who observe the patient, the patient decides
9 for whatever reason that he is close to
10 death.

11 Q Okay. And based upon the
12 histories you took from Mr. Yarbrough about
13 his accidents, again, based upon your
14 experience, are those the type of accidents
15 that can provoke a posttraumatic stress
16 disorder?

17 A Usually not, but again, it's from the
18 perspective of the patient. If the patient
19 thinks in an accident he's going to die, you
20 know, that's their perspective, and it could
21 be a bumper bump --

22 Q Okay.

23 A -- and you could still feel that way.

24 Q All right.

25 A So it doesn't -- how can I say it? Any

1 accident can create a posttraumatic stress
2 disorder and it all depends on what the
3 patient is feeling while pinned or the
4 patient is feeling in the car while they're
5 waiting for the EMS to arrive.

6 Q Okay. And, Doctor, what were your
7 recommendations then, again, for Jim on
8 April 10th of 2000?

9 A I was convinced that without a combined
10 approach using psychology and physical
11 therapy, that his prognosis for improvement
12 during this physical therapy was very grim,
13 that he could not do it alone with Michelle.
14 He went back to Michelle to discuss that with
15 her one more time and was actually -- to
16 Michelle, she did not want to proceed either,
17 called me on that day, unless Mr. Yarbrough
18 committed to the co-treatment with cognitive
19 behavioral therapy with Dr. Bea here at the
20 Clinic.

21 Q Okay. Dr. Bea is -- is in the
22 psychiatry department?

23 A Yes. He's a licensed psychologist who
24 deals with posttraumatic stress disorder and
25 the cognitive behavioral therapy of that, not

1 medication.

2 Q Okay. All right. So, Doctor, is it
3 fair to say at this point that your -- your
4 view in terms of his treatment needs was that
5 it was broadened, he was going to need
6 psychiatric intervention as well?

7 A And that's why I say I will be following
8 his progress in both cognitive and disability
9 rehab, expecting both would occur
10 concurrently.

11 Q Okay. Thank you, Doctor.

12 Doctor, let's go ahead then to what
13 I believe was your final visit with
14 Mr. Yarbrough in November of 2000, if you
15 have that note in front of you.

16 A Yes, I do.

17 Q Why did Mr. Yarbrough return to you on
18 that day?

19 A Because he still wasn't getting any
20 better. It was his last check with me about
21 what he should do and we revisited all of his
22 options at that time.

23 Q All right.

24 A And the key was he wanted to be told
25 what was in -- what was ahead for him. He

1 had expected to be better by this time and
2 clearly wasn't, by his own self-report and he
3 wanted to know what he was facing in terms of
4 where he's going to go from there.

5 I also had information between the
6 4-10 and 11-10-2000 visits of a thing called
'7 a functional capacity evaluation where they
8 did not feel that he could return to work as
9 he knew it before, and we had to address
10 where do we go from here in that regard.

11 He was starting to show us that he
12 wasn't getting any better and he was not
13 interested in -- in things that we had wanted
14 him to do, and he basically came back and
15 wanted to talk turkey with me about what --
16 what could happen in his future.

17 Q Okay. Doctor, let me just ask you a few
18 questions about some of that and that visit.

19 I notice in your note there's a
20 reference to a Horner's sign.

21 A Yes.

22 Q Could you explain what that is to the
23 jury, please?

24 A Horner's sign is where a pupil changes.
25 Instead of -- a bit like going to the eye

1 doctor and having your pupil dilated, in that
2 Horner's sign, which is a pupillary change --
3 it's really more than just pupil, it's also a
4 lack of sweating and temperature on one side
5 of the face, and it's usually a sign of a
6 thoracic root, T1 usually -- T1 usually, that
7 is being entrapped by a spinal element, if
8 and only if it can be produced by moving
9 those spinal elements, as Frank Gargano
10 clearly demonstrated. And pointing that out
11 basically told us that without further spine
12 stabilization, that he should expect one of
13 his symptoms, which was blurriness in his
14 eye.

15 Q Okay. So the blurriness in his eye that
16 Mr. Yarbrough was complaining of, Doctor, is
17 that consistent with the Horner's sign?

18 A Yes.

19 Q Okay.

20 A I was not willing to provoke it because
21 I didn't feel comfortable doing it.

22 Q Okay. Okay. Now, Doctor, you also
23 mentioned the functional capacity exam --

24 A Yes.

25 Q -- that was done.

1 A Urn-hum.

2 Q And were you the one that ordered that,
3 Doctor?

4 A I was requested to order that to try to
5 certify or quantitize what he could and could
6 not do physically at that point.

Q Okay.

8 A And I am not capable of doing one of
9 these reports and so I tasked the Cleveland
10 Clinic physical therapy department to do that
11 and they did on 7-26-01.

12 Q All right. And as I read that note, the
13 indication, I believe, says "Difficult for
14 patient to hold any job being on his feet
15 secondary to his balance issue"?

16 MR. SIGMIER: Objection.
17 Leading.

18 MR. JEPPE: Objection.

19 Q Am I reading that correctly?

20 MR. SIGMIER: Leading.

21 Q Did I read that document correctly,
22 Doctor?

23 A It says intolerance -- well, "Based on
24 the information gathered, it would seem
25 difficult for this patient to hold any job

1 that involved him being on his feet secondary
2 to his balance issues."

3 Q Now, let me ask it again, Doctor, just
4 to make sure that we've got it properly in
5 the record.

6 Doctor, that record that you have
7 in front of you, the functional capacity
8 exam, can you tell me what the findings were?

9 A Basically --

10 MR. SIGMIER: Objection.

11 A -- he could not tolerate prolonged
12 standing, sitting, walking because he
13 report -- reported a sense of imbalance and a
14 fear of falling.

15 Q Okay. And did that exam make any
16 statements with respect to whether the
17 patient would be able to hold an occupation
18 as a result of that?

19 A Yes. It said that based on what they
20 found during the examination, the amount of
21 fear, dizziness, imbalance and pain behaviors
22 would suggest that it would do harm to him to
23 do the kinds of testing -- the kinds of
24 things with his body that the testing was
25 trying to see how much he could tolerate.

1 Q Okay And would that make it difficult
2 then, Doctor, for him to do his job as an
3 auto mechanic?

4 A In terms of falling --

5 Q Yes.

6 A -- and harming himself or others as a
7 consequence, absolutely

8 Q Okay

9 A The other thing is the heavy exertion
10 that oftentimes mechanics have to do to work
11 in fear of incontinence clearly in the
12 functional evaluation.

13 Q Okay

14 MR JEFFRE: Objection. Ask
15 it a stricken.

16 Q And, Doctor, are you in agreement with
17 these findings?

18 MR JEFFRE: Objection.

19 A Yes, I am. I was surprised to the
20 extent to which fear was identified by the
21 physician; therapist

22 Q Okay.

23 A And that's why I really saw him again,
24 to address the chronic pain management
25 program, which the physical therapists

1 thought might be a good thing to do at this
2 point.

3 Q Okay Now, Doctor, I want to ask you
4 about a few records that you may have
5 reviewed -- I believe you have reviewed in
6 this case

7 First of all, did you review
8 records from the Cleveland Clinic Foundation
9 dating back to 1976 for Mr. -- with
10 Mr. Yarbrough?

11 A Yes, I did, at the time of his initial
12 visit on 12-3-99.

13 Q Okay And you've had a chance to review
14 those in detail, I take it, before today?

15 A Yes.

16 Q Doctor, my question there is: Can you
17 tell me, is there a relationship between the
18 problems he was having in 1978 and the
19 current problems that you've diagnosed today?

20 A Based on -- on the fact that he did not
21 complain of pain in the back of his neck nor
22 the kind of dizziness that was promoted by
23 changes in the way he moved his neck, I would
24 have to conclude that the dizziness he
25 reported back then was not consistent with

1 the same kind of cervicogenic or neck source
2 of dizziness.

3 Q Okay. So you -- do you relate in any
4 way the problems that he's -- that you've
5 diagnosed then with the stuff back in 1976?

6 A Because the symptom complexes identified
7 by the patient and recorded by the physicians
8 in 1976 were more consistent with an ear
9 problem --

10 Q Okay.

11 A -- more consistent with a blood pressure
12 problem, and different from the symptom
13 complex presenting to me as of 12-3-99, I
14 would only conclude that they are separate
15 causes of dizziness.

16 Q Okay. Doctor, what is orthostatic
17 hypotension?

18 A That's when you stand up, your blood
19 pressure drops, you become nauseated and
20 lightheaded.

21 Q Okay. And, Doctor, based upon the
22 records you've reviewed from 1976, I know you
23 weren't at the Clinic at that time, is the
24 condition that Mr. Yarbrough had at that time
25 consistent with orthostatic hypotension?

1 A Yes, just as much as it's consistent
 2 with almost any other kind of pizziness.
 3 Of course the tools of which there were
 4 diagnosing at the time had to be clinical and
 5 not as specifics as are available to be today

6 Q I see. Okay.

7 Now, doctor, just a couple more
 8 records I want to ask you about
 9 with you have an old -- I think you
 10 mentioned earlier you had an opportunity to
 11 review records from Dr. Harold Mars
 12 pertaining to treatment that he rendered to
 13 Mr. Yarbrough back in 1907 following the
 14 first accident?

15 A That is correct.

16 MR. JEPPE: Objection to
 17 anything relating to the records of
 18 Dr. Harold Mars.

19 Q Okay. And, doctor, based upon that
 20 review, with you find that Mr. Yarbrough was
 21 having any problems of a cervicogenic nature
 22 after the first accident?

23 A Yes He was complaining of both
 24 pizziness and neck pain. Pizziness be
 25 for Mars as cervical myofascial -- or, excuse

1 me, cervical myositis and tension-type
2 headache at that point.

3 Q Okay. Now, that's a slightly different
4 diagnosis than you've given here, Doctor. I
5 think Dr. Mars' records indicate cervical
6 myofascitis.

7 A Um-hum.

8 Q How does that relate to what you've
9 diagnosed? I think what you've told us is
10 cervicogenic dizziness.

11 A Well, the more specific diagnoses are
12 what this -- the subspecialty of neurology is
13 attempting to do, and so it's kind of
14 relating to an old-timey kind of diagnosis of
15 cervical, whatever he calls it, myofasc --
16 fascitis or something. Now we would call
17 that specifically cervicogenic headache, not
18 specifically a, how can I say it, neck pain
19 or headache. And we confirmed that diagnosis
20 with a colleague of mine in the headache
21 center who actually did an injection and
22 proved beyond a shadow of our doubt at this
23 present time that it's a cervicogenic source
24 of pain as well.

25 Q Was that Dr. Stillman?

1 A Dr. Stillman, yes.

2 Q Okay. All right. So, Doctor, if I'm
3 understanding correctly then, are the
4 symptoms that you've read in Dr. Mars'
5 record -- records that Mr. Yarbrough was
6 expressing after the first accident, are
7 those consistent then with a -- with
8 cervicogenic dizziness?

9 MR. JEPPE: Objection.

10 A Milder -- milder but similar, yes.

11 Q Okay. And based upon that, Doctor, do
12 you have an opinion as to whether
13 Mr. Yarbrough's cervicogenic dizziness
14 condition began after that first accident --

15 MR. JEPPE: Objection.

16 Q -- of March, 1997?

17 MR. JEPPE: Objection.

18 A I can't -- I can't measure how much. I
19 can just --

20 Q All right.

21 A -- say that symptoms are there of a
22 similar nature as the ones that are present
23 when I did have a chance to examine him.

24 Q Okay. Now, Doctor, I want you to
25 comment on something else, if you would.

1 Have you reported in the records
2 regarding the problems Mr. Yarbrough was
3 having with -- urologically, with erection
4 and so forth?

5 A Yes.

6 Q Okay.

7 A I discovered that last week in
8 discussions concerning this case, that he
9 reported impotence and that he reported, how
10 can I say -- not reported, that it was
11 reported to me that a urologist had made a
12 diagnosis of neurogenic bladder.

13 Q And, doctor, how does -- from a
14 neurological standpoint, from your viewpoint
15 as a neurologist, how does that fit in with
16 this picture of James Yarbrough?

17 A That makes it much more critical, that
18 the pathways, that is the nerves connecting
19 the brain to the bladder that are running
20 through these areas of cerebral instability,
21 that those pathways are being damaged by a
22 process that's consistent with spinal
23 instability and that just a minor increase in
24 the amount of subluxation is enough to cause
25 permanent spinal cord damage

1 Q Okay thank you, doctor

2 Now, doctor, we have several things talk about the fact that Mr Yarborough -- you're
3 about the fact that Mr Yarborough -- you're
4 diagnosed him with posttraumatic stress
5 disorder. How does this type of
6 symptomatology, in other words, having
7 difficulties with reactions and other
8 neurological problems, how does that fit in
9 with a posttraumatic stress disorder?

10 A Posttraumatic stress disorder from the
11 patient's standpoint is a loss of control or
12 that if put in certain situations he has no
13 control over his actions or that -- has an
14 over-expression of a distressing -- kind of
15 an agony greater than the medical condition,
16 so that if he was not able to act in an
17 reaction before and now he's not able to move
18 around after that that could create a
19 situation where he's not in control of his
20 self from a greater -- in other words,
21 magnify the loss of control he has in terms
22 of getting his self to do what he wants to
23 do, like move his neck around without pain or
24 dizziness.

25 Q Okay doctor, I just have a few more

1 questions for you regarding your opinions in
2 this case. And again, I'd just like to
3 remind you to limit your opinions to those
4 that you hold to a reasonable degree of
5 medical probability, okay, Doctor?

6 First of all, Doctor, from a
7 neurological vestibular standpoint, based
8 upon your education, training and background,
9 what injuries does Jim Yarbrough have that
10 were caused from these motor vehicle
11 accidents?

12 A A laxity of the cervical spine --

13 MR. JEPPE: Objection.

14 A -- at elements below C3, resulting in a
15 change in the biomechanics of the upper
16 cervical spine, resulting in a conflict
17 between what his neck is saying about what
18 his head is doing and his ears are saying,
19 so-called cervicogenic dizziness.

20 Q Okay. And, Doctor, did you also
21 diagnose Mr. Yarbrough as having a
22 posttraumatic stress disorder?

23 A I did that only after the psychiatrist's
24 consultation pointed that out as the reason
25 for him to become suicidal during the

1 treatment, the physical therapy treatments.

2 Q Okay. And, Doctor, again, based upon a
3 reasonable degree of medical probability, do
4 you have an opinion whether Mr. Yarbrough --
5 whether these injuries that you've diagnosed
6 in Mr. Yarbrough were caused by the motor
7 vehicle accident of March 29th, 1997?

8 MR. JEPPE: Objection.

9 A I must admit that the degree at which
10 that accident caused the total is
11 unanswerable, that I can't say how much was
12 he set up by the first accident to obtain
13 greater injuries from the second accident
14 from looking at the second accident in
15 isolation, it's impossible for me to compare
16 or predict that, but in terms of the sum
17 total of the types of accidents both caused,
18 I can conclude without any doubt in my mind
19 that the condition he is presently in today
20 is as a result of those accidents.

21 Q Okay. And just so the jury is clear,
22 Doctor, as a result of both accidents, is
23 that what you're saying?

24 MR. JEPPE: Objection.

25 A From my perspective, I can't separate

1 out one from the other, and I'm only privy to
2 what has occurred as a consequence of both of
3 those accidents, yes.

4 Q Okay. Okay. Doctor, now, also, again,
5 based upon a reasonable degree of medical
6 probability, do you have an opinion regarding
7 whether all the medical care he's received
8 here at the Cleveland Clinic Foundation as
9 well as at Rehabilitex during your treatment
10 phase, whether that was all reasonable and
11 made necessary by the motor vehicle
12 accidents -- well, by the motor vehicle
13 accident of July 30, 1999?

14 A Yes.

15 Q And what is your opinion?

16 A It is reasonable. Actually it's less
17 than I would expect of treatment that he
18 should receive, so it's -- if anything, it's
19 less than I would expect that would be
20 required by that kind of accident.

21 Q Okay. And again, Doctor, based on your
22 previous opinions then, would you -- do you
23 have an opinion whether that was also then
24 necessitated in part by the first accident of
25 March, 1997?

1 MR. JEPPE: Objection.

2 A Again, it's impossible for me to be able
3 to judge because both accidents were of a
4 similar nature in terms of whiplash and I
5 only can conclude that as a sum total of both
6 he is the way he is today.

7 Q Okay. Now, Doctor, at this point in
8 time for Mr. Yarbrough, can you tell the jury
9 what are his options? I mean, where can
10 Mr. Yarbrough go from here?

11 A Quite simply, unless he gets his head
12 put back on his shoulders from a psychiatric
13 standpoint, he's going to be too frightened
14 to try to participate in his medical plan.
15 The fact that just by evaluating what he can
16 do physically provoking fear, the fact that
17 the psychiatric consultation said that he has
18 a posttraumatic stress disorder component to
19 his illness, means that anything he does that
20 provokes dizziness or pain might provoke a
21 sense that his neck will be irreparably
22 harmed by our treatment. So until he gets it
23 out of his head that our treatment is
24 intended to improve him, I don't see that
25 he's going to improve at all in the state

1 that he is presently.

2 Q All right. Now, what about -- what
3 types of specifics treatments would you
4 advocate for Mr. Yarbrough at this time?
5 What are his options?

6 A Until he accepts his psychiatric
7 diagnosis and works toward that in concert
8 with his medical diagnosis and the physical
9 therapy necessary to prove to Dr. Benzel that
10 conservative treatment is not effective, it s
11 not going to work, he's not going to get
12 where he needs to be. He's going to remain
13 the same way he is today.

14 Q Okay. Doctor, we talked about surgery
15 earlier, the cervical fixation surgery.
16 Again, Doctor, based upon a reasonable degree
17 of medical probability, if Mr. Yarbrough is
18 ready to enter into that, is that something
19 you would advocate for him at this time?

20 A I would only couch that by asking him to
21 review that with Dr. Benzel and defer to
22 Dr. Benzel's decision in that regard. I
23 would never want to supersede Dr. Benzel's
24 opinion at all.

25 Q Okay. Okay. And, Doctor, with respect

1 to the more conservative approach, I think in
your report to me you made indications of a
3 necessity for, I think you said, palliative
care with ongoing physiotherapy, psychiatry
5 and psychotherapy interventions?

6 A That is correct. The treatment for
7 posttraumatic stress disorder requires a more
8 long-term psychiatric plan. The treatment
9 for spinal stabilization, which is an attempt
10 to keep him strong and keep him doing his
11 exercises as he strains and uses his neck in
12 the activities of daily living, those kinds
13 of, how can I say it, ongoing -- the
14 station-keeping comes to mind, but that's a
15 space term. Ongoing maintenance, therapy, is
16 essential.

17 I can't comment on how much
18 psychotherapy or what kind of psychiatry, 1
19 can only say that posttraumatic stress
20 disorder does not get better without
21 intervention and his spine will not get
22 stiffer without some form of intervention, be
23 it physical therapy on a long-term basis
24 because he's frightened of surgery or
25 surgical intervention like Dr. Benzel details

1 plus physical therapy afterwards.

2 Q Okay. Doctor, with regard to his daily
3 activities of living, are those going to be
4 impaired due to the injuries you've
5 diagnosed?

6 A According to the functional capacity
7 evaluation's assessment of what he could do
8 in their very strictly developed called a
9 laboratory and what he can and cannot do,
10 even his activities of daily living outside
11 of the job will cause him pain and
12 dizziness --

13 Q Okay.

14 A -- and fear.

15 Q Okay. And what about within the job?
16 As we talked before, he's an auto mechanic;
17 that's going to cause him problems?

18 A That was clearly discussed in the
19 recommendations and -- summary and
20 recommendations part of the work evaluation
21 rehab clinic as of 7-26-01.

22 Q Okay. Doctor, one final question, I
23 guess, to -- that I have for you.

24 As a result of these motor vehicle
25 accidents and where Mr. Yarbrough is today,

1 what is the condition of James Yarbrough's
2 cervical spine today?

3 MR. JEPPE: Objection.

4 A I would say that it is just as bad as
5 when we saw it back in 2000. There -- he
6 hasn't had any further accidents, to my
7 knowledge. The spine doesn't recover on its
8 own once these ligaments are stretched. Pain
9 has an ability to fester and actually worsen
10 and become more chronic the more -- more days
11 that go by that he's not pain-free. Muscles
12 tend to atrophy when they're not used.
13 Posttraumatic stress disorder tends to worsen
14 the less out and about he is in the
15 community. I would expect him to be worse
16 today than he was when I last saw him.

17 Q Doctor, you've seen a lot of patients, I
18 take it, over the years for these types of
19 conditions?

20 A Yes.

21 Q How does Mr. Yarbrough compare?

22 A It's one of the most difficult cases in
23 terms of biomechanics in a case of
24 cervicogenic dizziness both Frank Gargano and
25 myself have had to work with, and it -- it

1 points out really the seriousness, at least
2 in my clinic, of the use of fluoroscopy and
3 neurosurgical consultation. It is less than
4 one percent of my cases do I ever do that
5 extent. Because most of my cases do not have
6 these kinds of lower spinal instabilities to
7 have to deal with

8 So it's a frustration for me
9 because it's hard for me to gauge his
10 prognosis on the basis of how seriously wrong
11 his lower spine is, and from my perspective.

12 It's very hard to gauge when what I think
13 should happen, which is if he had a better
14 neck he should be less dizzy with the
15 appropriate therapy And -- and with the
16 further complication that we discovered of
17 the posttraumatic stress disorder, it makes
18 it even more difficult a process to achieve
19 what I would call treatment success, which is
20 move his neck around without being dizzy.
21 Doing able to do whatever he wants to do
22 without getting dizzy.

23 MR. MESTER: Okay. Doctor,
24 that's all I have thank you.

25 THE WITNESS: Thank you.

1 correct?

2 A That is correct.

3 Q The records indicate that he gave a
4 history of having been hit over the head five
5 years before he came to the Cleveland Clinic,
6 correct?

7 A That is correct.

8 Q And he said that since then, since he
9 had been hit over the head five years ago, he
10 had had dizzy spells, correct?

11 A Spells, yes, that -- that have a
12 beginning and an end.

13 Q All right.

14 A They would begin and then they'd end and
15 so he described them as spells.

16 Q Right. And he said that he had those
17 spells as often as three to four times a
18 day --

19 A That is correct.

20 Q -- is that correct?

21 A Um-hum.

22 Q All right. Now, when you saw
23 Mr. Yarbrough for the first time in December
24 of 1999, do you know whether he was working?

25 A I -- I think I usually say that in the

1 social history. What's the whole
2 significant for the fact he's a mechanic and
3 self-employed without insurance. What I'm
4 going to do now is go to the 'What's the
5 whole here' part of the chart to find out

6 In his handwritten note at that
7 time, his last word was left empty and
8 he's -- where it says 'Are you wise? from
9 work?' it says 'partially'

10 Q All right I'd like to refer you
11 attention to the physical therapist's note of
12 March 24, 2000

13 A Okay That's Michelle Foran; is that
14 correct?

15 Q Correct.

16 A Okay That looks like her first visit.
17 is it? No, I think her second visit. Second
18 visit.

19 Q Now, about five lines down, Michelle
20 states that the patient is self-employed as a
21 supervisor/mechanic, correct?

22 A Um-hum.

23 Q And then she went on to say that he is
24 working six to eight hours a day; is that
25 right?

1 A That is correct.

2 Q All right. Now, Doctor, you have talked
3 about the testing that you had done, and
4 first of all, before you saw Mr. Yarbrough,
5 he had been seen by Dr. Dinner here at the
6 Cleveland Clinic; is that correct?

7 A That is correct, yes.

8 Q And Dr. Dinner referred him to you,
9 correct?

10 A Yes. At the time and it still is true
11 today that dizziness can present to any of
12 our neurologists at the Cleveland Clinic, and
13 he did what most of them do, which is
14 schedule them for testing and consultation
15 with me after testing.

16 Q Dr. Dinner noted that the patient had
17 been treated with medications for his
18 dizziness; is that correct?

19 A That is correct.

20 Q Now, when you saw -- did you see
21 Mr. Yarbrough on January 28th, 2000?

22 A That is correct.

23 Q And did you note on that date that
24 Mr. Yarbrough had a mild posterior
25 subluxation at C4-C5?

1 A Yes. That's to a neurologist "mild."

2 Q Okay Now --

3 A I've since learned from a neurosurgeon
4 standpoint, and not as of this week, but
5 as -- other cases like this, that what we
6 call mild is not necessarily what
7 neurosurgeons call mild, and that was part of
8 my education in this case, that -- that was
9 my opinion as of that date. After he saw
10 Penzel that was no longer my opinion, because
11 Dr Penzel pointed out to me that it's not --
12 it's not considered mild. So I did learn
13 something in this case in between that time
14 Q Do you have Dr Penzel's arch 13, 2000
15 letter?

16 A Yes. I do.

17 Q And Dr. Penzel referred to the
18 subluxation as minimal; is that correct?

19 A Yep

20 Q All right Now, Doctor, you were
21 talking about -- I think you made some
22 comments that the subluxation was not present
23 in a neutral position?

24 A That is correct. The only way to make a
25 spine sublux is -- when it's all piled up

1 together on itself. there's no way to know if
 2 there's any movement. which is essentially
 3 the x-rays that are done now were done in
 4 this case at the time of the accident.
 5 they're just wild them up and make sure that
 6 there is one that's not displaced, because if
 7 they're not -- there's one that is displaced.
 8 they will assume at that point it's so
 9 unstable that it's out of place

10 In the flexion/extension
 11 standpoint, that's when you start to put
 12 forces that are on the side. much like a
 13 stack of tires, and you're asking yourself
 14 what are those elements of the spine that can
 15 push back and keep alignment That's the only
 16 way to cause a subluxation that is not seen
 17 in neutral, is to provide that force

18 Q Would you expect Mr Yarrrough to be
 19 dizzy when the spine is in a neutral
 20 position?

21 A Yes.

22 Q Why is that?

23 A Because in the neutral position, in
 24 the -- in the flexed position and the
 25 extended position, the part -- the elements

1 of the neck that have to do with dizziness
2 are really not changed at all. In other
3 words, if you tend to put your head forward,
4 you still have a conflict between where your
5 head appears to be to your ear -- to your
6 brain from an ear standpoint as well as from
7 the neck. So in any position you would still
8 feel dizzy, but you could feel more dizzy or
9 less dizzy if you could seek a position that
10 had more or' less conflict between the two.

11 Q All right. Now, as you've explained,
12 after you had Dr. Benzel examine.
13 Mr. Yarbrough -- first of all, Dr. Benzel did
14 not recommend surgery; is that a fair
15 statement?

16 A But it's also fair to say that
17 Dr. Benzel never recommends surgery after the
18 first visit unless he is required to from the
19 standpoint of harming the patient by not
20 doing, which is really the purpose of this
21 visit, is to get his heads-up on is this such
22 a dangerous case I don't need to have my
23 physical therapist touch him or not. And his
24 answer was no, it's a minimal subluxation
25 kind of case, certainly it is an unstable

1 spine in the standpoint of moving around a
2 lot, and the only fix I would have for that
3 kind of sloppy spine would be a fixation that
4 is so extensive that it's a rather drastic
5 step in his mind. So he was hoping that with
6 some physiotherapy stabilization we'd be able
7 to obviate the need, even with this degree of
8 subluxation, which I've already said is more
9 than I usually see in such cases.

10 Q All right. And the object of the
11 physical therapy that you were recommending
12 and that Dr. Benzel was recommending was to
13 strengthen the muscles in the neck to improve
14 the stability of his spine; is that correct?

15 A We actually divided and conquered in
16 this case. I said, gee, Dr. Benzel, deliver
17 me a lower spine so I can build the upper
18 cervical spine with Frank. And he said,
19 well, give me some time in the lower spine
20 with Michelle and we'll see what we can do
21 with the upper spine. So in a sense we
22 split. I said you take care of the lower
23 part, I'll take care of the higher part. The
24 higher part is the only thing that can cause
25 dizziness anyway.

1 Q All right.

2 A So it's really get this out of the way,
3 is my feeling, so that I can concentrate on
4 my treatment. And I'm hearing back from my
5 neck physiotherapist that treats cervicogenic
6 dizziness that he can't proceed without a
7 more stable basis from which to proceed; and
8 Dr. Benzel agreed, he said let's stabilize
9 the lower spine. None of the physical
10 therapy that he recommended has anything to
11 do with dizziness or the upper cervical
12 spine.

13 Q All right. So he recommended therapy to
14 the lower part of the neck, correct?

15 A To replace the need for surgery by using
16 the muscles to strengthen around the lax
17 ligaments to provide the kind of structure
18 necessary to make up for that laxity in the
19 tendons.

20 Q All right. And your plan and
21 Dr. Benzel's plan was that you would improve
22 the stability of the neck --

23 A And then proceed with the upper cervical
24 spine cervicogenic reordering that Frank
25 would do.

1 Q And that would hopefully correct
2 Mr. Yarbrough's dizziness, correct?

3 A That's correct, because I -- how can I
4 say it? Inasmuch as the lower cervical spine
5 would impact my treatment for the upper
6 cervical spine. I could care less about his
7 lower cervical spine health, per se, because
8 it has no relevance at all to his dizziness.

9 Q All right. And tell me -- tell us about
10 the type of physical therapy that he was
11 having through Michelle.

12 A Michelle did exactly what Benzel wanted
13 her to do, which I need to quote his note
14 because it's -- it's a very precise note, and
15 he says, basically: Aggressively employ
16 strengthening and stretching exercise to
17 increase the strength and stability of his
18 intrinsic, that is the muscles that are
19 there, muscular support system. Have
20 physical therapy help him with the -- these
21 things and treat his muscle spasm while he's
22 being treated with a medicine called
23 Flexeril, which is just -- not for dizziness,
24 just for the spasm that may interrupt the
25 process of physiotherapy.

1 Q All right. What type of exercises are
2 we talking about?

3 A Literally parts where -- I'll give an
4 example. One of the spine stabilization
5 exercises is actually what I'm doing right
6 now, okay? It doesn't seem like much but
7 it's applying a force and then having you
8 push against. It's called isometrics. Other
9 things are stretches that only she can do,
10 stretch like this and strengthen. And what
11 you'll find is these little tiny exercises
12 that don't seem like much force actually
13 build these intrinsic muscles stronger and
14 stronger and stronger.

15 To my patients I try to explain to
16 them it's like being a wrestler. Wrestlers
17 have big thick necks, and they get those
18 thick necks not because they're wrestlers but
19 because they're doing the kinds of exercises
20 that strengthen those intrinsic muscles to a
21 degree that they have thick necks. In a
22 sense that's what we were hoping that we
23 could do with Mr. Yarbrough, is build him
24 a -- kind of a wrestler's neck so we wouldn't
25 have to do surgery.

1 Q I saw some references to horizontal --
2 horizontal head turning. Is that the type of
3 exercises?

4 A Those are the stretches, okay? And then
5 say pushing this way and that way, that's a
6 different muscle group than here in the
7 middle inline

8 The problem with that from a dizzy
9 standpoint is this may make him so dizzy that
10 he won't want to do that, and so you can't
11 strengthen him because he doesn't want to do
12 the dizzy part necessary to strengthen, which
13 in turn won't ever get his dizziness fixed.
14 so it's a -- it's a confusing mess, so to
15 speak.

16 Q All right. Anyway, Mr. Yorbrough saw
17 Michelle several times?

18 A Until --

19 Q April 10th, 2000, correct?

20 A Until she frightened him and he
21 frightened her. It was becoming increasingly
22 evident on my review of her notes that she
23 was getting frustrated that as she tried to
24 push him further and further towards what
25 Dr. Benzel wanted to have done, his reports

1 of fear, anxiety and dizziness precluded her
2 treatment of that area, insomuch as to the
3 point in retrospect maybe she did push him a
4 little too hard, but her boss in this regard
5 was Dr. Benzel, not me. It just so happens
6 that she works with me on dizzy cases and so
7 she knew to call me and say, rather urgently,
8 we need to do something.

9 Q Let's look at Michelle's note of
10 April 10, 2000.

11 A The day I saw him also?

12 Q Right.

13 A Go ahead.

14 Q She noted that Mr. Yarbrough said he was
15 seeing things that weren't there, such as
16 shadows, correct?

17 A Um-hum.

18 Q And then he also said he was concerned
19 about the fear of getting in someone's way,
20 correct?

21 A Um-hum.

22 Q And he reported that last night he
23 dreamed that he would die, correct?

24 A That's correct.

25 Q And he complained about feeling

1 worthless, correct?

2 A That is correct.

3 Q He did not say that he was considering
4 suicide when he -- according to Michelle's
5 note, did he?

6 A No, but she said -- reading in between
7 the lines -- the only thing keeping him going
8 is his son.

9 Q All right. But he didn't say that he
10 was actually contemplating suicide, did he?

11 A How can I say this? She would not have
12 referred him to me urgently unless she
13 suspected, and I -- I mean, I can't recall
14 exactly our conversation by phone, because we
15 did talk, but I came to the conclusion that
16 he was very dysphoric, which is this
17 foreboding sense of doom and feeling ill,
18 which is a big tip-off for -- even if they
19 voice suicidal ideation or not, that suicide,
20 which is death, which is, how can I say it, a
21 rather lethal form of dizziness, was a risk
22 here, and I had to stop my day and address a
23 rather -- usually I don't have dizziness
24 causing any death at all, address that urgent
25 issue to make certain.

1 I wasn't certain after my interview
2 with him and wanted a formal psychiatric
3 interview because I did not trust my training
4 as a -- my psychiatric training as a
5 neurologist enough to feel comfortable
6 letting him out of my sight.

7 Q All right. And you referred him to a
8 psychiatrist here at the Clinic?

9 A Actually, the psychiatrist came over to
10 him.

11 Q All right.

12 A I asked the psychiatry service, come to
13 my clinic room to examine him and so-called,
14 quote, safe him, unquotation, let him out of
15 the Cleveland Clinic Foundation in a
16 situation where he would not harm himself or
17 others.

18 Q What was the name of that doctor?

19 A Dr. Mallone.

20 Q Malard?

21 A No, Pozeulo, P-O-Z-E-U-L-O, Pozeulo.

22 Q All right. Now, we have Dr. Pozeulo's
23 notes, correct?

24 A That is correct.

25 Q And Dr. Pozeulo determined that

1 Mr. Yarbrough was not suicidal, correct?

2 A He was safe to go. That doesn't -- what
3 was he saying? I con -- let me see. That's
4 not the reason the consultation was -- it was
5 basically can he go home without killing
6 himself, and the answer was yes.

7 Q I mean, Dr. Pozeulo indicated that there
8 was no active --

9 A Suicidal ideation.

10 Q -- suicidal ideation. So he wasn't
11 actively thinking about suicide?

12 A That is correct.

13 Q And therefore he was safe to go home,
14 correct?

15 A Yes. Yes.

16 Q And it also came out during Dr. -- that
17 doctor's interview that Mr. Yarbrough had
18 seen a psychiatrist back in 1996, correct?

19 A That is correct.

20 Q And the doctor noted that at that time
21 Mr. Yarbrough had some talk therapy but that
22 he never fully recovered; is that right?

23 A That is correct.

24 Q All right. Now, where is -- on this
25 note from the psychiatrist, where is the

1 diagnosis portion?

2 A It's an A slash.

3 Q All right.

4 A Assessment: Vestibular disorder, that's
5 an Axis 3 or a medical condition. Spinal
6 trauma status post MVA, that's another
7 medical condition. And then there's an
8 adjustment disorder, depressed and anxious,
9 And then rule out posttraumatic stress
10 disorder with concurrent anxiety. And PFAPC,
11 which means psychological factors affecting
12 his physical condition.

13 So that Dr. Pozeulo could not
14 separate out the psychiatric and the organic
15 in terms of the total picture, that they were
16 interacting with each other and that there
17 was a component of posttraumatic stress
18 disorder that needed to be addressed in his
19 physiotherapy total treatment program.

20 Q Well, Dr. Pozeulo said rule out
21 posttraumatic stress disorder. Did he ever
22 diagnose posttraumatic stress disorder?

23 A When you're thinking of the differential
24 diagnosis, the "rule out" allows you to keep
25 it on the differential diagnosis until

1 further exploration of the causes, which
2 requires, how can I say it, more psychiatric
3 intervention than just one interview. The
4 key is that he identified at that point that
5 he had -- didn't have enough evidence to
6 exclude it. If he had evidence to exclude
7 it, he would never have put it on the
8 differential.

9 Q All right.

10 A He didn't have enough evidence to
11 exclude it, and after discussion with me
12 about -- from a dizzy doctor standpoint, is
13 that did -- or did the possibility exist that
14 he interpreted dizziness as a threatening
15 loss of control situation that was somehow
16 linked to that sense that he was going to
17 die. The only requirement from my
18 perspective is that both occur in a temporal
19 relationship that the patient can't separate;
20 and according to his interview with
21 Dr. Pozeulo, not with mine, he had to say
22 that he was going to die for him to even
23 address that. And I'm trying to find the
24 exact -- exact reference to that in terms of
25 how he, the patient, interpreted it was as

1 though Q was about to ask

2 Q Now, my question has to do with
3 Mr. Pozuelo's diagnosis. He -- he did not
4 diagnose posttraumatic stress disorder.

5 A That's right, he did not, but he did not
6 exclude it either

7 Q That's all I -- that's all I was asking
8 How about

9 A And he wouldn't put it on the
10 differential diagnosis unless it would
11 require further psychiatric intervention to
12 rule it out completely

13 Q All right. And at this April 10 visit
14 with the psychiatrist he recommended that
15 Mr. Yarbrough follow up with a psychologist,
16 Dr. Bea, correct?

17 A Dr. Bea is a psychologist that with
18 repeated interviewing would get to the bottom
19 of things and be able to report back to
20 Mr. Pozuelo yes or no there is an element of
21 posttraumatic stress disorder, and that
22 point the two of them would have to have a
23 discussion about how much would medication be
24 required, how much cognitive behavioral
25 therapy

1 Q All right.

A But the hope was by Dr. Pozeulo that if
3 he sent him to a good diagnostician and
4 therapist, that as James would improve
5 in his level of depression and anxiety, these
6 other things would come out to be able to
7 exclude or include them.

8 Q And they actually scheduled an
9 appointment with Dr. Bea for April the 26th,
10 2000?

11 A That's correct. But he wanted to meet
12 with Michelle, who saw him, I think, on the
13 13th and the 14th to discuss the
14 physiotherapy aspects of the combined
15 approach that Dr. Pozeulo said, look, unless
16 you do both at the same time, I don't
17 recommend it.

18 Q And you were sufficiently concerned
19 that you wrote Mr. Yarbrough a letter dated
20 April 10, 2000, correct?

21 A The reason I wrote that letter is
22 because I didn't get to see him after the
23 psychiatrist met with him and I wanted to
24 close the loop in terms of what discussion I
25 had with the psychiatrist and put it in a

1 from work so that James would understand it
 2 I always try to write my letters to James to
 3 kind of close the loop, as if I was in the
 4 room with him, discussing it with him, and
 5 that was the purpose of writing the letter,
 6 precisely I have no other letters I wrote to
 7 him except that one after he saw the
 8 psychiatrist, because I didn't think I had a
 9 chance to discuss it with him. I was
 10 concerned that he would be mad at me for
 11 sending him to a psychiatrist in the first
 12 place.

13 Q But after you saw him, you learned that
 14 he was referred to Dr. Bee from --
 15 A No, I know at the time I saw -- that
 16 was a fact -- that called me up and said we
 17 are referring him to Dr. Bee as our treatment
 18 plan, and I said I support that So I know
 19 at the time that that was part of the
 20 treatment plan

21 Q All right And you encouraged
 22 Mr. Yarrong in his letter to make sure he
 23 followed up with Dr. Bee and Michelle.
 24 correct?

25 A That is correct

1 Q You stated in your letter that it is
2 essential that you keep that appointment and
3 I will let Michelle know that you will be
4 working together with him and her on this
5 problem, correct?

6 A That is correct.

7 Q Now, Mr. Yarbrough did not keep the
8 appointment with Dr. Bea; is that correct?

9 A That is correct.

10 Q All right. He never followed up with
11 Dr. Bea as you suggested, as the other
12 doctor, the other psychiatrist at the
13 Cleveland Clinic suggested?

14 A And as Michelle was trying to encourage
15 him on her visits with him.

16 Q All right. And the idea was that
17 through working with the psychiatrists and
18 the psychologists at the Cleveland Clinic,
19 you would get Mr. Yarbrough to a point where
20 he would be sufficiently motivated to follow
21 through with the physical therapy to
22 strengthen the muscles in his neck with the
23 hope of correcting the dizziness?

24 A I don't think the word "motivated"
25 correctly describes this, because Michelle

1 was finding that the therapeutic
 2 relationship, the psychotherapy, was
 3 interfering with this fear thing, that as she
 4 tried to meet him less dizzy, which by the
 5 way is what the psychotherapy she was doing
 6 was trying to do, he was getting more
 7 anxious, and so she knew that the therapy
 8 that she was trying to do was just making
 9 things worse in terms of anxiety

10 In terms of him not keeping his
 11 appointment, it could be as though he didn't
 12 want to face this issue, he just wanted to go
 13 away, he didn't want Michelle to make him
 14 dizzy anymore, he didn't want to have to deal
 15 with being dizzy anymore, he was -- he
 16 admitted to Michelle, not to me, that it was
 17 frightening for him to get dizzy

18 Q I --

19 A And so inasmuch as working to do
 20 something -- he has a lot of motivation not
 21 to do something useless, being dizzy and
 22 frightening is not a plausible experience
 23 for anyone, much less Mr. Yarbro
 24 All right doctor, I use the word
 25 'motivated' because that was a word that you

1 used when I took your deposition just
2 recently.

3 A Right.

4 Q You indicated that the ther -- that the
5 psychological therapy was designed to get
6 Mr. Yarbrough motivated to return to the
7 physical therapy, correct?

8 A That's right. And motivation in that
9 respect would be not as a casual motivation
10 but as more of a clinical psychiatric
11 motivation, which would be face your fears,
12 develop coping strategies so you can face
13 that and move forward with Michelle, not
14 treat it as something to avoid.

15 Q All right. But the whole idea was that
16 you would hopefully get Mr. Yarbrough to a
17 point where he would participate in the
18 physical therapy to strengthen the muscles in
19 his neck --

20 A That is correct.

21 Q -- which would correct his dizziness?

22 A That's correct. If we --

23 Q And he never followed through on that --

24 A No.

25 Q -- correct?

1 Even to this day he has not
2 followed through on that, correct?

3 A That is correct.

4 Q Now, he returned to the Cleveland Clinic
5 in November of 2000, right?

6 A Um-hum.

7 Q And at that time he complained to you
8 about still having dizziness?

9 A Right. Came to me, said why am I still
10 dizzy, why am I still dizzy.

11 Q Right.

12 A And I went -- pointed out to him
13 basically you're still dizzy because we
14 haven't proceeded with any treatment.

15 Q Right. And you don't know what he was
16 doing between April of 2000 and November of
17 2000 when he came back, right?

18 A I knew something was happening because I
19 was required to furnish a functional capacity
20 evaluation of what he could and could not do
21 as of July 26th, '01. So I knew something
22 was up in terms of his symptoms of dizziness
23 and how it was impairing his ability to do
24 what he thought he could do at that time.

25 Q All right. Did you order the functional

1 test in response to requests from the
2 attorneys for a report?

3 A Somebody requested it I don't recall
4 exactly who wanted me to quantify how at
5 what time it could be the letter from
6 Jonathan

7 Q And what is the date on that letter?

8 A It's March 7th, and then I wrote in the
9 record, so it tells me through -- when I
10 actually saw it, is basically, morning, when
11 was this done? 5-21-01

12 So as of 5-21-01 I initiated my
13 office to proceed with a functional emergency
14 evaluation to answer his questions

15 Q All right So that -- that test was in
16 response to Mr Mester's request?

17 MR MESTER: objection

18 A As far as I can tell, yes

19 Q All right Now, when Mr Yarbrogh came
20 back, you told him, of course how're still
21 dizzy because you haven't followed up on the
22 treatment? -- I asked you to follow up on,
23 right?

24 A Absolutely only I wouldn't couch in
25 those terms because I already have a

1 psychiatrist telling me how delicate this guy
2 is, so I don't want to blow him up and make
3 him suicidal and -- you know. So I'm trying
4 to talk turkey with him about what do you
5 expect? Duh. You know, and at the same time
6 try to motivate him to my way of thinking,
7 which is if you want to be less dizzy, you've
8 got to do this way, not because this is what
9 he thinks he should do but because this is
10 what I -- this is what he asked me for, is an
11 opinion of what should I do.

12 Q All right. And at that point you
13 suggested that he see another -- a
14 psychiatrist at the Cleveland Clinic,
15 Dr. Covington; is that correct?

16 A No, that was my way of getting around
17 his, how can I say it, fear of having to deal
18 with psychiatry. I basically -- in the
19 functional capacity evaluation, the physical
20 therapists pointed this out to me, that
21 because pain was an issue at that point and
22 because psychological issues were part of
23 that, that perhaps the combination of
24 psychiatric and pain issues that's so
25 well-handled in the chronic pain ward, run by

1 a psychiatrist, in a way that any
2 psychologically maintained or exacerbated
3 pain could be taken care of in their combined
4 or their dual diagnosis approach. They treat
5 pain and they treat the psychiatric aspects
6 at the same time. So I'd get him in the door
7 for pain and fix his psychiatric as well, the
8 pain issues would drop down, I'd get him back
9 for more physical therapy, then go to the
10 dizzy physical therapy and avoid surgery.

11 Q All right. And you know from the
12 records that an appointment was made with
13 Dr. Covington?

14 A That is correct.

15 Q And Mr. Yarbrough did not show up for
16 that appointment; is that correct?

17 A That is correct. It is the findings of
18 the chronic pain ward as well as my
19 psychiatric colleagues that unless a patient
20 is motivated to want to get help in those
21 departments, that they do not want him to be
22 seen as a patient, that they only want to see
23 patients who are motivated, because their
24 data shows that only motivated patients
25 respond to their kind of treatment.

1 Q All right. Doctor, I -- I want to ask
2 just a few questions about medications.

3 When you first saw Mr. Yarbrough
4 back in December, 1999 he was taking a number
5 of medications, correct?

6 A That is correct.

7 Q And some of those medications have the
8 side effect of dizziness; is that right?

9 A That is correct.

Q And you encouraged Mr. Yarbrough to go
11 off those medications?

12 A That is true, but only in the setting of
13 his physiotherapy. In other words, if you
14 say just discontinue your medications, just
15 the withdrawal from those medications could
16 cause dizziness as well.

17 Q All right. And which medications did
18 you encourage him to go off of?

19 A Valium, cyclobenzaprine or Flexeril,
20 Tranxene, which is another form of Valium,
21 and butalbital, which is a barbiturate-like
22 calming medicine.

23 Q And Mr. Yarbrough wanted to stay on the
24 medications; is that right?

25 A He felt especially enamored of the use

1 of Tranxene for the treatment of his
2 dizziness, which should work in dizziness to
3 suppress it as well as cause it, and it's
4 very hard to sort out which is causing and
5 which is suppressing, and I pointed that out
6 to him, that unless we start to do something
7 with your medications, these medications can
8 contribute as much to if not cause his
9 constant dizziness and certainly impair his
10 ability to eventually render the ear says one
11 thing, neck says another problem.

12 Q But -- so you encouraged him to go off
13 the meds but he decided he wanted to stay on
14 the meds; is that right?

15 A No, he was asked to go to physical
16 therapy and then we'll address that later
17 basically.

18 Q All right.

19 A But the treatment course was that end --
20 open-ended so that I could get feedback from
21 Frank on his current medications, and then we
22 kind of lost track because we couldn't even
23 start up or couldn't even begin with Frank
24 enough to taper him off those medications.

25 Q All right. So he never did taper off

1 the medications while he was under your care,
2 correct?

3 A That is correct

4 Q Except when he returned in November of
5 2000 --

6 A He was off everything

7 Q So -- and you don't know who took him
8 off or why he went off all of those
9 medications, right?

10 A Everything that I've looked at is a
11 mystery to me. I suspect, because my
12 recollection of the thing is he was on an
13 insurance at the time, so he probably made
14 the decision himself, saying I can't afford
15 these medications, and took himself off in
16 that regard.

17 Q And you -- and you have not seen
18 Mr. Yarborough since November of 2000?

19 A Not at all.

20 Q And your only involvement since then is
21 in connection with this lawsuit; is that
22 fair?

23 A That is correct.

24 MR. HIGMIER: All right
25 That's all I have, thank you.

1 MR. JEPPE: Doctor, my name
2 is Gerry Jeppe and I represent Max Quinton,
3 he was the individual involved in the
4 accident on March the 29th of 1997.

5 Off the record. Wait a sec. All
6 right. Back on the record.

7 All right. Doctor, during my
8 course of my cross-examination I may make a
9 few statements; if any of the statements I
10 make are incorrect, stop me and tell me where
11 I'm incorrect, all right?

12 THE WITNESS: Okay.

13 - - - - -

14 CROSS-EXAMINATION

15 BY MR. JEPPE:

16 Q Would you again tell the jury the first
17 time that you ever examined or saw
18 Mr. Yarbrough?

19 A December 3rd, 1999.

20 Q All right. So December 3rd, 1999, I
21 think we've all agreed that that was after
22 both of the accidents had already occurred;
23 is that correct?

24 A That is correct.

25 Q Now, did you take a history from

1 Mr. Yarbrough at the time you first saw him?

2 A Yes, I did.

3 Q Did he give you any history of being
4 involved in a motor vehicle accident on
5 March 29th of 1997?

6 A I am referring to the handwritten
7 records that we ask our patients to supply,
8 and there is no reference to that nor is
9 there reference to my typewritten notes of my
10 visit on that time of his -- his prior
11 accident.

12 Q Now, when he came to see you on that
13 date and he gave you the history, what
14 history did he give you, sir?

15 A As it's stated clearly in my note,
16 because my recollection is never as good this
17 distant as it is written down, the history
18 was that he had been dizzy on and off over
19 the years, because he was addressing what I
20 pointed out to him in the chart, but that he
21 had been pretty free of that or clear of that
22 prior to his July 3rd, which is a typo in the
23 record, July 30th, 1999, at that point, and
24 then I talk about the accident.

25 Q All right. So in his history he

1 directly related his problem for which he
2 came to see you to the July 30th, 1999
3 accident; is that correct?

4 A He stated basically that he -- he's been
5 free of dizziness generally until that date
6 and that his chief complaint to me is fix the
7 dizziness that has occurred after that date.

8 Q All right. Now, Doctor, were there any
9 diagnostic studies done, to your knowledge,
10 or have you reviewed between the time of the
11 first accident and the second accident that
12 would diagnose a subluxation in the neck as
13 you described in the -- in the -- in the --
14 on your direct examination?

15 A No. The studies that I've reviewed
16 between the first and the second accident as
17 supplied to me today, if we want we can show
18 them, are insufficient to compare the views
19 that we've demonstrated here, that they
20 weren't specifically flexion and extension
21 views, therefore without that evidence I
22 literally have no baseline.

23 Q All right. So the first time that
24 diagnostic studies were performed, and also
25 the first time the subluxation then was

1 diagnosed, was after the fluoroscopy?

2 A That is correct.

3 Q And that was done when, sir?

4 A January 25th, 2000.

5 Q All right. Now, Doctor, with respect to
6 the records -- you do have the Clinic records
7 in front of you, do you not?

8 A Yes, I do, sir.

9 Q I want to call your attention to -- I
10 don't -- I think my pages are marked, yours
11 may not be marked.

12 A That's okay.

13 Q All right?

14 A I'll find them.

15 Q All right. What's been marked on my
16 copy as page number 6, that would be --

17 A What date do you think that is?

18 Q Well, looks like -- this says performed
19 3 April 2000. This is a --

20 A 4-3-2000 --

21 Q Um-hum.

22 A -- is the date you want me to look at?

23 Q It's --

24 A By whom?

25 Q This is interpreted by Dileep R. Nair,

1 N-4-I-R

2 A Nair

3 Q Nair?

4 A That sounds like a diagnostic study he
5 had done in neurology to look at the nervous
6 tract between his legs and his brain; is that
7 correct?

8 Q Right. All I'm --

9 A Non-sensory evoked potentials

10 Q All right

11 A That was an attempt to provide objective
12 evidence between his feet and his brain of
13 something affecting the transmission of nerve
14 function between those two areas

15 Q Well, then -- let me just show you my
16 copy

17 A Okay

18 Q It might be faster. If you can pass it
19 back to me when you're done

20 A Yes This is actually a computer
21 printout of the actual -- this is in the
22 computer, basically

23 Q Would you then read for the jury the
24 history that was taken at that time?

25 A 48-year-old man with neck pain, constant

1 dizziness, right face paralysis, leg pain,
2 arm numbness, blurred vision, status post MVA
3 7-99. MRI shows C4-5 and C5-6 subluxations.

4 Q So he refers to, what, the 7-99
5 accident; is that correct?

6 A That is correct.

7 Q All right. Can I have those records
8 back, sir?

9 A Okay. I further note that that was
10 requested by a Harold Mars, not by myself,
11 which is the first knowledge that I had that
12 Dr. Mars was even seeing him during that time
13 period.

14 Q All right. And this was back then in
15 2000; is that correct?

16 A That's clearly after I had already seen
17 him, yes.

18 Q All right. Now, Doctor, there's a
19 clinic note on initial visit dated
20 April 24th, 2000.

21 A By Dr. Stillman?

22 Q Dr. Stillman, that's correct.

23 A Okay.

24 Q Do you have that one?

25 A Yep.

1 Q If you look at the second paragraph, on
2 the first -- first -- it's a two page report.

3 A Okay.

4 Q On the first page.

5 A Okay. So that's page number what, for
6 your records?

7 Q Page number 9 on my records.

8 A Okay. I have 81. So that would be page
9 number 3 -- I have that record in question.
10 Page 1 of 2.

11 Q All right. In the history then given
12 under Present Illness, could you read for the
13 jury what that says?

14 A Yes. It says Mr. Yarbrough is a
15 46-year-old right-handed mechanic who was in
16 a motor vehicle accident in July, 1999 and
17 before that a year or two earlier. He was
18 rear-ended by a car he claims was going 60
19 miles an hour.

20 Q Was that the second accident?

21 A I don't know. It's not stated.

22 Q Didn't you take a history from him as to
23 which -- what happened in both these
24 accidents?

25 A But both of them -- but the only

1 accident that I had no -- the only accident I
2 had knowledge of was this July of '99
3 accident at the time of my history where I
4 knew he was rear-ended. I don't know enough
5 to say anything about the first accident
6 except from my review of Dr. Mars' records.

7 Q Do you know if he was rear-ended in
8 the -- in the second accident?

9 A Absolutely.

10 Q All right. And did you know if he was
11 rear-ended in the first accident?

12 A No, I didn't have knowledge until last
13 week of exactly the kind of accident he had.

14 Q All right. He said he was rear-ended by
15 a car that he claims was going 60 miles an
16 hour. Would you go on from there then,
17 please?

18 A Okay. But again, it's indistinct. I
19 don't know which accident --

20 Q Well, the jury will know, sir.

21 A Okay. Fine.

22 Q Go ahead.

23 A He was found to have dizziness and
24 imbalance due to cervicogenic causes. He was
25 seen by Dr. Dinner and then referred to

1 Dr Qas.

2 Q Okay Thank you. Let's go to page --
3 ich is my page 65.

4 Okay.

5 Q This is --

6 A The first visit to Dr Pinner, I think.

7 Yes

8 Q All right You said clinical note.

9 initial visit What's the first paragraph.

10 sir? Starts off with this 48-year-old --

11 A This 46-year-old married man presents
12 for evaluation. Complaints of dizziness He
13 describes that he has experienced this since
14 he was involved in a motor vehicle accident
15 July 30th, 1999.

16 Q Okay. And then he says he describes
17 that he was hit -- well, no While he was
18 driving, was hit in the rear, with a
19 resulting concussion.

20 A That is correct.

21 Q Now, he refers here to the July 30th,
22 1999 accident.

23 A That is correct.

24 Q Does he refer anywhere to the
25 March 29th, 1987 accident?

1 A Not at all.

2 Q All right. I'll draw your attention to
3 page 69,. which that's for me. For you that
4 would be --

5 A My first consultation.

6 Q Otoneurology consultation?

7 A That is correct.

8 Q All right. Let's go down, if we could,
9 to -- I think you read this into the record
10 earlier, but let's go down to that first
11 large paragraph that starts off with patient
12 was seen today, et cetera, et cetera. So --

13 A And --

14 Q Okay?

15 A Although he has had dizziness on and off
16 over the years, he had been free of any
17 dizziness for months and years prior to
18 July 3rd, again, typo, 30th, 1999.

19 Q Okay. All right. Then he goes ahead
20 and des --

21 A At that point he was stopped and was
22 rear-ended while belted, resulting in
23 breaking of the seat. He ended up looking at
24 the ceiling of the car after the accident.

25 Q All right. Thank you.

1 Now, if we go down a little ways
2 farther, let's skip down about four or five
3 lines, the sentence that starts out: He has
4 also had a couple.

5 A He has also had a couple of other
6 accidents over the years, also resulting in
7 whiplash injuries, which he has found mostly
8 have affected his lower back but not his
9 upper neck.

10 Q Thank you.

11 I -- let's go to page 73. That's
12 my page 73.

13 A Okay.

14 Q And we've discussed this before. Down
15 at the bottom.

16 A Yes. It's hard to read.

17 Q I know it's hard to read, but we can
18 make out a few things here.

19 A Okay.

20 Q S/P 3-29-97.

21 A I'll be there.

22 Q What's S -- what does S/P mean?

23 A Status post. That's after the accident
24 of 3-29-97.

25 Q Anywhere there does he mention any type

1 of injury to his neck or dizziness?

2 A It says MVA, arrow, causing lumbar pain,
3 diagnosis with lumbar herniated discus
4 pulposus No surgery He improved Remain
5 with right lower extremity paresthesias,
6 which is a tingling kind of sensation

7 Q Okay Now, below that that's another

8 S/D

9 A Yes Status post the accident of July
10 29th Must be a typo there too

11 Q Typo there

12 A MVA, caused neck pain and bilateral
13 lower extremity paresthesias and weakness in
14 right eye vision, immediate onset No prior
15 neck pain. Pain is right suboccipital and
16 sharp.

17 Q Let's go to page -- what's my 91. I
18 believe.

19 A Okay what's a Dr. Stillman note of
20 April 24th, 2000, handwritten.

21 Q All right I believe this --

22 A Are we on the same page?

23 Q Yes, we are

24 A Okay.

25 Q H refers to the motor vehicle accident

1 of 7-99; is that correct?

2 A That is correct.

3 Q Rear-end collision?

4 A Yep.

5 Q What does it say there, sir?

6 A After seeing Dr. Oas, saw physical
7 therapy, Frank Gargano, and headaches went
8 away. At Spine -- at Spine Center for
9 dizziness, that made headaches worse. After
10 MVA, right eye, also C4-5, 5-6 instability,
11 stair-stepping subluxation. Headaches
12 started after accident. Vision improves when
13 headache goes away.

14 Q And by "started after accident," he's
15 referring to the accident of 7-99?

16 A I can only conclude, as that's the only
17 accident he refers to, he's referring to that
18 7-99 accident.

19 Q All right. Then let's go to page 97.

20 A That's the Clinic note. That's the
21 typed record from the same handwritten note
22 by Dr. Stillman.

23 Q All right. And --

24 MR. JEPPE: Off the record a
25 second, please.

1 (Discussion had off the record.)

2 - - - - -

3 BY MR. JEPPE:

4 Q On page 97 --

5 A Yes.

6 Q -- there is a medical -- a past medical
7 history; is that correct?

8 A That is correct.

9 Q And what does that say, sir?

10 A It says significant for an accident
11 three to four years ago, as mentioned above,
12 which led to low back pain. He had nerve
13 blocks to his back.

14 Q Any mention there of any neck injury in
15 that accident, the one three to four years
16 prior?

17 A I have to go to where he's referencing
18 "as mentioned above," so I have to go up to
19 the higher-up paragraphs.

20 Q Why don't we start up there slightly --
21 second sentence: He was in a motor vehicle
22 accident in July of '99. Do you see that,
23 sir?

24 A Yep. And that -- and before that, a
25 year or two earlier, he was rear -- and then

1 it gets -- it -- so the only reference to the
2 accident before, a year or two earlier, is
 just in reference to that.

4 Q All right.

5 A There's no other references made
6 about anything other than his low back and
7 et cetera.

8 Q Okay. Now --

9 MR. JEPPE: Off the record a
10 second.

11 - - - - -

12 (Discussion had off the record.)

13 - - - - -

14 BY MR. JEPPE:

15 Q Doctor, have you had a chance to review
16 the Rehabilitex, Inc. records?

17 A Yes. Those are reviewed by me as they
18 come in. I need to find mine in the chart,
19 however, because they're outside
20 correspondence and that often gets misplaced
21 in the Cleveland Clinic archives.

22 Q Okay.

23 A So I may need you to hand that over to
24 me to reference to.

25 Q Now, again, can you -- on the first page

1 of that record --

2 A Um-hum.

3 Q -- I think it's dated --

4 A Do you have a number on it?

5 Q No. This is like --

6 A A different one, yeah.

7 Q Just the very first page. I think it's
8 dated 12-20-99; would that be correct?

9 A That is correct. That's when I signed
10 it.

11 Q Okay. Can you look at the first part of
12 the first paragraph?

13 A The first part of the first paragraph:
14 The patient was referred for physical therapy
15 to diagnose a cervicogenic dizziness and
16 cervicalgia. Patient states his first motor
17 vehicle accident was approximately two and a
18 half years ago at which he had severe
19 injuries to his lumbar spine for which he's
20 still having difficulty; however, on July
21 30th, 1999 he was rear-ended. This caused a
22 concussion, right side of his head. He has
23 had poor vision on the right side, difficulty
24 reading, memory loss, nausea, dizziness and
25 balance loss as a result.

1 Q Now, with that history, he relates the
2 dizziness, the other injuries other than the
3 low back, to the accident of July 30th, 1999?

4 A It is clear that the chief complaint he
5 had as a consequence of the second accident
6 was dizziness, whereas the chief complaint he
7 had as to the first accident was pain. So at
8 the time of the history taken by Frank
9 Gargano it's clear that the symptoms after
10 the two accidents were completely different.

11 MR. JEPPE: All right. Thank
12 you, Doctor. I have nothing further.

13 MR. MESTER: Off the record.

14 - - - - -

15 (Recess had.)

16 - - - - -

17 MR. MESTER: Doctor, just a
18 couple more questions for you, I promise.

19 - - - - -

20 REDIRECT EXAMINATION

21 BY MR. MESTER:

22 Q First of all, with regard to your
23 diagnosis of posttraumatic stress disorder,
24 you were asked by Mr. Sigmier, I believe,
25 about a notation in the records that he had

1 had previous -- a previous psychological
2 consultation prior to any of these motor
3 vehicle accidents, and my question for you,
4 Doctor: With respect to posttraumatic stress
5 disorder, is there a pre-existing component
6 to it?

7 A No.

8 Q Can you explain that to the jury,
9 please?

10 A Anyone with any past medical history,
11 psychiatric or otherwise, can still have a
12 posttraumatic stress disorder as a
13 consequence of a single life event. In other
14 words, all of us are vulnerable for the same
15 regardless of what kind of psychiatric
16 illnesses we might all have had. It just
17 requires a situation in which you are placed
18 at a point where your body feels as though
19 it's preparing for death, that you are near
20 death, and that there's no way out, no
21 control over the process that is killing you.

22 Q All right. So based on your review of
23 the records that Mr. Sigmier pointed out to
24 you, that he consulted with perhaps a
25 psychiatrist in '96, based upon that record

1 and everything you've seen in this case,
2 Doctor, is there any connection between that
3 notation in the record and the posttraumatic
4 stress disorder that you've diagnosed in this
5 case?

6 A Not only should there not be on the
7 grounds I just said, but it would be
8 immaterial at the -- from the standpoint of
9 the specific diagnosis. From a greater
10 standpoint in terms of an adjustment disorder
11 with depressed anxious mood, that would be
12 more contributing, because typically a
13 response to stresses of the past predict the
14 future, but not in the situation of a
15 posttraumatic stress disorder.

16 Q Okay. Thank you, Doctor.

17 Now, you were also asked a lot of
18 questions by Mr. Sigmier regarding
19 Mr. Yarbrough's follow-up at the Cleveland
20 Clinic, and I'd like you, if you would, to
21 tell me, is that consistent -- I think
22 you've -- you talked a lot with Mr. Sigmier
23 about him missing appointments; do you recall
24 that?

25 A (Nodding head.)

1 Q And you've talked about him not being
2 able to follow through with some of the
3 treatments you would have liked. Is that
4 behavior consistent with somebody who has a
5 posttraumatic stress disorder such as
6 Mr. Yarbrough?

7 A Only if there is something traumatic in
8 attending to those things. I mean, to be
9 negligent for a reason that is avoidant from
10 a psychiatric standpoint is different from
11 being negligent because you're just too lazy
12 or not motivated in a sense of too much
13 travel, how much you have to pay for parking,
14 how much it will cost you, that's the
15 difference.

16 And -- and from a posttraumatic
17 stress disorder, if Michelle was right, that
18 as she was working with him she was making
19 him more psychiatrically worse, and if
20 Dr. Pozeulo was right by saying he might have
21 a posttraumatic stress disorder, then it's
22 pretty simple to conclude that this man,
23 every time anybody sees him they give him bad
24 news or make him painful or make him dizzy,
25 all of which brings up this old kind of

1 posttraumatic stress that that's the way I
2 felt when I thought I was going to die, dizzy
3 and painful.

4 Q Okay.

5 A So I think that it's reasonable to
6 suggest that a -- how can I say it? A less
7 than compliant patient may be seeking to do
8 that at the lowest cost to him in terms of,
9 not money, but in terms of agony, that it is
10 reasonable to suspect that if it's -- it
11 makes him feel sick to be dizzy and painful,
12 then he's not going to participate in
13 anything that makes him sick or painful.

14 Q Okay. Thank you, Doctor.

15 Now, Doctor, you were also asked by
16 Mr. Sigmier a few questions regarding
17 medications that he would -- what he was
18 taking, and I just want to make sure I
19 understood this.

20 When you saw him for the last time
21 in November of 2000 he was off those
22 medications, correct?

23 A My recollection is he didn't have any
24 money to pay for them and that's why he was
25 off of them.

1 Q All right. And on that visit was he
2 still expressing dizziness?

3 A Absolutely.

4 Q Okay.

5 A Only this time I was able to talk to him
6 about dizziness without being on the
7 medications, and so I had a clearer idea of
8 his symptoms not covered up by these
9 medications at all.

10 Q Okay. And, Doctor, would that be an
11 indicator, by virtue of the fact that he was
12 off the medications and still having
13 dizziness, that the medications were not a
14 cause of his dizziness?

15 A Not only that, but I remember, as I
16 always do with my patients when given the
17 chance, see, I told you the medications
18 aren't helping your dizziness either.

19 Q Okay.

20 A And it's true because he was just as
21 dizzy off them as he was on them. Why be on
22 them?

23 Q So essentially your examination, if I'm
24 not mistaken, was it didn't have an affect on
25 his dizziness?

1 A (Shrining here) Even though he was
 2 convinced of it, I wasn't
 3 and I saw. Okay

4 Finally, Doctor, there's been a lot
 5 of talk in your testimony here to what about
 6 the two accidents and -- and the sensation of
 7 the problems you diagnosed here today I'd
 8 like to just make sure that I understand and
 9 the jury understands your testimony

10 Doctor, first of all, the second
 11 motor vehicle accident of July, '99, the one
 12 that precipitated his coming to you at the
 13 Cleveland Clinic, was that motor vehicle
 14 accident a cause of the injuries that you
 15 have diagnosed and treated in James
 16 Yarbrough?

17 A Yes.

18 Q Okay Now, Doctor, based upon your
 19 review of the records from after the first
 20 accident, specifically the records of Harold
 21 Mars, did the first accident of March 19 --
 22 March, 1997 also cause carotidogenic problems
 23 in James Yarbrough?

24 A Yes.

25 Q Okay And, Doctor, again, based upon

the last time you saw Mr. Yarbrough and the
condition that he was in, can you apportion
the disability that Mr. Yarbrough has between
accidents one and two?

MR. JEPPE: Objection.

A Absolutely not. I cannot. There's no
way I can.

MR. MESTER: Okay. Doctor, I
thank you.

MR. SIGMIER: I don't have any
questions.

MR. JEPPE: We're done.

MR. MESTER: Okay.

MR. TACKLA: Off the record.

THE WITNESS: Thank you for
your patience.

- - - - -

(Deposition concluded at 4:26 p.m.

Signature not waived.)

- - - - -

JOHN G. OAS, M.D.

C E R T I F I C A T E

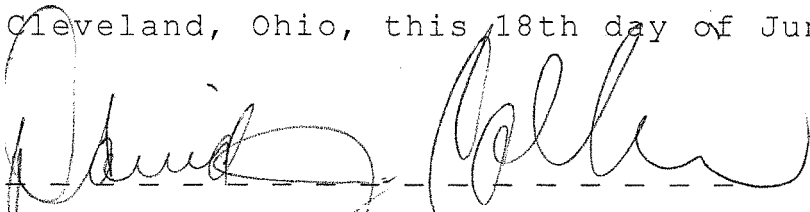
The State of Ohio,)
County of Cuyahoga.) SS:

I, David J. Collier, Registered
Professional Reporter, Notary Public within
and for the State of Ohio, duly commissioned
and qualified, do hereby certify that the
within named witness, JOHN G. OAS, M.D., was
by me first duly sworn to testify the truth,
the whole truth and nothing but the truth in
the cause aforesaid; that the testimony then
given by the above-referenced witness was by
me reduced to stenotypy in the presence of
said witness; afterwards transcribed, and
that the foregoing is a true and correct
transcription of the testimony so given by
the above-referenced witness.

I do further certify that this
deposition was taken at the time and place as
in the foregoing caption specified, and was
completed without adjournment.

1 I do further certify that I am not a
2 relative, counsel or attorney for either
3 party, or otherwise interested in the outcome
4 of this action.

5
6
7 IN WITNESS WHEREOF, I have hereunto set
8 my hand and affixed my seal of office at
9 Cleveland, Ohio, this 18th day of June, 2002.

10
11 
12 David J. Collier, RPR,

13 Notary Public/State of Ohio.

14 Commission expiration: April 26, 2006.
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